

#### Explosive Power of Dust.

Explosive Power of Dust.

Dust in almost any form seems to have some explosive possibilities. It has been estab-shed in the experimental mine of the Bureau of Mines at Bruceton, Pa.

The volume of Mines at Bruceton, Pa.

The volume of 200-mesh Pittsburg coal with shale dust, in the proportion of the proposition of t

Minard's Liniment Cures Dipotheria

### Worth Knowing.

Nuts which have grown stale may be freshened by soaking an hour in milk, then placing in oven to dry.

Entries Close November 24th for the

TENTH ANNUAL

TORONTO FAT STOCK SHOW

UNION STOCK YARDS

December 11th and 12th

too late. Mail entries to-day.

Box 635, West Toronto.

Do not put off until the last day. You may be

Entry forms and premium list on application.

Men, are You in Doubt

As to your trouble? Have you some skin

eruption that is stubborn, has resisted treat-

ment? Is there a nervous condition which

does not improve in spite of rest, diet and

medicine. Are you going down hill steadily?

ARE YOU NERVOUS and despondent, weak

and debilitated; tired mornings; no ambition

-lifeless; memory gone; easily fatigued; ex-

citable and irritable; lack of energy and confidence? Is there failing power, a drain on the system? Consult the old reliable specialist.

Symptoms of Various Ailments

DR. WARD The Specialist

79 NIAGARA SQUARE, BUFFALO, NEW YORK

Such vegetables as cucumbers, rad ishes and tomatoes should be washed, completely dried and put in the ice box until time of serving.

Until reconstruction work is entirely complete we must not waste one scrap of meat fat. The poorly nourish-ed peoples of Allied and neutral counries need great quantities of fat to build them up again.

Fresh fruit from stores or stands should be wiped, then washed and dried before eating or cooking. It should be kept in a cool, dry, dark place if stored for any-time before us-

Greens for salads, such as lettuce, endives, celery, watercress and parsley, should be carefully washed and then dried, so that no water remains on the leaves. They should then be tied up in a clean cloth and wrung out of cold water, and put directly on This will render them perfectly crisp and cold, and ready for the dressing just before serving. There is no question as to the health-giving

value of salads. They would be more popular in this country if more care-fully prepared.

Minard's Liniment Cures Distemper.

#### SOUR MILK SUGGESTIONS.

Years ago, before the day when nearly every family owned its icebox of some kind, as they do to-day, every good housewife had her own repertoire of sour milk recipes. Grandmother just had to know how to make and each and puddings with sour good cake and puddings with sour milk, and how to use up her cream that had turned.

that had turned.

To-day, even in the best regulated household, there sometimes is sour milk or cream on hand, and a few of grandmother's recipes would be a al asset to every kitchen filing cab-

Make a simple white cake after your favorite recipe, bake in layers and put together with sour cream filling, and it will be added at once to your family's list of favorite desserts. particularly nice for Sunday night

Supper.

Whip half a cup of sour cream and sweeten with half a cup of powdered sugar. Then add half a cup of finely chopped almonds and flavor with

A very good cake which is usually aten warm like gingerbread is mad by creaming a cup of sugar with a cup of shortening, and adding to it alter-nately with a cup of sour milk, a cup

SOUR CREAM FILLING. and a salf of flour, sifted with a tea-spoonful each of soda, cloves, cinnamon and nutmer. Chop half a cup of raisins, sprinkle over them another half cup of flour and add last.

GINGER GEMS. Ginger gems served hot for dessert with whippe cream or a lemon sauce

another good dessert, especially

Melt half a cup of shortening and add to half a cup of sugar. Then add an egg, well beaten, and a cup of mo-lasses and a cup of sour milk in which a teaspoonful of soda has been dis-

I was cured of Rheumatic Gout by MINARD'S LINIMENT. ANDREW KING. Halifax.

I was cured of Acute Bronchitis by MINARD'S LINIMENT. LT.COL. C. CREWE READ. Sussex.

I was cured of Acute Rheumatism by MINARD'S LINIMENT. C. S. BILLING. Markham, Ont. Lakefield, Que., Octa 9, 1907.

solved. Sift into a cup of flour with half a teaspoonful each of cloves, ginger, cinnamon and nutmeg, and then add enough more flour to make a stiff butter. Bake in gem pans.

GRANDMOTHER'S HERMITS. Grandmother's hermits, made with sour milk, will keep a long time. For this reason they are particularly good to send quite some distance, as no matter how long they may be en route, they are sure to be as soft and fresh when they arrive as when sent.

