NEW ROUTE TO WESTERN CANADA On your next trip to Western Canada rhy not travel over a new route, using famous train known as the Nayour journey and traversing ne of the most interesting territory in the Dominion? The National is a through train which leaves Toronto at 8:35 p.m. train which leaves Toronto at 8:35 p.m. on Tuesday, Thursday and Saturday. The rails of the Grand Trunk are used to North Bay, which is reached early on the morning following the departure from Toronto. A daylight run is made through the lakeland beauties of the Temiskaming and Northern Ontario to Cochrane, calling at Cobalt, with its wonderful mining activity. From Cochrane winning your journey lies over wonderful mining activity. From Cochrane to Winnipeg your journey lies over the Canadian Government railways, with plendid opportunities of inspecting the fertile regions of New Ontario, including the famed clay belt, where tens of thousands of settlers will make their homes in the future. The three railways have combined to make the passenger service over this new route of the highest possible standard. The greatest travel comfort is assured, while there is no added expense for railroad fare as compared with any other route. For further particulars, apply to any Grand Trunk ticket agent or C. E. Horning, D. P. A., Toronto.

FREE!

If You Suffer With Your Feet

We offer you the services of an xpert foot specialist free of charge. ome in and let him give you ad-ice about your feet. WHY SUFFER? This expert was ained by the famous Dr. Scholl, the great foot specialist. We have dis expert in our employ for your sonvenience. Come in and consult

COOK'S Shoe Store

Chase the Chill WITH A \$10 MAJESTIC ELECTRIC HEATER. Western Ontario Electric Co.

237 Dundas Street.



DIAMONDS

Diamond Rings from \$5 to \$350, including single diamond rings, firee and the diamonds, and many fancy settings in newest designs.

C. H. WARD & CO. DIAMOND MERCHANTS. 386 Richmond Street.

GET YOUR TIRES RETREADED. IT PAYS.

London's Rubber Man



CHRISTMAS will be the most memorable and happiest the world has ever

with it. One that will restore normal vision and add the comforts and joy of good eyesight is a most appropriate gift.

Ask about Our Special Victory Christmas Plan which enables you to obtain the exact glasses the recipient will re-

See our display of latest ideas and designs in gold and shell rims, frames, mountings and select eye glass and specta

SHOP EARLY Carlyle

Two Doors East of Majestic.

Our RETREADING QUALITY Work, Not the Average.

London Tire Repair Depot 54 Wellington Street. Phone 2334

A. WILKES. Opp. McClary's.

For Better Christmas Cards

"Come to Hay's First"

GOOD SHOES CHEAP SAlling Out Entire Stock Up-To-Date BOOTS. SHOES AND RUBBERS, TRUNKS, SUITCASES AND CLUB BAGS. To be sold at cost. Bargains every day.

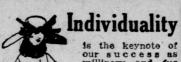
SAMUEL'S SHOE STORE. 290 Dundas Street, 2 doors east City Hall. Open evenings, LET US SAVE YOU MONEY!

Lendon Loan and Savings Co.

OF CANADA MONEY TO LEND

Government Bonds Negotiated

Only \$58.55 required for \$100. Special Debenture. M. J. KENT, Manager,



Gentleman

Our stock of emblem rings may help you solve your Christmas gift problems for father, son or gentleman

We carry Masonic, Odd-fellows, Knights of Colum-bus, Shriners, Orange and other rings of the more im-portant orders. These rings range from \$10 to \$25.

If he does not want an emblem ring, a signet with his initials on it, would be a most acceptable gift.

Jewelers and Opticians,

LONDON.

The Sandwiches

in Hubby's Lunch

will taste so much better when they are made with

ecause this delicious Bread stays fresh for a long time, and its won-derful flavor gives one a hearty appetite.

JOHNSTON BROS.,

Phone 944.

License No. 5-263.

NEED OF BOYS; SCHEME

rail Rangers Hear Address From W R. Cook in "Y."

"The Trail Rangers' or Younger Boys' Program" was the subject of the ad-dress delivered by W. R. Cook, boys' work secretary for Ontario, at the sec-

ond institute for those interested in boys' work, held at the Y. M. C. A. last evening. Speaking of the program, he said, "It has the breath of outdoors. We think of Jesus saying, I am the

the Trail Rangers' Groups. "The mentor," he said, "exists as the leader of the group. A group is known as a camp. When father and sons participate in a banquet or the groups meet for a hike, that is called a grand camp. The president coached by

Self-Control. Self-Control.

