

Housekeeping, Nursery, Gardening and News of Interest to Women

CONTINUE SCHOOL THRU COLD MONTHS

Dr. Struthers Would Erect Temporary Buildings in High Park.

PHYSICALLY DEFECTIVE

Will Not Be Without Care Tho Forest School is Closed.

The close of the Forest School on Saturday last does not mean that interest in those children who are hampered by not having a good start in life, physically speaking, is to lie in abeyance until the trees bud again. Dr. Struthers, chief medical inspector, is anxious that something be done at once to provide temporary buildings in the park, where the children might have shelter during inclement weather and at the same time might be always more or less in the open. The permission of the parks committee would be necessary, but Dr. Struthers does not think this will be difficult to obtain. The parks are for the public and the children are the greatest asset the public can have. Speaking to The World, the chief medical inspector unfolded his views. He thought the "Doecker Shed," a portable building now in use in Germany, the best of its kind. There would have to be some provision for cooking the children's dinner. A certain northwest corner in High Park which the doctor has in mind, is just the site for the school and has no special use otherwise. A permanent administrative building with assembly rooms and offices, might eventually be built on ground outside the park and forest schools opened in the east and centre as well as at High Park.

A DAILY STORY FOR CHILDREN

The Selfish Old Woman.

Come cuddle your head on my shoulder while I tell you the story of the selfish old woman who had lived all her life, only caring for herself and what she wanted. She never helped anyone to do what was right or cared for a living thing. One day she died, and because she was so selfish went to a dark and lonesome place. After she had been there a long, long time she began to wish she could get out into a bright and sunny place. She thought of a beggar who had come and knocked at her door, who she was making soup, and asked her for something to eat, and she had given him a raw carrot. It was almost rotten and not good enough for the soup, so she gave it away to the beggar. When she told her guard he said: "Well, I don't know, that was not really unselfish, but you can try and perhaps you can get out." So he let down to her a carrot tied with a long string and she took hold of it, but you see it was a rotten carrot, and she was afraid it would break. She began very slowly to rise and rise, and as she did she grew happy and said: "At last I shall get away from here and the others will stay behind." Just as she said that, she looked back and saw that the others were holding onto the string, and she pushed them all back, crying: "You can't come, this is only for me, I won't help you." Then, of course, the carrot broke in half and she fell back into the darkness and she was afraid of another chance to try again, for the guard saw she was a selfish old woman.

CALL TO REV. DONALD CURRIE.

GUELPH, Nov. 18.—(Special).—At the November meetings of the Guelph Presbytery today one of the first matters taken up was that of the request of Knox branch church to become a separate congregation. There was no opposition to the plan, and the necessary permission was given. Rev. Dr. McGillivray, of Knox Church was appointed interim moderator. The Presbytery sustained a call to Rev. Donald Currie, of Mount Forest, to become a separate congregation was granted.

Simple Home Treatment For Superfluous Hairs

(Beauty Culture). A very effective and simple home treatment for superfluous hairs is as follows: Mix into a paste enough powdered delatone and water to cover the hairy surface, apply and after two or three minutes rub off wash the skin and every trace of hair has disappeared. This method is devoid of pain or danger and leaves the skin free from spot or blemish. Best results naturally follow when the delatone is purchased in an original package because its strength and purity are then assured.

THE STERLING BANK OF CANADA

Save, Because—No. 75 To attain wealth is only half the battle; you must fight to retain it. A savings account is of great assistance. Head Office, Cor. King and Bay Streets, Toronto. Branches—Adelaide and Simcoe, Broadview and Wilton avenues, Queen St. and Jameson Ave., College and Grace streets, Church and Wilton avenue.