Cream a cup of sugar with half a up of shortening and add to it one gg, well beaten. Then add half a cup of thick, sour cream, a teaspoonful of soda, two tablespoonfuls of molasses spice to suit, and half a cup each of chopped walnuts and raisins. Flour to mix soft. Drop from the end of a

To make a most unusual pie beat To make a most unusual per beat two eggs till very light, then add a cup of sugar and a cup of thick, sour cream, half a cup of raisins, and half a teaspoonful of cinnamon and half a teaspoonful of nutmeg. Bake between crusts

two crusts.

Cherry pudding. Peat one egg with a third of a cup of sugar. Dissolve a quarter of a teaspoonful of soda in a cup of sour milk, and add to it a teaspoonful of melted butter. Then add a cup of flour and a cup of stoned cherries. Bake in a hot over and saver. cup of flour and a cup of stoned cherries. Bake in a hot oven and serve with sugar and cream or with a of the finest physical types known in the dead streets of Pompeii appear of "one great white ways. When upbraided of the finest physical types known in the dead streets of Pompeii appear of "one great white ways. When upbraided of the finest physical types known in the dead streets of Pompeii appear of the d anilla sauce.

HE KNEW. Vicar: "So you have a fine chicken, eter? You ought to be very grateful to providence that you'll have such a nice

dinner."

Peter: "No. sir. Father said as 'ow we oughter thank Farmer Brown for leavin' 'is poultry 'ouse door open." the advent of the white man.

A doll that really walks is said to have been achieved by a New York inventor. It has "muscles" of rubber

#### Dr. Martel's Female Pills For Women's Ailments

A Scientifically prepared Remedy, recommended by physicians, and sold for nearly fifty years for Delayed and Painful Menstruation, Nervousness, Dizzness, Backache, Constipation and other Womdruggist, or by mail direct from our Candian agents, Lyman Bros & Co., Ltd., Toronto, Can., upon receipt of price, \$2.

# TIMELY RECIPES.

GOOD STOCK AND GOOD SOUPS. The basis of all soups is good stock. let the butcher to break up the bone of one and a half pounds of shin beef. Put in a stewpan and cover with cold water; add one carrot, one turnip, one onion, and a few peppercorns and salt. Let it simmer for several hours; strain the fat. A delicious and quickly made tomato soup is prepared by adding to one and a half pints of stock one breakfast cupful of small puree and a dessertspoonful of small sago, pepper and salt. Boil, stirring from time to time, till the sago is clear.

KIDNEY SOUP. Cut up an ox kidney in small pieces, carefully removing all the fat. Fry in a little butter, add a little water in a little butter, and a little water and ismmer for four hours; add two pints of stock, half a teaspoonful of sugar, one teaspoonful of mustard, pepper and salt. Thicken with one large tablespoonful of flour and boil

OX TAIL SOUP.

Joint the tail and fry lightly in a little butter; add one carrot and one turnip cut very small, a very little stock, and simmer till the tail is cooked. Then add three pints of stock, pepper and salt. Set aside till cool, skim off all the fat, reheat and

Minard's Liniment Cures, Colds, etc.

Te Asthma, Hay Fever and Catarrh sufferers. Write te-day and get a trial treatment of the world's greatest remedy, Buckley's two bottle mixture; nething ever made like it... One bottle gives instant relief, while the other drives the polson from the system. Something different; no burning or nerve wrecking drugs, but two scientific mixtures that will conquer any of the above aliments. Don't healtate a minute longer. Fill out the blank below and get started on the road to health.

W. K. BUCKLEY MANUFACTURING CHEMIST.

#### SCIENTIFIC JOTTINGS.

It takes 5,000 bees to weigh one

The newest camera feature mables the operator to expose part of a plate. Thus a number of small views may be made on one plate or film.

The trackless trolley now being made use of in New England pulls up at the curb to take on and off passengers.

A vocational school in Idaho is 14,-000 feet underground. It is designed for returning soldiers and instruc-Greater accuracy is obtained in the measuring of fine screw threads by a machine which projects an image of the threaded article upon a screen where it can be measured with the

least possible error.

That the tourist may have hot water whenever desired there is a small electric heater that may be

packed away in a handbag.

Among other things the war has been responsible for a great reform in the making of boxes for the shipment of goods. The United States has heretofore been neglectful of this work and packages from this country has been so poor as to interfere with the expansion of trade.