The speaker then dealt with a boy's control of himself. "When a baby is born," said Mr. Cook, "he is subject to external control. He is clothed, bathed and fed from the outside. We

have experienced difficulty with people who come to our land where they have not been educated to internal control. The only way to educate boys is to teach them internal control. We've got to begin to train them to govern themselves."

a boys' conference in another coun-y, where a speaker was asked to put

we are willing to sweat about it, a lit-e bit and lie awake a little bit, we

an carry it out."
"I think we have all thoroughly enoyed Mr. Cook's talk," said W. D. Beamer, who acted as chairman, as Rev. W. Leslie Armitage, who was chairman in the early part of the meeting, had to

MADE TO TEACH THIS

SELF-CONTROL GREAT

Johnston Bros.'

XXX Bread

Young's

For a

our success as millinery and fur headquarters in London. BELTZ & CO.

'Border Wireless," His Latest Success, To Be Repeated Today.

HART SCORES A HIT

IN THRILLING PLAY

AT THE MAJESTIC

ROWAT'S COFFEE The best procurable. Pleases particular 55c PER POUND

road company, and both his parents die shortly afterward, Steve becomes a vengeful man and a bandit, wreaking havoc upon the rallroad that caused has father's last days to be spent in ortef Rescues the Girt.

HAROLD LLOYD COMEDY

Bert Thomas, the Chinese
Tenor, Receives
Ovation.

With a thrill in every foot of film, a smashing climax and a love story that is delightfully convincing. "The Border Wireless," the new William S. Hart picture, which was shown at the Majestic Theatre which proved to one of the best in which that viewestern actor has ever appeared.

By linking Mr. Hart's western type of characterization with a distinctly modern situation resultant from the war, involving a wireless plot on the border engineered by German spies, and bringing in a most exquisite little telegraph operator, the authors have succeeded in bringing the drama up to the minute without sacrificing any of that picturesqueness that every admirer of Steve Ransom, the role portrayed by Mr. Hart, who is the son of a civil war veteran and Intensely patriotic, but when his father is swindled out of his ranch in Wyoming by a powerful rail-



The Gish sisters, Lillian and Dorothy, starring in "Hearts of the World," D. W. Griffith's great production showing at the Majestic Theatre for one week commencing December 2. A return presentation of this great play was ar ranged by the management at the earnest solicitation of the many patrons o this popular playhouse. Special musical effects are provided by a grea orchestra under the leadership of Jules Brazil.

THREE CLINICS FOR The president, coached by the mentor, calls the camp to order. The president is known as the chief ranger, the vice-president as the chief, the secretary as the tally, and the treasurer as the cache. **BABY WELFARE WORK** PROPOSED FOR CITY

Recommendations Will Submitted to Association at Early Date.

The "well baby clinics," the supreme for life, will be inaugurated early in the new year if the London Child Wel fare Association approves recommenda-tions to be made by the well baby clinic was astounding. "This program," said Mr. Cook, "because it is based upon Jesus is fourfold."

an early date.

Yesterday afternoon, the committee, of which Miss Bertha Smith, child wel-

Jesus is fourfold."

"There is not a standard mold, it allows for individuality. This program ecognizes the primary institutions, the iome, the school and the church."

Change of Idea."

"Which Miss Bertha Smith, child well-fare nurse, is convener, met to conside steps in connection with the establishment of the clinics. The committee will ished as early as possible, one in the home, the school and the church."

Change of idea."

In comparing the standard to the competition, he said, "In the past we have asked boys to strive against each other; now we ask them to compete against standards. Every fellow has a chance. In the hundred yards dash, it is time."

