

DAILY MAGAZINE PAGE FOR EVERYBODY

Household Helps

How to Regulate the Interruptions of Your Workday

By ISOBEL BRANDS

So often the busy wife feels that if it were only for the interruptions, her day would be so easy! She begins work after breakfast, determined to clean bedrooms and living-rooms, and just about the time she is getting a good swing into work, the door bell rings. The order boy from the grocer's has called. She gives him instructions, and trots back to her work. Five minutes later the telephone interrupts, although she doesn't need any...

The Business Man's Methods.

He starts dictating his mail, when the telephone rings, and some prospective client whom he must handle carefully, persists in talking about five or ten minutes when the matter he discusses could be disposed of in a minute. The business man starts dictating again. A caller arrives, and after waiting five minutes declares he must have an interview at once or he will have to depart. Then there are the varying number of interruptions from clerks who want instructions, or some information. How is it that the business man can handle his interruptions and how can the housewife do likewise?

Time Savers for Housewives.

So, too, the housewife can arrange to have deliveries of goods made to her at the hour of the day which suits her convenience best. Instead of going to the market an appliance which is now made to interrupt the housewife when she brings her goods. This is an excellent door which is built like a closet, and which opens on both sides and is divided into four compartments with individual doors.

Three Minute Journeys

WHERE BREAD IS MADE AND DRIED IN VILLAGE STREETS.

Whether or not the war that is convulsing the world really is an outgrowth of the Italian question, the wars that have raged in these little states on the eastern edge of Europe have been wars of independence. It might almost be said that for a thousand years Bulgaria and its neighbor states have been in a ceaseless condition of war. From the days of Bulgaria's own powerful Czars, through their de-



A Bulgarian Breadmaker.

And undeniable advancement in civilization, the people still held fast to the customs of their forefathers. One of the oldest of these customs is shown by our illustration. This is the making of the native bread outdoors in the street, and the drying of that bread close to the feet of the passers-by. In many of the interior towns no house-doores. Of all her work that bread-making gives her the greatest opportunity for social intercourse and the subsequent chances for gossip that seem to be the joy and heritage of the daughters of the world over.

ADVICE TO GIRLS

By ANNIE LAURIE

DEAR ANNIE LAURIE: I am going with two boys. I do not know which one I love the more, but they are both very serious. Should I drop one of them or continue to let both come to see me? I am 16. Do you think my love for a certain young man is "puppy love," as a girl friend says, or do you think it is real? I think my love for both is sincere. What do you think?

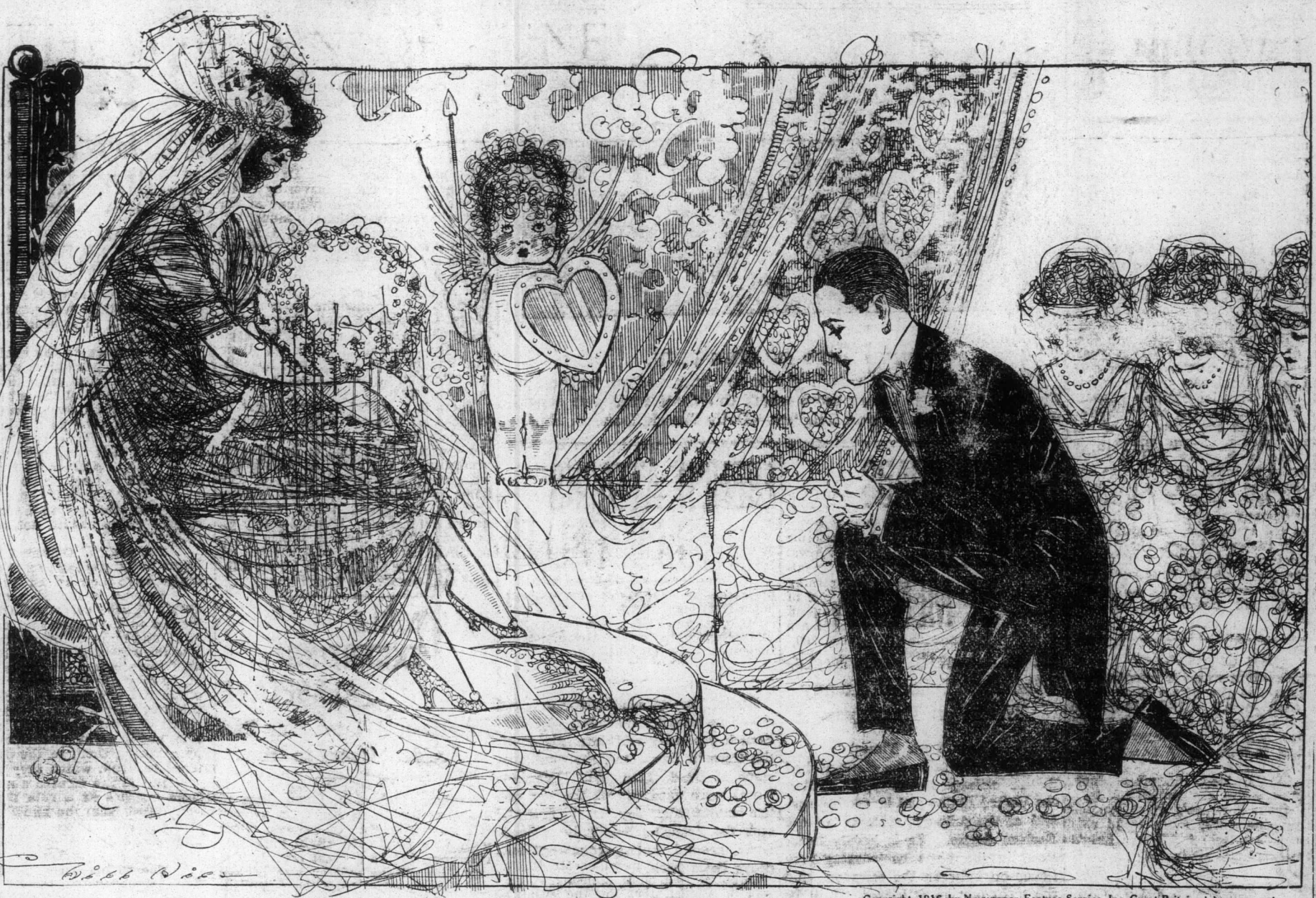
ANXIOUS.

