

**900 DROPS**

**CASTORIA**

Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of

**INFANTS CHILDREN**

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**

*Recipe of Old Dr. SAMUEL PITCHER*

*Pumpkin Seed -  
Almonds -  
Rhubarb -  
Sassafras -  
Licorice -  
Ginger -  
Cinnamon -  
Cloves -  
Mace -  
Nutmeg -  
Peppermint -  
Sage -  
Thyme -  
Rosemary -  
Lavender -  
Basil -  
Mint -  
Sage -  
Thyme -  
Rosemary -  
Lavender -  
Basil -  
Mint*

A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

See Similar Signature of  
*Chas. H. Fletcher*  
**NEW YORK.**

**At 6 months old  
35 Doses - 35 CENTS**

EXACT COPY OF WRAPPER.

**CASTORIA**

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of

*Chas. H. Fletcher*

In Use For Over Thirty Years

**CASTORIA**

THE CENTAUR COMPANY, NEW YORK CITY.

**PREVENTION AND CURE OF MILK FEVER**

If a cow is in good physical condition and fresh it is well not to feed very much of any grain, but give a liberal amount of succulent feed, such as silage and alfalfa and all the good hay, preferably of the legume class, that she will consume without waste. If there are no succulent feeds we believe it well to feed about one pound of oilmeal daily together with some other feed like bran or ground oats. We suggest the oilmeal because of its tendency to keep the bowels of the animal in good condition, but the succulent feed will do that if it is obtainable, says Hoard's Dairyman.

The time has come when we need pay but little attention to the feeding of the cow so far as milk fever is concerned.



Photo by Delaware Agricultural college.

King Beda, the pure bred Guernsey bull which heads the Guernsey herd of the Delaware Agricultural college, has attracted a great deal of attention. He is a half brother of one of the most noted bulls of the breed in the United States. As his portrait shows, he is an excellent individual. This bull has but two daughters in milk, and these have been officially tested for a year, beginning at two and a half years old. They have averaged 11,000 pounds of milk and over 630 pounds of butter each.

spring months. The grubs when ripe may be extracted by squeezing the warbles between the thumbs. All extracted grubs should be destroyed.

**Cow Physic.**  
Epsom salts (sulphate of magnesium) is the favorite physic for a cow, and the average dose is one pound. Salt commonly is added at the rate of half to one cupful to increase the effectiveness of the salts. It is better to give a full dose of this physic than to give it in small quantities right along. Where an alternative is needed other drugs are used. A cow needs at least one ounce common salt every day to keep her in good health.

**MUSICAL MOUNTAINS.**

Deep Gullies That Enact the Role of Organ Pipes.  
Rather uncanny it would be to walk unsuspectingly along some quiet valley path and suddenly hear, from some mountain or cliff overhead, weird, strange sounds that resemble both the tone of a human voice and the note of a stringed instrument. Yet there are certain parts of the world which boast mountains and hills and cliffs that make these queer noises. In the Pyrenees, for instance, there are points which seem to throw out wild musical notes when the wind is blowing from certain directions. The natives, of course, are terribly superstitious regarding them. They imagine they possess superhuman powers and that they are listening to the voices of the gods when they hear them.

The scientific explanation of the phenomenon is simple enough. If it is a cliff from which noises emerge the face can be seen to be crossed with deep gullies. These might be compared, in the purpose they serve, to the pipes of an organ. On certain occasions a layer of air seems to get caught between the cliff and the trees which border it, closing up the opening so that when the wind blows into the gullies music comes forth. So pronounced and continued are the sounds in some of the parts that two of the cliffs have been named "snoozers." It is interesting to note from this how man makes use of the principles adopted through the ages by nature in the creating of his musical instruments.—San Francisco Chronicle.

**CHARMS AS CURES.**

Curious Remedies That Were Once Popular in England.  
Many and varied are the charms that man has used for the cure of diseases. In Northamptonshire, England, a few hairs from a sick child's head are rolled in a piece of meat and given to a dog in the belief that the disease becomes thereby transferred to the animal. In Cornwall the child is fed with the bread and butter of a family whose heads bear the names of John and Joan. Gypsies swear by roast dormouse as a cure for whooping cough, and in Lancashire it is believed that no child will contract that disease who has ridden upon a bear.