"It demands personality. It demands leadership." said the speaker again speaking of his subject as a whole. "This demands mid-week meetings as well as on Sunday. The talk is the inspiration. Training must come through the opportunity to build action on the inspiration. If we are willing to sweat about it, a little this interest in the coimic so established as early as possible, one in the north end of the city, another in the east end, and a third in the southwest. Miss Smith reporting that the locating of the clinics in this manner will best serve the interests of the city as a whole. Dr. W. J. Tillimann has offered to devote one afternoon a week to the clinic in the north end; Dr. Ferguson of the clinic in South London, and Dr. Lindsay to the clinic in the east end. These three doctors have if given most generously of their time to child welfare work since it was interested with the big exhibit and the whole week of well baby clinics last personal to the welfare work since it was interested with the big exhibit and the whole week of well baby clinics last personal training must come through the properties of the clinic in the north end; Dr. Ferguson of the clinic in the north end; Dr. Ferguson of the clinic in the north end; Dr. Ferguson of the clinic in the north end; Dr. Ferguson of the clinic in the north end; Dr. Ferguson of the clinic in the north end; Dr. Ferguson of the clinic in the north end; Dr. Ferguson of the clinic in the southwest.

February.
Miss Smith stated that she has addressed several mothers' clubs on the need of the well baby clinic, and that they are prepared to give enthusiastic support to the work. They will, further, undertake the expense of providing the initial equipment for the three clinics, including weighing scales, printed matncluding weighing scales, printed mat-ter, etc., a total cost of approximately

G. W. Hofferd of the Normal School led in the discussion. "Anyone of us," he remarked, "must be convinced that the plan is very sane. The boy needs something like this to give him ballast. This is the awakening of the boy to the fact that there is a larger world. The program is splendid." He asked Mr. Cook what size he thought one of the boys' camps should be. He replied that it should have anywhere from seven to ten members. Mr. Hofferd then asked how the matter of prayer should be introduced to the boys. Mr. Cook then told of an incident at a boys' conference where the boys were asked how they first came to lead in prayer. They all told different stories. Mr. Cook declared that there was no fixed manner of introducing it. "Don't tell Jimmid definitely when he is going to be asked to lead in prayer," said the speaker, "because he won't be there then."

"In the days to come we must develop our boys." declared W. R. Yendall. "If we take hold of things in the right way great things will come of it. Two big things from now on' are boys' work and returned soldiers' work." He then asked that those present do their part when they are asked to participate in the Y. M. C. A. Y. W. C. A. campaign. He said that the Y. M. C. A. needed \$22,006 and the Y. W. C. A. \$8,000. Offices where tickets and information concerning steamship sailings are available have in the last few days been the scenes of great activity. That many Londoners are contemplating making a trip to Europe as soon as the restrictions on sailings are removed seems certain, as there have been a great number of people in the steamship offices seeking information about European sailings.

However, only those who have passports are being allowed to obtain tickets, as the restrictions have not yet been removed, and it is not known when the ban will be lifted.

Although there is expected to be plenty of accommodation for passengers wishing to make the trip, the authorities may allow only those having special business to sail, as the conditions in Europe are not favorable for tourists.

TO MAIL SUBSCRIBERS

Please look at your label, and if it is not correct notify The Advertiser at once. Owing to a Government order it will be necessary to cut off all subscribers in arrears. The Ad-vertiser therefore requests that all those in arrears remit prompt-ly, and see that the label indicates that proper credit is given.

WAR SERVICE BADGES AWARDED TO MANY

Class A. and B.

J. Edmiston, Guelph; W. Kennedy,
Brantford; Z. Soteroff, R. R. 7, London;
R. S. Beemau, Detroit, Mich.; F. Havill,
Toronto; F. J. Spyer, Stratford; A. L.
Scholte, R. R. 7, London; Nursing
Sister E. G. Mitchell, R. R. 7, London;
Viscolary, Sister N. S. Coseman, Wol-Sister E. G. Mitchell, R. R. 7, London; Nursing Sister N. S. Copeman, Wolseley Barracks, London; T. W. Langton, Detroit, Mich.; A. E. Simms, St. Marys, Ont.; E. D. Manning, R. R. 5, Forest; E. H. Elliott, Windsor; C. H. Robinson, 128 York street, London; W. E. Slvier, R. R. 3, Ridgetown; E. Wendover, Windsor; W. J. Thomas, Woodstock: H. Swanson, Windsor, F. Woodstock; H. Swanson, Windsor; F. Sunaley, Woodstock; J. Shephard, Guelph; J. J. Smith, Tillsonburg; J. J. Ruddy, 733 Richmond street, London;

