

"To be a good cook means the knowledge of all fruits, herbs, balms and spices, and of all that is healing and meet in fields and grove, savory in meat. It means carefulness, inventiveness, watchfulness, willingness and readiness of appliance. It means the economy of your great-grandmother and the science of modern chemists ; it means much tasting and no wasting ; it means English thoroughness, French art and Arabian hospitality ; it means in fine that you are to be perfectly and always ladies, and you are to see that everybody has something nice to eat."—Ruskin.