EFFICIENT HOUSEKEEPING BY HENRIETTA D. GRAUEL DOMESTIC SCIENCE LECTURER

Heat, Fuel, Food "HEAT travels with light from the sun," says our physical geography, but experience teaches us that we get it by vital powers, by perspiration, chemical and electrical action. It is stored in our food and in the earth, in coal and plants, but it is always connected with motion of some kind. Ice, for instance, can be made to produce heat by friction similarly to flint and steel. Chemical action produces the vital power that we call animal heat and without it life ceases. This animal heat is not very hot, only 94 to 104 degrees, yet it wastes away every muscle, nerve and organ of our bodies and they must be constantly renewed by being fed those ingredients that make fuel for combustion. When the right kind of food is not supplied, the body shrinks and is actually wasting in the fire; the fat goes first, then the muscles, and we say, "He starved to death." The oxygen in the air keeps us alive, too, by keeping up the animal heat and giving vitality to the blood. We breathe it into our lungs, where it mixes with our blood and turns it to a bright red color. Blood, before it reaches our oxygen-filled lungs, is a dark purple color. This explains why families who have plenty of fresh, pure air have bright rosy complexions, and it accounts for the pale cheeks and colorless lips of those persons who breathe stale air. Now, Mother Nature is a great believer in reciprocity and she has linked plant and animal life together in a golden chain by making plants require carbonic acid gas, found in impure air, for their nourishment. Just this little hint should show the mother of a family how a few "green things growing" in the house will help to purify the air. By all means have a few growing plants in every room in your house, for they help to feed the flame of life. In cold weather fat and flesh-forming foods are required, because they contain more carbon and hydrogen and heat our blood more quickly than other foods. The correct temperature of living-rooms in winter is 68 degrees; if you eat properly and exercise sufficiently, you will find this most comfortable, but elderly persons and those of sluggish habits require the thermometer to register 72 before they feel warm. The air in the house should not be allowed to grow hot and dry. To prevent this in houses heated with hot air hang a bucket of water on the pipe beneath the floor register and refill it with fresh cold water as often as it evaporates. Fluepipes and workmen will tell you that this is a fallacy, but as a two-quart pail needs to be refilled every 24 hours, we know the water enters the rooms thru the hot air rushing over it. Very dainty copper kettles are made to set on steam radiators or hang before gas grates, and these are all excellent devices, for I am often told that without them it is impossible to keep potted plants or birds or gold fish in good health.

CIRCUS IS COMING TO TOWN AND WILL STAY FOR A WEEK

Ten Clowns, a Menagerie, Horses, Acrobats and Two Rings at Arena All Next Week. The circus is coming to town again. This time all the glories of the big tent show will be exhibited in the Arena, and the time is next week commencing Monday afternoon, and twice every day thereafter, at 2:15 and 8:15 p.m. During the past few winters the indoor circus has become one of the most popular amusement novelties in the large cities—that is in cities where there is an auditorium capacious enough to accommodate these big shows. Few cities can boast of a building like the Toronto Arena, and for that reason the scope of the indoor circus is limited. It is Frank P. Spellman, the originator of the indoor circus, who is bringing his immense aggregation of fearless and graceful equestrians, daring acrobats, wonderful gymnasts, trained elephants, bears, horses, ponies, mules, monkeys and donkeys to Toronto. Some of the performers with him he brought from Europe; others are the pick of the Barnum & Bailey, Ringling Bros. and the Hagenback-Wallace circuses. All are of the best in their own particular acts. The performances are given in two large rings and on an elevated stage. There is something to amuse everybody. The fun is furnished by a troupe of ten clowns, whose sole ambition is to make the spectators laugh and a splendid band chosen from the musical organizations of the big "tent shows" keeps everyone in good humor. To witness a real good circus performance from comfortable seats in a brilliantly lighted and nicely warmed amphitheatre will be a pleasing novelty in Toronto. There is one drawback, however, for the small boy he will not be required to carry water for the elephants, nor can he crawl under the canvas. The immense capacity of the Arena lends itself to a popular scale of prices, which have been fixed at 75c, 50c and

GOOPS By GELETT BURGESS

EDMUND SLATER I never really saw the sense of walking on a wall or fence; it shows your nerve. You're sure to fall, like Edmund Slater. He is the Goop who had a name for "showing off"—but now he's lame! Don't Be A Goop!

CUT DOWN THE BARS IS CRY OF FRENCH WOMEN

PARIS, Nov. 18.—(Can. Press).—The passage immediately of an act of parliament to limit the number of bars, saloons and other refreshment establishments for the sale of spirits in France, was demanded in a petition signed by 22,072 Frenchwomen and presented today to the chamber of deputies. By Joseph Reimack and five other deputies. The movement of the women is not directed against wine and beer, but against distilled liquors and beer. It appears that the number of spirit selling establishments in France increased from 435,372 in 1909 to 478,842 in 1911, and also alcoholic liquors are heavily taxed, their consumption is increasing.

A Cure For Drunkenness Within the Reach of All

That alcoholism is a disease is now recognized by science. No man in his senses brings disgrace and ruin on himself and family through choice. Alcure steps the craving for drink builds up the system, steadies the nerves, and it is guaranteed to cure or benefit or money refunded after a fair trial. Alcure No. 1 can be given secretly by any wife or mother wanting to restore a dear one to health and usefulness. Alcure No. 2 is the voluntary treatment. Alcure can be had at our store, only \$1.00 per box. Ask for our free booklet about Alcure G. Tamblin, Limited, Stores.

