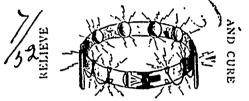
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HOUSEHOLD HINTS.

(AOCOLATE JELLY.—Take seven spoonfuls of grated cholocate, the same of white sugar, one cup of sweet cream; mix together, and set over the fire and let come to a boil. Pour it over corn-starch pudding or put between layers of cake.

COFFEE CAKE.—One cup of sugar, one cup of melted butter, one cup New Orleans molasses, one cup of strong coffee, one egg, one teaspoonful of baking powder, one teaspoonful of ground cloves, one tablespoonful of ground cinnamon, one-half pound each of raisins and currants, four cups of sifted flour.

MOLASSES COOKIES.—One cup of butter, two cups of molasses, one teaspoonful of cloves, one tablespoonful of ginger, sufficient flour to made a stiff batter, not dough. Mold with the hands into small cakes and bake in a steady rather than quick oven, as they are apt to burn.

TRIFLES.—One quart flour, one cup sugar, two tablespoonfuls melted butter, one egg, two teaspoonfuls Cleveland's Superior Baking Powder, sifted with the flour, and enough sweet milk to make stiff as crullers. Roll. into thin sheets and cut in pieces about two by four inches. Make as many cuts across the short way as possible. Pass two knitting needles under every other strip. Spread the needles as far apart as possible, and with them hold the trifles in the fat until a light brown. Try this receipt, the Trifles are delicious.

SILVER CAKE -One-half cupful of butter, one cupful of sugar, one-half cupful of sweet milk with whites of four eggs, one and onehalf cupfuls of flour, one teaspoonful of baking powder. Always beat the eggs separately and thoroughly, and always rub sugar and butter to a cream.

PLAIN CHOCOLATE. -- Scrape one ounce (one of the small squares) of any plain chocolave fine; add to this two tablespoonfuls of sugar, and put it into a small saucepan with one tablespoonful of hot water; stir over a hot fire for a minute or two until it is perfectly smooth and glossy; then stir it all into a quart of boiling milk, or half milk and half water; mix thoroughly and serve immediately. If the chocolate is desired richer take twice as much chocolate, sugar and water. Made in this way, chocolate is perfectly smooth and free from oily particles. If it is allowed to boil after the chocolate is added to the milk it becomes oily and loses its fine flavour.

BAKED RICE WITH CHEESE .- One pint of boiled rice, half a cupful of grated cheese placed in alternate layers in a buttered earthen dish. Spread powdered cracker over the top with bits of butter, and over the whole pour one egg well beaten, one cupful of milk, one saltspoonful of dry mustard, half a teaspoonful of salt and a shake of cayenne pepper, thoroughly beaten together. Bake twenty minutes in a quick oven and serve very hot,

OUR HEALTHY CITY .- Toronto mortality is considerably lower than in other cities in the Dominion, as seen by the statistics published by the Government every month. Why? One reason is the people at the right kind of food. The charce Breakfast cereals and hygenic foods, manufactured in this city by the Ireland National Food Co., undoubtedly contribute much to the health and longevity of the people who use them, and they are d-e-l-i-c-i-o-u-s.

A FREE TRIP AROUND THE WORLD.

The all-absorbing topic of the day is the Home Fascinator Pub. Co.'s great word contest, affording a grand opportunity to see the world. To the proof sending them the largest number of English words constructed from letters contained in the sentence "God Save The Queen," the publishers offer "A Free Trip Around the World," also in order of merit the following additional prizes: A Free Trip to Florida, a Silver Tea Set, \$63; a Domestic Sewing Machine, \$60; Lady's or Gent's 14k. Gold Watch, \$50. To every one sending a list of not less than twenty-five English words, of four or more letters, found in either Webster's or Worcester's Dictionary, a prize will be given. Enclose them 50 cents to pay for a grand Premium Catalogue and a six months' trial subscription to their beautifully-illustrated family story paper, The Home Fascinator. As the person sending in the largest list of correct words may not be in a position, or care to make the extensive trip offered, the publishers give such person the choice of the trip or \$1,000 in cash. Contest is open to any person in the U.S. or Canada.

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