J. Ruddy, 733 Richmond street, London; C. Pennington, Goderich; A. P. McCallum, R. R. 7, London; D. D. McKie, Guelph; W. Musclow, Kitchener; D. Loiko, 554½ South street, London; W. C. Bray, Toronto; W. H. McAllister, Windsor; F. C. G. Taylor, Guelph; A. Skegss, Camp Humphreys, Va.; B. F. Laufers, 252½ Dundas street, London; J. J. Clark, Lakeside; J. A. Patterson, Windsor; J. R. K. Kinniburgh, Thamesville; S. King, R. R. 4, Aylmer West; J. Gilkes, Woodstock; F. C. Gosling, St. Marys; G. T. Firr, 305 Horton street, London; H. C. Heath, 1100 Florence street, London; C. N. Hill, Preston; J. Fox, Guelph; J. J. Chippa, Stratford, M. F. Campbell, St. Thomas; K. A. Colquhoun, Tete Jaune, B. C.; G. G. Cockburn, 80 Wharncliffe road south, London; C. Becking, Kitchener; F. Cockburn, 80 Wharncliffe road south, London; C. Beckling, Kitchener; F. Berry, St. Thomas; J. J. Beadle, Kingston; H. J. Wandley, 26 Forward avenue, London; E. W. Bartlett, R. R. I. Springfield; J. Affleck, Stratford; J. A. Allen, Wingham; T. Welsh, St. Thomas; H. N. Webb, Walkerville; H. Young, Parkhill; J. E. M. Coulson, R. R. 7, London; J. W. Hall, Petrolea; J. T. Wilson, Kitchener; E. S. Hamilton

R. 7, London; J. W. Hall, Petrolea; J. T. Wilson, Kitchener; R. S. Hamilton, R. R. 3, New Hamburg; E. C. J. Brown, Blenheim; E. R. Knight, R. R. 3, Brussels; W. B. Creak, 161 Clarence street, London; J. Robinson, 815 Elias street, London; H. Davidson, New York, N. Y.; J. Fiske, Montreal, P. Q.; F. C. LeLacheur, 12 Rathmines street, London; A. C. Thompson, Flint, Mich. Class A.
W. G. Curl, C. G. R., London; N. G. Kinsman, Wolseley Barracks, London; T. Huntley, C. G. R., London; E. H. Gilder, 618 Talbot street, London; C. E. Collinson, 388 Ridout, street, London; S. M. Winter, R. R. 3, Galt; A. R. Fradgley, 139 Dreaney avenue, London. Class B.

Class B.
T. Hudson, Stratford; J. A. Owen,
Marmora street, London; F. Good,
57 Smith street, London; J. F. Galbraith, Toronto; H. Voilas, Norfolk,
Va.; W. G. Self, 627 Hamilton road, Va.; W. G. Self, 627 Hamilton road, London; C. Stonefish, R. R. 3, Thames-ville; H. L. Showler, 27 Becher street, London; J. W. Savage, Woodstock; J. W. Ryan, Chatham; J. E. Ripley, St.

A. D. Wood, R. R. 5, St. Thomas.

Class C.

D. Harleton, Lucan; J. Fletcher, 753
Adelaide street, London; F. Irvin, R.
R. 1, London; R. J. Kelly, Walkerville;
R. A. Knighton, 5 Surrey avenue, London; C. Rose, St. Thomas; H. A.
Swayzle, 510 Dufferin avenue, London;
H. J. Turner, Windsor; F. Rice, Chatham; T. E. Scott, St. Thomas; Clayton Weber, Vancouver, B. C.; F. Delroy, Galt; J. A. Craigle, Tobermory;
W. B. Cameron, Chatham; A. E. Coles, Windsor; T. H. Affleck-Graves, Bank of Toronto, London; G. E. Attwater, Galt; Fred Abel, 350 Thames street, London; E. Blute, Walkerville; G. F. Bird, Galt; G. H. Barker, Sarnia; J. A. Hill, St. Thomas.

MILITARY NOTES

A court of inquiry will be held at the heights to probe and report on the accident to Gunner Wilson Arthur Thomas, while on farm furlough, without pay.