Another "cure" was a snake slung round the neck for goller. This was an old Sussex charm—The Rev. Coker Egerton, in "Sussex Folk and Sussex Ways," tells the story from personal observation. "I have known a person," he wrote, "who went a long distance to have a live snake applied to the throat for goller, and I have known of a servant girl who tried the virtue of a dead one for the same ailment. It was discovered, and, being obliged to throw it away, she said she would go somewhere to get a 'dead man's hand' put to her neck."

Earthworms have been used by Nottingham people for rheumatism. It was necessary to put the worms into a bottle and upon them pour a quantity of powdered quicklime. The resultant compound, well rubbed into the affected parts was guaranteed by the prescriber to be a certain cure for rheumatism.

**Fork and Cake.**  
A correspondent points a curious antipodean fashion. In New Zealand ladies eat cake with a fork, and the reason is the shortage of domestic servants. You don't see the connection? Well, the New Zealand lady so often has to do her own housework that it is the fashion at afternoon teas to keep gloves on—in mercy to possible roughened hands—whence the fork of the cake.—London Chronicle.

**Modest Child.**  
At a social gathering a little girl recited "The Charge of the Light Brigade." Reaching the line "Into the jaws of death, into the mouth of—" she paused and, looking around, added: "Where papa told uncle to go last night."—St. Louis Post-Dispatch.

**Different.**  
Jones—James, I heard you using profanity to the horses this forenoon.  
Coachman—No, suh; no, suh! I's very careful ob de horses, suh! I was talking to my wife, suh!—Kansas City Star.

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Veterinary Surgeon,  
HONOR GRADUATE ONTARIO VETERINARY College, Dentistry a Specialty. All diseases of domestic Animals treated on scientific principles. Office—One door south of the Guide-Advocate office. Residence—Main Street, one door north of Dr. Brandon's office.

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AND CIVIL ENGINEER,  
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Licensed Auctioneer.  
For the County of Lambton.  
PROMPT attention call orders, reasonable terms or orders may be had the GUIDE-ADVOCATE office.

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Five Old and Reliable Fire Insurance Companies.  
If you want your property insured please call on J. H. HUME and get his rates.  
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**Farmers' Attention**

WE HANDLE  
COCKSHUTT IMPLEMENTS  
MELOTT CREAM SEPARATORS  
KEMP MANURE SPREADERS  
TORONTO WNDMILLS  
BUGGIES, WAGONS  
GASOLINE ENGINES  
LIGHTNING RODS  
—AND—  
EVERYTHING NEEDED ON THE FARM  
Call and let us talk matters over.

**CAMERON & GRAHAM**  
OPPOSITE HOWDENS' GROCERY.

**FRANKLIN TRAVEL TIME TABLE.**

Trains leave Watford Station as follows

GOING WEST	
Accommodation, 27	8 44 a.m.
Accommodation, 29	2 45 a.m.
Chicago Express, 5	9 27 p.m.
GOING EAST	
Ontario Limited, 46	7 47 a.m.
Accommodation, 28	12 33 p.m.
New York Express, 2	3 00 p.m.
Accommodation, 30	5 16 p.m.

C. VAIL, Agent Watford

**CHANTRY FARM**

Headquarters for Lincoln Sheep. Special attention paid to wool. Flock averaged 1 1/2 lbs. this year. Sheep to-day are the best money-makers on the market with the least trouble and expense. Remember that the ram is half the flock. Call early and secure your choice. Twenty-five extra good ram lambs besides a few shearlings. Also a few good ewes and ewe lambs. All correspondence promptly attended to.

ED. de GEX - KERWOOD, ONT.