Carrier pigeons are playing a part in the patrol of the U.S. national for-

Some of the dwarfed trees of Japan have been known to live for 200 years Woodworking has been made easier

The size of the private telegraph ex-

change grows with the erection of every hotel or office building of any considerable proportions. The larges ever constructed is that of a New York hotel which has been recently opened to the public. It occupies 3,165 square feet of floor space, having an operating room 110 feet long by 15 feet wide, a terminal room 30 feet long and 52 feet wide, a rest room 23 feet by 15 feet and a locker and washroom 30 feet by 14 feet. The operating force consists of one chief operator, eight supervisors and 110 attendants. supervisors and 110 attendants. The many of our brave public men do switchboard consists of 23 positions. Thirteen positions are equipped with be such a thing as one shade's taking

ER CO

7.296.000 feet of wire.

vice in each of its 2,200 rooms, and

there are 40 public telephone booths

there are 40 public telephone booths served by four switchboards connected with the main switchboard. The following gives some idea of a few of the items which make up part of the telephone system: 630 fuses, 1,170 condensers, 2,400 relays, 5,350 lamps, 38,500 jacks, 750,000 soldered connections, 729,800 feet of wire.

According to Professor Vaughn Mac-Caughey, of the College of Hawaii, the

the history of the human race" is due

the history of the numan race is due to the introduction by white men of alcohol, plague, measles, leprosy, tub-erculosis, pneumonia and the most ter-rible of blood diseases, none of these having been known in Hawaii before

Found Platinum Beds.

Dr. Herschel C. Parker, of Colum-

tia university, while on an exploring

expedition to Alaska last summer, dis-

covered extensive platinum beds in

the Susitana and Yentna valleys in the Cook inlet country. He brought

out a large number of ore samples on

his return to the States, and is now

nouncing only.

metal. He expects to establish a plant for handling the ore when he goes back to Alaska.

"The Alaska platinum ore is low grade," said Doctor Parker, "but it is there in abundance. It will have to be handled in large quantities and under scientific methods of economy to make i: pay. Th equestion of its commercial value is simply one of engineering. With the end of the war and the conequent wide use of platinum for jewelry, I believe the Alaska beds prove a valuable source of world sup-

#### A Healthy Island.

The little island of St. Kilda, the most remote of the Hebrides—attacked by a German submarine a year all the British isles. It is only when the supply ship arrives there, does two or three times in the sum mer, that anything happens. Then the whole population catch cold and are ill for about four days.

#### 50,000 MEN WANTED

Before next month this number are wanted to step up and have their corns removed with Putnam's Corn Extractor—it's painless—safe—sure. Use only "Putnam's" it's the best, 25c

#### "BUNCOMBE."

How a Colonel's Name Came to Be a Term of Reproach.

Whenever I pick up a copy of the Congressional Record and numerous other publications and read the irrelevant speeches therein reported, I sigh for the memory of Colonel Edward Buncombe, "Girard" writes in the Philadelphia Ledger.

Through no fault of the gallant gen-tleman himself, there clings to his name an unpleasant significance which telautographs used for paging and an- vengeance upon another in the future

combe" became a terms of reproach, and the incident which made it so

Walker represented in Congress a district of North Carolina of which

Walker was one of those long disance orators who without half trying

could empty the halls of Congress and

put them in a condition beside which

the dead streets of Pompeii appear great white ways. When upbraided

"I am only talking for Buncombe."

meaning his home county.

And so "buncombe" became a new word in our language, which has been

conveniently shortened into the col-loquial "bunk."

Minard's Liniment Cures Garget in

United States Buys Feathers.

Although the export of feathers

(duck, fowl, etc.) from China as a

whole has decreased somewhat during

the past few years, owing to the elim-

ination of the German buyers, says a Shanghai newspaper the export of

feathers from China to America has shown a great increase since the out-

used this immortal phrase:

Buncombe county was a part. county had been named away back in 1791 in honor of Colonel Buncombe.

ENDORSED BY HORSEMEN UNIVERSALLY Spohn's Distemper Compound

SPOHN MEDICAL COMPANY, Goshen, Indiana, U.S.A.

happened a century ago.

a capacity of 3,340 extensions and 180 pull out Felix Walker's tongue.

The hotel has telephone ser-

# \$3000-50 ACRES NEAR LYNDEN, 25 acres clear, 25 acres slashing, 7 room frame house, frame barn, 23 x 50, some apple trees, 15 miles from Hamilton, ½ mile from gravel road, 2 miles from Governor's road, This is an exceptional bargain, J. D. Biggar, 205 Clyde Block, Hamilton, Ont.

