

Listing of Selected Post Companies  
SEAFOOD - CALIFORNIA

Company & Address (All Contacts)	File	Telephone
Catalina Fish Company Inc. Mr. Ron Frescura, Vice President 2210 Signal Place, San Pedro, CA 90731	FISH	213-832-0241
Central Fish Company Mr. Mike Flanagan, 2606 Cypress Street, Oakland, CA 94607	FISHW	(415) 832-6370
Central Seaway Co. Mr. Hassell Aarnot, P.O. Box 686, Aptos, CA 95001	FISHBI	(408) 688-1399
Certi-Fresh Foods, Inc. Mr. Bob Robertson, 13055 E. Molette Street, Santa Fe Springs, CA 90670	FISH	(213) 921-8311
Certified Grocers of Calif., Ltd. Mr. Everett Dingwell, 2601 S. Eastern Avenue, P.O. Box 3396, T.A. Los Angeles, CA 90051	FISHWI	(213) 726-2601
Channel Islands Fish Company Ms. Charlotte Cumming, 129 Bardsdale Avenue, Oxnard, CA 93030	FISHW	(805) 984-7749
Charles P. Kearney & Co. Mr. Wes E. Barta, 1330 Broadway, Suite 815 Oakland, CA 94612	FISHB	(415) 452-4493