**ALBERTA FARM FOR SALE**

ONE HUNDRED AND SIXTY ACRES on the Lacombe Branch of the C. P. R.—North East Quarter Section 34, Township 40, Range 24, West of 4th Meridian; 35 acres been cropped; good frame house; large log stable; good spring of water; partly fenced with wire; good soil; railway within quarter of mile; three miles to Cline elevator. Price: Three Thousand Dollars. Fifteen hundred down, balance arranged. Apply to JOS. KELLAR, WATFORD, as-2m

**BOARD OF EDUCATION.**

Minutes of the regular meeting of the Board of Education held in their Board Room on Friday, September 26th, at 7 p. m. Present:—E. D. Swift, chairman; Col. Kenward, Dr. Hicks, John White, D. A. Maxwell, P. J. Dodds, J. W. McLaren, Wm. Harper, S. W. Louks, and Principals Potter and Shrapnell.

The minutes of last meeting were read and confirmed.

**HIGH SCHOOL.**

Louks—Harper carried, that the following accounts be paid: J. W. McLaren, supplies, \$36.70; Geo. Chambers, coal, \$153.36; T. B. Taylor & Sons, supplies, \$21.25; A. McDonald, weighing coal, \$1.50; W. B. Howden Est., supplies, \$1.95; Mr. Ruth, wood, \$9.75; Chas. Potter, stationery, \$2.75; Guide-Advocate, printing, \$1.75.

Kenward—Hicks carried, that the Repair and Supply Committee employ a carpenter to put doors and windows in High School in repair.

**PUBLIC SCHOOL.**

Louks—Harper carried, that the following accounts be paid: Mr. Ruth, wood, \$9.75; Walter Scott, fixing platform, 75c; Taylor & Sons, supplies, \$4.75; Abesalom Lucas, cement basement steps, etc., \$39.67; N. B. Howden Est., supplies, \$1.11; Geo. Chambers, coal, \$187.73; A. McDonald, weighing coal, \$1.50; Guide-Advocate, printing, \$1.75.

Dodds—McLaren carried, that the principal be authorized to procure the necessary supplies for primary class, asked for.

The secretary presented his report of the transactions on the High and Public School buildings and furniture. The principals of the schools were appointed to examine as to the value of the school

equipments and report on the same at next meeting of the Board. Board adjourned. D. WATT, Secretary.

**STRANGLER WITH ASTHMA** is the only expression that seems to convey what is endured from an attack of this trouble. The relief from Dr. J. D. Kellogg's Asthma Remedy is beyond measure. Where all was suffering there comes comfort and rest. Breathing becomes normal and the bronchial tubes completely clear. This unequalled remedy is worth many times its price to all who use it.

**SCHOOL GARDENS**

The school garden is an innovation that is being warmly endorsed by all who have had any experience in the matter. It is claimed that when the system has been thoroughly tried it creates stronger bonds of union between the school and the home. Up in the Carrot River District in Saskatchewan, they have an enthusiastic School Garden Association of which Mr. A. R. Brown, formerly of Watford, is the business manager, and Mr. A. D. M. Hone, also an old Watford boy, is a prominent member of the committee. A School Garden Exhibition was held at Kinistino, Sask., recently, and the Representative, the local paper of that place, has this to say about the matter:—"The school gardens exhibition held in the rink was a delight and a surprise to all, and unstinted praise is due the manager of the movement, Mr. A. R. Brown, Principal of the Birch Hills school, who was ably seconded in the work by the Secretary, Miss Granbo, of Golden Rod, S. D. The exhibit was really wonderful, and went to show what can really be done by energetic effort. Vegetables of almost every variety, grain, grasses, weeds, writing, drawing, etc., etc., were exhibited in profusion, and we have seen agricultural fairs where the exhibits were not nearly so meritorious."

Mr. Brown in a letter to the editor of the Guide-Advocate, says:—"I trust this phase of educational work is progressing in Watford's vicinity. My own experience is that it has a most vitalizing effect upon the school work. The children become brighter and more efficient both physically and mentally; not only that, but the school becomes the beauty spot of the district—a point of attraction for all—both residents and strangers. Not a single district here, having begun the work, has been willing to relinquish it."

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**BLACK KNIGHT STOVE POLISH**

A HOUSEWIFE IS JUDGED BY HER KITCHEN. FOR A BRIGHT STOVE AND A BRIGHT REPUTATION. USE BLACK KNIGHT.

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