The RAPHAEL-MACK Co. 236 Dundas Street.

Hundreds of Warm, Stylish Garments at Cost or Less

Every dollar's worth of this high-class stock has been marked down to a sale figure that will astonish you. You can get anything you want in ready-to-wear apparel at less than the materials alone are worth today. Here are just a few examples. COME TOMORROW!

Every kind of Cloth and Style!

Keg. to \$45.00

Warm wool cloths, beautifully trimmed with fur or fur fabrics, or self.

EXTRA SPECIAL COATS - \$18.75

Just put into stock a few days before the sale!

Keg. to \$40.00

Smart new styles that will be in fashion next season. Choice of fine Serges, Poplins, Gabardines, etc., in the best shades.

cost or less. For instance:

\$20 Taupe Coney Capes, \$12.95 \$15 Taupe Coney Muffs, \$8.95 \$25 Natural Wolf Sets, \$14.95 Wonderful values in Charming Silk

All splendid quality silks in the favorite shades, and the styles are new!

OTHER DRESSES \$19.85

These are regular \$30 and \$35 garments-styles and shades for every

To Miss This Sale Is To Turn Your Back To Real Economy

THE RAPHAEL-MACK CO.

236 DUNDAS STREET

VETERANS' HOUSING IS SERIOUS PROBLEM

Soldiers' Aid Commission Will Gather Information.

will want to make London their home again.

For Instance, nearly twenty-five returned men were expected to arrive Monday, but at each city the train reached they kept dropping off, and when they arrived at London only eleven men were left. It was decided that all available space where families can be housed through the winter months will be tabulated and kept for future reference. It was also considered probable that the old Central School at the rear of the Alexandra School at the rear of the Alexandra School in might be obtained for some time, to help in housing a few families, although it has already been purchased by Hyatt Bros. to be torn down.

LORD ROBERTS, I.O.D.E., MAKES DONATIONS

At the regular monthly business meeting of the Lord Roberts Chapter, I. O. D. E., held in Cronyn Hall on Monday afternoon, it was voted that \$50 be afternoon, it was voted that \$50 be given to the great war veterans, \$50 to the Children's Aid Society, and \$10 to the emergency fund of the Municipal Chapter, I.O.D.E. The members, of whom there was a large attendance, were also requested to meet in the I.O. D.E. rooms in the Royal Bank building every Wednesday to sew for refugees. The special work of the Lord Roberts Chapter is to sew for the little French orphans,

CAPT. C. M. R. GRAHAM ON HIS WAY HOME

Capt. C. M. R. Graham, ex-mayor of Capt. C. M. R. Graham, ex-mayor of London, former commander of the 142nd Battalion, is on his way home from France, and is expected to arrive in the city in a short time. It is expected that he will arrive at a Canadian port this week, as he is supposed to have left England last Friday. Capt. Graham reverted to his present rank in order to get to the firing line, and was wounded several weeks ago, while leading his men during an offensive.

LONDON BOY IN SIBERIA WRITES HOME

Letters are beginning to arrive from which a well-known Lordon boy told his father that they had landed that day—just one month ago.

This, it is understood, is the first mail to arrive since they landed. This young Londoner had calculated that the journey, a distance of ap proximately 8,000 miles from Londor had occupied three and one-hal

BETTER PLAY GROUNDS WILL BE ASKED FOR

For a few moments after the close of the boys' workers' institute, which was held in the "Y" last evening, the Lon-don advisory committee held a meeting. It decided that the questions of getting It decided that the questions of getting more and better playgrounds, having all juveniles tried in a juvenile court, and vocational guidance, be laid before the Chamber of Commerce. The members decided to hold a meeting to discuss its policy at greater length, at a later date. Rev. H. T. Fergusson was elected captain of the team from the committee to work in the coming Y. M. C. A.-Y. W. C. A. campaign.