\$4000-200 ACRES IN PARRY SOUND District, 50 under cultivation, free from stumps and stones, clay loam, well watered, ½ mile from C.N.R. Station, school and churches, 7 room frame house, cement cellar, barn, stable, drive shed and hen house, can be bought with or without stock and implements. This is a rare bargain J. D. Biggar, 205 Clyde Block, Hamilton, Ont.

ISSUE NO. 47. 1919 FARMS FOR SALE

FIRST-CLASS DAIRY FARM OF IN

acres—90 acres under cultivation, bal-ance pasture; in County of Peci, half-mile to schools, churches; good village; rallway stations; never failing stream; brick house with bath and water heating system; new bank barn; first-class stabi-ing and modern outbuildings; spring water on tap in all buildings; Hydre-elec-tric 100 yards distance; house for hired man. Apply Box 27, Cheltenham, Ont.

200 ACRES — ONE OF OXFORD'S best farms; two sets of splendid buildings; situation Al; price \$21,000.
W. S. Hastings, Woodstock, Ontario.

\$4500— NEAR BEAMSVILLE, 30 acres clay loam, including 3 acres bush and pasture land, 7 room brick house, stone foundation good cellar, frame kitchen and woodshed, verandah, good barn 30 x 36, 9 acres fall wheat, schools, churches, etc., in Campden Village % mile away. Will take city property in exchange, J. D. Biggar, 205 Clyde Block, Hamilton, Ont

\$4500-10-ACRE FRUIT, NEAR NIagara - on - the - Lake; apple,
peach, plum, quince, small fruits and asparagus; 5 acres clay loam, 5 acres sand;
2-story frame house, 9 rooms; barn 20x40;
2 small out-buildings, all in good repair.
J. D. Biggar. 256 Clyde Block, Hamilton,
Ont. Regent 334.

\$4800-15 ACRES, NEAR FEGUS: 11 acres garden, 4 acres pasture; spring creek; 375 black currant bushes, 400 raspherry bushes; apple, pear and other fruit trees; 10-room brick house, furnace, 3-piece bath; barn 30x60; buildings surrounded by beautiful shade trees and hedge; school 300 yards away; churches, High School and station at Fergus, 1 mile away; rural mail and telephone. This entire property is offered for less than the cost of the house. J. D. Biggar, Hamilton.

200 ACRES. TOWNSHIP SENECA. County of Haldmand, near Caistorville; frame house; good barn; cement stabling; good fences; small orchard; wind will, with complete equipment of implements and stock. For sale as a going concern at sacrifice; immediate possession. J. D. Biggar, 205 Clyde Block, Hamilton, Ont. Regent 934.

300 ACRES; SUPERIOR FOR DAIRY-ing or grain growing; very fertile; centrally located; County of Halton; will sell half separately. H. G. Cockburn & Son, Guelph.

#### MISCELLANEOUS

PAY YOUR OUT-OF-TOWN AC-counts by Dominion Express Money Orders. Five dollars costs three cents.

# WANTED. RAW FURS-WHAT HAVE YOU; what price? Reid Bros., Bothwell. Ont., Canada.

Enjoys a reputation equalled by no other veterinary remedy. For 25 years it has been used and recommended by the leading horsemen and stockmen of America. For 25 years its use under trying conditions has won for it the highest esteem of veteran trainers and drivers. SPOHN'S should be in every stable to prevent contagion, whether INFLUENZA, PINK EYE, DISTEMPER, COUGH or COLD. Buy of your druggist. F OR SALE—HIGH-CLASS GOLDEN and Silver Wyandottes; been breeding them continuous 35 years. If you are looking for winners and winter layers write me. Also pedigreed Airedales from the best blood lines procurable. I. J. Blake, Almonte, Ont.

# FOR SALE

PAIR PRACTICALLY BLACK FOXES; also twenty other pairs. Reid Bros., Bothwell, Ont., Canada. The switchboard has world Colonel Zuncombe will at least It was all Walker's fault that "bun-

# SEED CORN

Finest grades; quality guaranteed; 8
Row Yellow Flint, White Cap, Yellow
Dent, Golden Glow, Early Bantam Sweet,
Large-cared Eureka Evergreen sweet
corn; also perfection Bean and Timothy
Hay. Buy direct from grower and save
the middleman's profit. S. J. McLennon,
R. R. No. 4, South Woodslee, Ont.

# PROPERTIES FOR SALE.

S UBDIVISION FOR SALE IN TOWN
of Oshawa, consisting of 35 acres; lies highest of any property in town, and only a mile from the business centre. Apply

FOR SALE-PARRY SOUND DISTRICT -300 acres timber, hemlock, birch and maple. Apply W. Jenkins, Everett, Ont.