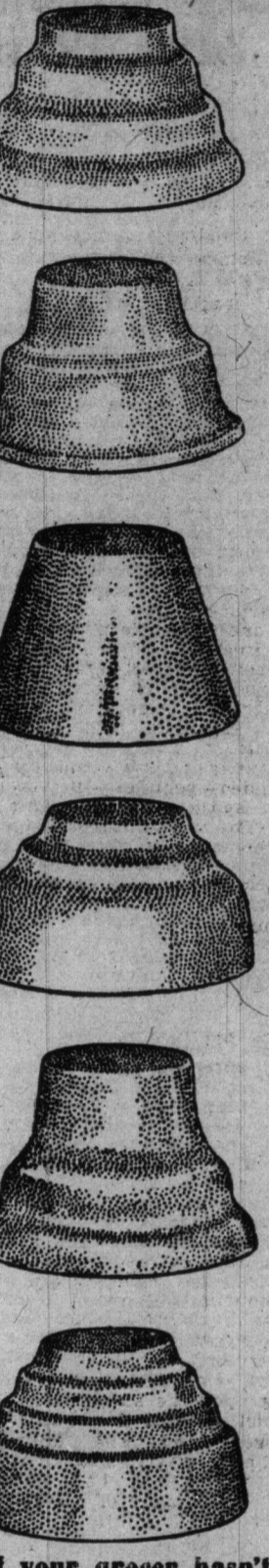
LAST HONORS TO LADY STRATHCONA

All Dominions Represented at Memorial Service in St. Mark's. LONDON, Nov. 18.—(C.A.P.)—Saint Mark's, North Audley street, was filled today for a memorial service for Lady Strathcona. The church is close to the Strathcona residence in Hanover square. Large crowds gathered in the neighborhood. The assembly included representatives of the whole diplomatic life of the empire at large, and practically every member of the Canadian community now in London. Major-General Sir Henry Stewart represented the King and Col. Strafford represented Queen Alexandra. Major Malcolm Murray, represented the Duke of Connaught. Sir Dighton Probyn, the King's late secretary, also attended. The service was further enriched by Hon. G. H. Perley, representing the Dominion Government; the Duke of Argyll, U. S. Ambassador; Lord Brassey, Admiral Fremantle, F. G. Butler, representing the colonial secretary; Sir J. Anderson and Sir Hartmann Just, from the colonial office; Mr. Johnston, Mrs. W. S. Fielding; Hon. Thomas Mackenzie, High Commissioner for New Zealand, and Sir Newton Moore of Victoria, Australia. All Dominions Represented. Every dominion in the empire was officially represented, and the agents-general of the Canadian provinces all attended. Earl Grey, on the continent, but Lady Grey attended. Lord Strathcona was a pathetic figure, leaning heavily on the arm of his daughter, Hon. Mrs. Howard. Other near relatives who attended were Lady Strathcona, Harry and Arthur Howard, and Miss Howard, grandchildren. The service was conducted by Rev. H. P. Cronshaw, vicar, and Dr. Fleming, representing the Scottish Church.

The Wise Goose Says

"Merci Beaucoup" Her brother insisted upon saying "Merci Beaucoup" every time she did anything although she had begged him not to swear so much. MRS. N. W. ROWELL IS RE-ELECTED PRESIDENT National Y. W. C. A. Convention Held its Final Meeting Yesterday. WINNIPEG, Nov. 18.—Mrs. N. W. Rowell of Toronto was re-elected to the presidency of the National Young Women's Christian Association at the final meeting of the triennial convention here today. Other members elected to the Dominion Council executive were: First vice-president, Mrs. Falconer; second vice-president, Mrs. A. Hamilton; treasurer, Mrs. M. L. Brock; recording secretary, Mrs. W. R. Lang; corresponding secretary, Mrs. S. A. Domville; vice-presidents: Nova Scotia, Mrs. Mador, Halifax; Quebec, Mrs. F. J. Adams, Montreal; Ontario, Mrs. Leonard, London; Manitoba, Mrs. Colin Campbell, Winnipeg; Saskatchewan, Mrs. Forsythe, Regina; Alberta, Mrs. Underwood, Calgary; British Columbia, Mrs. Miss Van Sanders presented the budget, showing that \$15,779 had been collected for national work during the years 1912-13. Of this amount, Toronto alone contributed \$600.