VINOL

The Great Cod Liver, Oll and Iron

Taylor's 6 Cut-Rate Drug Stores

VUICE OF THE PEOPLE

LIKES THEIR SERVICE. To the Editor of The Advertiser:
Sir.—By chance I strayed into Talbot
Street Baptist Church last Sunday
night, where the most free and easy
congregation met in worship that I've
seen since returning from the front.
In the first place, hymn sheets were
given out at the door, so that everyone
could enter heartily into the singing. A
seat could be had in any part of the
church, and there was a simple sermon
from the Scriptures, such as we used

How are the returned soldiers their families to be housed? This question was discussed by the Soldiers' Aid Commission last night. It was found that it will be impossible to ascertain the number of families that will make London their stopping place. Although 4,144 London men left here it can not be ascertained how many will want to make London their home again.

Instance, nearly twenty-five to hear years ago, by Rev. H. H. Bingfound the soldier has done here will, I am sure, help to spur him on to greater effort wherever he goes in the future. His methods would be well worth adopting in this city. A tot of the visitors hardly ever get a hymn book. The soldier has fought and is coming back with purer and higher

lown.

The employment question was also faith and enhances devotion. From it iscussed, but it was left over for a ster date.

heightens spirituality, strengthens our faith and enhances devotion. From it comes all that is good and true and beautiful. I am, sir, am, sir, RETURNED SOLDIER.

> H. B. ASHPLANT'S OPINION. To the Editor of The Advertiser: To the Editor of The Advertiser:
>
> I have just read your article (on Page Two, Monday evening) re the decision of the Dominion Railway Board on the application of the Bell Telephone Company to be relieved of obligation to pay the charges required under bylaw of the London city council for real estate occupied by conduits and line poles.
>
> I have also read the document sent by the Dominion Railway Board to our city clerk Baker.
>
> I desire to inform the citizens of London that the action of the Dominion ndon that the action of the Dominion

London that the action of the Dominion Railway Board gives no relief whatever to the Bell Telephone Company, and in no sense relieves them from obligation to pay the charges imposed by our municipal bylaw. As a matter of fact, the essence of the document on record from the Dominion Railway Board is a recital of facts, leading to the conclusion that the issue is beyond its jurisdiction so far as our right to compendiction so far as our right to compen-sation is concerned. The city council has not refused permission to the Bell Velephone Company to lay a conduit on Talbot street, or to erect sundry poles,

KEEP THE BOWELS REGULAR AND YOU WON'T BE SICK

If the bowels do not move regularly, they will, sooner or later, become constipated, and constipation is productive of more ill-health than almost any other

IT'S SO FINELY TEXTURED, SO MOIST, TASTY AND EDIBLE

that you can distinguish it wherever you taste it-in a

PARNELL'S BREAD

is used in all the best hotels and restaurants and the majority of homes in London. Try a trial loaf and you'll know

The Breadman

and the net result of the decision of the Dominion Railway Board is to order the Beil Telephone Company to do exactly what our London city council has already told it to do, viz., go ahead with its proposition and risk the legal consequences, which is a matter of consequences, which is a matter of constitutional law beyond the jurisdiction of the Dominion Railway Board. Let the Beil Telephone Company go ahead, and our city council can do the same thing, viz., debit the Telephone Company with the bylaw charges, and keep the account as a live legal liability against the company until an issue is fought out by the Union of Canadian Municipalities on a test case of constitutional right to equitable consideration for value received. Yours, ALD, HENRY B. ASHPLANT,

ALD. HENRY B. ASHPLANT, BURIED IN TOPEKA, KANSAS. WILTON GROVE, Nov. 24.-Word was recently received by Mrs. W. P. Dale, of the death of her niece, Mrs. S. M. Recob of New Mexico, from influ-IF YOU ARE NOT FEELING

WELL Why Not Try Those New French Gelatin Capsules That Are Helping

Others. Never give up until you have tried Tonal-Iron Capsules. TONAL-IRON CAPSULES have cured others, and they will cure you, if suffering from any of the following: Anaemia (thin or watery blood), Impure Blood, Nervousness, Nerve and Muscle Twitching, Weakness or Palpitation of the Heart, Shortness of Breath, Excitability, Indi-Weakness of Palpitation of the Heart, Shortness of Breath, Excitability, Indigestion, Dyspepsia, Liver Trouble, Pain in the Back, Kidney Troubles, Rheumatism, Vital Weakness in Men, Diseases Peculiar to Women, Mental Worry, Cold Extremities, Numbness, Poor Circulation, Lassitude, or any form of Physical in less than thirty days and company on the property of the p

ngredients that act on the stomach, ingredients that act on the stomach, hours. I suffered terrible pain about my bowels and liver.