#### MACHINERY FOR SALE. PLANING MILL MACHINERY. COM-

bined planer and matcher, tenoner, shaper, jigsaw, cut-off saw, borer, mortiser, jointer, counter shafts, pulleys, and hangers, line shafting and pulleys, for sale or would exchange for good portable sawmill, C. J. Thornton, Orono, Ont.

# HELP WANTED-MALE.

WANTED - FIRST-CLASS GARAGE man. State experience and wages wanted. Reid Bros., Bothwell, Ont.

MEN WANTED FOR SAWMILLING and bush work, near Georgetown. H. G. Cockburn & Son, Guelph.

# MACHINERY FOR SALE

TEN HORSEPOWER DOUBLE CYLINder steam engine; fully equipped; mounted on steel truck; one hundred and fifty dollars cash. Alonzo Palmer, 592 Talbot street, St. Thomas, Ont.

# Some Girls.

A quiet little girl—Minnie Mumm (Minimum).

A smart, sweet girl—Amy Ability (Amiability).

A girl of weight-Addie Pose (Adi-A girl of the upper circle—Ella Vation (Elevation).

A gracious girl-Jeanie Ality (Geniality).

A lively girl—Annie Mation (Ani-

mation). A singing girl—Chorus Kate (Coruscate). A girl who measures up-Ann Ounce

A flowery girl-Flo Ridd (Florid). A queenly girl-Dinah Stee Dyn-

A passing girl—Eva Nescent (Evan-

A rising girl-Emma Nation (Eman-A religious girl—Rose Aree (Rosary).

A wealthy girl-Mary Gold (Marigold).
A comedy girl Carris Kature (Carl-cature).

SUCCESSFULLY TREATED

ly taken. ,

This Free Booklet Tells How

and that is what it does. It is taken inwardly, acts directly through the blood, softens the goitre, dissolves it and casts it entirely out of the system. No cases cured have shown any return of the disease, and in some of these it is four years since the growth disappeared.

Every bottle of Gu-Solvo sold has done wonders. We have kept record of every case. Often one bottle is sufficient, and it seldom requires more than three, even in cases of long standing.

shipping containers used.

One Month's Treatment (Bottle Containing 93 Doses) \$5.00.

41 Scott St., Toronto, Canada. Phone Main 548.

W RITE us for free copy of booklet giving history of first and only successful remedy for goitre and enlargement of the neck.

Read about the cases already successfully treated—cases right here in Ontario. People who have suffered 15 to 20 years from this repulsive disease are now in the best of health and their necks are perfectly normal. No trace or scar remains.

Gu-Solvo has done this. The name means, goitre dissolver,

All correspondence strictly confidential. Plain envelopes and

The MONK CHEMICAL CO., Limited

Men, why suffer longer. Let me make you a vigorous man. Let me restore your physical condition to full manhood. Don't be a weakling any longer. Make up your mind to come to me and I will give the best treatment known to science—the one successful treatment based on the experience of 29 years in treating men and their ailments. Dr. Ward's Methods Unrivalled, Thorough and Permanent Do you realize that you have only one life to live—do you realize that you are missing most of that life by ill health? A life worth living is a healthy life. Neglect of one's health has put many a man in his grave. I have been telling men these things for many years but still there are ousands of victims who, for various reasons, have not had the good sense come and get well. for half an hour.

to come and get well.

Specialist in the treatment of nervous conditions, nervous exhaustion, backache, lumbago, rheumatism, stomach and liver troubles, acne, skin diseases, catarrh, asthma, rectal troubles, piles, fistula and blood conditions. OFFICE HOURS: 9 a.m. to 5 p.m. Sundays-10 a.m. to 1 p.m. FREE CONSULTATION EXAMINATION.

Weak and relaxed state of the body, nervousess, despondency, poor emory, lack of will power, timid, irritable disposition, diminished power of oplication, energy and concentration, fear of impending danger or misforne, drowsiness and tendency to sleep, unrestful sleep, dark rings under es, weakness or pain in back, lumbago, dyspepsia, constipation, headache, so of weight, insomnia. Dr. Ward gives you the benefit of 29 years' continuous practice in the treatment of all chronic, nervous, blood and skin seases. The above symptoms, and many others not mentioned, show ainly that something is wrong with your physical condition and that you de expert attention.

Before beginning treatment you must make one visit to my office for a personal physical examination. Railroad fare will be considered as part payment of fee. Canadian money accepted at full value.

DR. WARD

79 NIAGARA SQUARE BUFFALO, N. Y.

DR. HERRICK