FREE



A Set of Dainty Aluminum Jelly Moulds

An opportunity, like this, to get a set of stylish individual aluminum jelly moulds free will probably never occur again in your lifetime. This Free Offer is simply a quick way we've adopted to introduce

Shirriff's Jelly

You simply purchase three packages of Shirriff's Jelly Powder from the grocer. He will then give you, without any extra charge, three of these jelly moulds. Or he will give you the complete set of six different shapes with six packages.

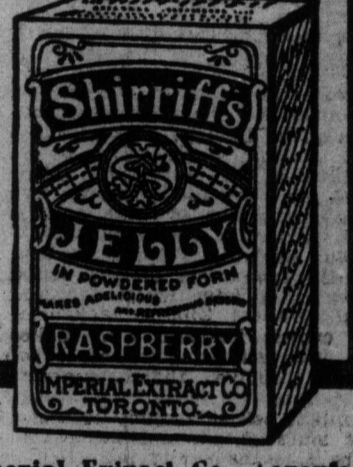
Six packages merely provide a nice assortment of flavors—flavors that are fruity, well-pronounced. Shirriff's Jelly is high-class, delicious. You'll serve it often once you've commenced.

And individual jellies—a jelly for each person—make such attractive and fashionable table decorations that nothing less than the complete set will satisfy you. Especially will you want the set, because the moulds are in six different stylish designs, and because they are made of aluminum, which every well-informed woman knows is the world's best material for cooking utensils.

Your grocer is probably exhibiting the moulds and Shirriff's Jelly in his window to-day. Call or phone him at once.

10c. a package. 3 for 25c. 6 for 50c. One package makes six individual jellies. Especially delicious when served in combination with fresh or canned fruit, or with whipped cream.

Shirriff's Jelly Moulds are NOW Obtainable from Grocers



THE GARDEN CONDUCTED BY RACHEL R. TODD M.D. Cone-Bearers or Evergreens. Over-abundance of Toys.

THE GARDEN CONDUCTED BY RACHEL R. TODD M.D. Cone-Bearers or Evergreens.

LADIES Have your Beaver, Vajour or felt Hats cleaned, dyed, blocked and re-modelled at NEW YORK HAT WORKS 566 Yonge Street 156ft North 516ft

STRONG SENTIMENT BACKS THE CAUSE Ontario Lord's Day Alliance Announces Receipts Surpassing Other Years.

ST. KITTS RURAL MAIL ROUTES ST. CATHARINES, Nov. 18.—(Special).—Four rural mail delivery routes are now being operated out of St. Catharines, the fourth being today.

GUARD AGAINST DIRT IN HOME, OFFICE OR FACTORY WITH Old Dutch Cleanser MANY USES AND FULL DIRECTIONS ON LARGE SIFTER—CAN 10c

NOTE: Wednesday to W. N. Will members of T is devoting h

THE ST

"The Strang drew Lang in the holiday his girls. At one time book for a ch shops and cat misgiving any looked childli in differe books for child and decorated cinating pictu booky or Me loved by ch stories that a after year, r form that the in keeping the diton. And chief a given all their this work stam Lang, who has Series, consta books of old a truly delig book in the se just read. "Th It is a book of stories, old hil of peasant lif. While and in "George Sand" This will giv of the rangc and intere for boy. The biography interesting and highly or Me this kind of stc ental titles. For really a story c oner, but for pias has a "dr a real girl and dandy stories I ferent. The H Henry Ford co white picture plates, making The publishers & Company of sentatives in C land are the 25 the price is \$1

"Concessions, a very attractive book that one condition for sever ends that the ands, combin tion, and the vehicle that ma Show the of the people, it wonderful moth and has existi the book intru thread of narr them. Some might e statement since actors are all a ed the freedom sposed to be world of art. Peter Blake, Honate interest Cooper-Saunders broken down incurable illness, voice and immo with the unkno help of his n ponlowaky, hera he meets Zillah her mother die very strong, ve lovable. The p ther is, "One ca the book intru gives to life, the and life has the love story and intera published by Be onto.

TIDE

"Tide Marks" who had a wom for her mother, dreamer for a colorful from th her mother die Philippa, the he of age, life be mother's last wor to oneself is wor to start by tryi from thinking a how, and or cause it's unplea self is as bad a beside, it's the the love story and intera published by Be onto.

AGAINST DIRT

Old Dutch Cleanser MANY USES AND FULL DIRECTIONS ON LARGE SIFTER—CAN 10c