a letter showing hopefulness about the future life.

Rewards—Speak of rewards for good conduct, etc. Mother says, "Learn your lesson well and I'll give you each a nice book." Did you ever run a race and get a prize for being the best runner? In the old Grecian games, when the race was run, the one reaching the goal first was given a crown of parsley or of pine leaves as a reward. Shew a gilt paper crown, or paste one on the board, or draw outline with yellow chalk. A crown is a symbol of high honor, worn by kings and queens to mark them as the greatest people in the land. Only those who win crowns may wear them.

We are going to hear about a reward that is promised to all who run the race of life well, who do God's work faithfully.

Lesson—See Paul in prison in Rome! He is writing a letter to a young friend named Timothy, who had learned about Jesus from Paul. We'll hear what he wrote to Timothy. (Tell Paul's message, vs. 14-17.)

Our Privilege—"From a child thou hast known the holy scriptures," v. 14. True of you little ones also. In mother's arms you heard about Jesus, learned to pray at mother's knee. Then you learned your Bible verses and came to Sabbath School. How

thankful we should be that we have God's Holy Bible to tell us about Jesus and what He wants us to do, and the reward He has ready for us! "Continue thou in the things which thou hast learned and hast been assured of."

Golden Text—Print and repeat "There is laid up for me a crown of righteousness." Repeat, "So run, that ye may obtain."

Five Crowns-Outline five crowns:

- 1. The Crown of Life—for overcoming temptation, Jas. 1: 12.
- 2. The Incorruptible Crown—for self-control, 1 Cor. 9:24-27.
- 3. The Crown of Rejoicing—for soul-winning, 1 Thess. 2: 19.
- The Crown of Glory—for teaching God's word, 1 Pet. 5: 1-9.
- 5. The Crown of Righteousness—for serving Christ faithfully, 2 Tim. 4:8.

Explain in simple way how little ones may strive for these rewards.

Hymn—Sing verse 4, Hymn 590, Book of Praise.

How may I be an Epistle of Christ?—On an envelope (or outline) print Letter No. XII.

—My Life Should Show Hopefulness About the Future Life. Inside the Envelope the Blackboard outline for the day, and a slip—I Should be Hopeful.

## BLACKBOARD REVIEW

## THE CHRISTIAN'S CONFLICT ROWN

Get the scholars to tell about the Greek games (called the Isthmian games, because they were held on the Isthmus of Corinth). Bring out the points of the long and careful training for these games, the eagerness and earnestness of the contestants, and their joy at receiving the crown of parsley or of pine leaves. Now ask about Paul's Complete. Question about his enemies and difficulties. Next, have the boys and girls tell the difference between the crown offered in the ancient games and the Crown which Paul expected. Then ask questions to call forth the thought that while only one could win the crown in the Greek games, the crown spoken of here is for every CHRISTIAN. Each of us can win it if we, like Paul, serve Christ faithfully. From the earnestness of the athletes in striving for the perishing crown, draw the lesson that we should be still more earnest in seeking the one that endures.