Sold and guaranteed at all first-class drug stores, or mailed anywhere on receipt of price. Tonal-Iron Company, Box 184. London.

The Grand Trunk system has created a chain of magnificent hotels to serve The sole cause of constipation is an inactive liver, and unless the liver is kept active, you may be sure that headaches. piles, heartburn, biliousness, jaundice, floating specks before the eyes, and many other troubles will follow the wrong action of this, one of the most important organs of the body. Milburn's Laxa-Liver Pills will regulate the bowels so that you will have a free and easy motion every day, and one pill a night for thirty days will cure the worst cases of constipation.

They do this by acting directly on the location of the social life of the large Canadian cities. In service, design, construction and furnishings they have set a new standard for the Dominion of Canada. They are, in every sense, great hotels, operated by specialists of wide experience. When you plan your transcontinental, or other, trip, you will be well advised the city of Ottawa there is The Chateau Laurier, one of the most beautiful hotel buildings in America. Connected with the Grand Trunk central station by an electric lighted subway. The Chateau

the worst cases of constitution.

They do this by acting directly on the liver and making the bile pass through the bowels instead of allowing it to get into the blood, thus causing many stomach and bowel troubles.

Mrs. Jos. Labrec, Louise Apartments, Calgary, Alta., writes: "I have been troubled with constipation for the last two years. I have tried numerous treatments, but have never been relieved by two years. I have tried numerous treatments, but have never been relieved by anything until I used Milburn's Laxa-Liver Pills, which are helping me wonderfully."

We do not claim that Milburn's Laxa-Liver Pills are a "cure-all," but we do claim that there is nothing better for a sluggish liver.

Price 25c a vial at all dealers, or mailed direct on receipt of p rice by The T. Milburn Company, Limited, Toronto, Ont.

With any of the tamous notes of this continuent. In the capital city of Alberta, Edmonton, on a site overlooking the Saskatchewan River, is The Macdonald, another notable link in this chain of hotels built for public service. A reservation at The Chateau Laurier. The Fort Garry, or The Macdonald, is a guarantee of your enjoying throughout every hour of your stay the fine art of good service, combined with surroundings of quiet elegance, while the rates at these hotels are most moderate. For further particulars apply to any G. T. R. ticket agent or C. E. Horning, D. P. A. Toronto.

Nov.25,26,23,23

Carrick Gains Sixteen Pounds in Less Than 30 Days by Taking Tanlac.

William Carrick, for many years resident of Tacoma, Washington, is nov a citizen of Hunter, Missouri, While en route to his future home in Hunter recently, Mr. Carrick called at the Owl Drug Store in Kansas City, purchased two bottles of Tanlac and made a statement regarding his experience with the nedicine that will be of interest to al

tion, Lassitude, or any form of Physical Decline. Price \$1 a box. They are also wonderfully efficient in building up the system after Spanish influenza or pneu-

about it "Something like a year ago my appe There is no remedy on the market like this French discovery. Do not accept this French discovery. Do not accept anything else. It contains iron in its My food would sour soon after meals finest form, a heart stimulant and other and keep me belching up sour gas for hours. I suffered terrible pain about my dropped off twenty-seven pounds in weight and hardly had strength to raise

my hands, and was so nervous for alnost six weeks that I hardly slept at all. I finally got down flat on my back in bed-couldn't take a bit of nourishment except a little milk-and for five weeks I thought sure I would never pull through. "I was stopping with my nephew in

Tacoma at this time, and as he had seen Tanlac recommended so highly he went down and got a bottle for me. Well, sir, by the time I finished my first bottle I was on my feet and feeling like a different man. My appetite picked up right away and I soon got so I couldn't get enough to eat, and ever since I finished my second bottle I have been feeling strong and fine as you please. stomach entirely and nothing is barred from my diet. It was about the close of spring when Tanlac straightned me up and I worked every day and have felt fine all the time. I don't believe I ever enjoyed better health than I do now. I have personally recomple, and as I was passing through here

today I stopped in to get two bottles to carry down to Hunter with me, because I don't want to be without it

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