

ineffective elimination of waste products are mainly responsible for headache and other evil consequences. This variety of headache is due primarily to interferences with hepatic activity and to fermentative or putrefactive processes in the gastro-intestinal tract. For its relief the food must be of the simplest and most bland description and should be carefully adapted to the patient's digestive capacity. In cases where the stomach is dilated and its walls are flabby, a few morning washouts through a syphon-tube followed by the application of the faradic current and twenty minutes massage to the abdominal walls will be found useful. In patients who have to blame an overnight revel or unwise evening meal for their headache, the speediest means of relief is afforded by an emetic.

ETHICS OF EXPERT TESTIMONY.

"The Ethical Aspects of Expert Testimony in Relation to the Plea of Insanity as a Disease to an Indictment for Crime," is the subject of a paper appearing in the *Medical Record* for July 23, from the pen of Carlos F. McDonald. He says that the existing methods of presenting expert testimony in criminal trials is imperfect and unsatisfactory. The two evils in this procedure at present are the selection of medical experts by counsel without reference to their qualifications and standing, and the absence of any standard of qualification. The remedy is to be found not in an official board of experts, but in an endeavour to select only men of acknowledged skill in the particular branch of medicine that is to be represented. Compensation should be so fixed by the court that they can afford to give

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