ANXIOUS: Real love is a serious thing and a wonderful thing. It means a great deal to think of spending your life with a person, and certainly a little girl of 16 is not capable of doing such a problem for herself. I feel quite sure that you're in love with neither of the boys you tell me about, for if you were in love with either one, you would know that you didn't love the other. Don't you try to be the sensible girl your writing shows you can be, and learn to think less of yourself and the future, and try to get the very best of each passing day and hour? The joys of life are yours now, and the friendships are just wholesome affection for your boy and girl companions. Don't spoil it by thinking it is love.

THE QUEEN OF JUNE

By Will Nies

Secrets of Health



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LOVE knows no season, 'tis true. But the dream-marriage month is the month of flowers that tomorrow ushers in. Then it is that Faith, Hope and Trust join hands—that Imagination meets Fulfillment—that Eavy merges into Helpfulness. For no matter how much each girl may wish that SHE wore the bridal veil, all find vicarious joy in making the event perfect. Naught but kindly thoughts and happy hopes follow the June Bride. ALL bow the knee to HER. And the one who bows the lowest is he who worships most.

REVELATIONS OF A WIFE

By ADELE GARRISON

Why Dr. Braithwaite and Dicky's Sister Refused Margaret's Invitation to Stay at Her Home.

Do you know that clock is not too fast? Ask Central. My mother-in-law, a red spot on either cheek, walked anxiously as I turned obediently to the phone, took down the receiver, and asked the correct time. "Eleven twenty," I reported. "One minute slow," she exclaimed dependently. "What can be keeping them? Are you sure they said the train was on time?" turning to Miss Samot. "Not only on time, but arrived," returned the nurse. "Call them up again, Margaret," the elder Mrs. Graham commanded abruptly. "They must have made a mistake. The train must be late. Nothing else would keep Harriet from coming straight to me unless there has been an accident."

How They Met.

A taxi cab whirled to the street entrance below the stopped. I sprang to my feet and rushed to the door of the apartment. Were Dicky and his sister on the stairs, or was there a message of dimness? In his way to me? In another moment I heard Dicky's cheerful tones, and caught my first glimpse of his dearest relatives. A kindly giant—this was the impression I received of the celebrated surgeon coming up the stairs behind Dicky who had Dicky's sister on his arm. I only had time to notice that my sister-in-law was a handsome woman, possessed more than she liked of "too, too tall hair" before they reached the top of the stairs. "This is my wife, Harriet," Dicky an-

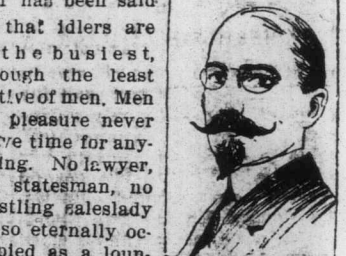
FOLLY of the WISE and WISDOM of the FOOLISH

Sometimes a promising young man plays. What cordite is to a bullet enthusiasm is to a man. Some people are always in hot water or being roasted. A man who loses his head hardly ever lands on his feet. We all know that silence is golden—but we keep on talking. Don't forget that a pretty girl likes to be told she is clever, too. A lot of men like warm weather—especially when it's too warm to work. It is difficult to believe that high ideas and a dirty collar can go together. The glass insurance firm would starve in a month if only the people without sin threw the stones.

Regular Work Actually Needed To Keep You Well

By DR. L. K. HIRSBERG

A. B. M. A. M. D. (Johns Hopkins)



It had been said that idlers are the busiest, though the least active of men. Men of pleasure never have time for anything. No lawyer, no statesman, no bustling business man is so eternally occupied as a lounge about town. He is linked to labor by a series of indefinable nothings.

Of course, work is a thing of which every one tires at times, and the hour when you can stop working is always an enjoyable one. Holidays are generally happily looked forward to. Few persons like to get up in the morning. You wish some one would leave you a fortune so you wouldn't have to work any more, yet your own good "horse sense" tells you that work is really best for you. Every day you see the evil consequences that follow when men and women—even those who have plenty of money to amuse themselves—have no work to do.

Idleness is the worstest kind of ailment. It is an old saying. He who does not work, there are two classes of people with money—those who find work for themselves, in spite of their money, and those who make their money an excuse for doing nothing. Those who find no work to do are always the worse for their money.

Human beings must have occupations and purposes in life. Man is made in every bone and cell and impulse to do things, to form purposes, and to carry them out. When a man who has worked all his life retires and is so un lucky as not to find some good hobby to work at instead of his ordinary work, and so has nothing to do, he soon discovers that all play and no work is just as bad as all work and no play.

Answers to Health Questions

F. B. A. Q.—My son has a bald spot on his head about the size of a silver dollar. What will grow hair on this spot?

A.—There is nothing that will grow hair on a bald spot.

CONSTANT READER. Q.—Kindly advise a remedy for oily hair with large amounts of dandruff in it.

A.—Kindly advise what to do for hairs split on the ends.

A.—The scalp discs of dandruff may be removed by washing the scalp either with soap or with water or Castile soap and water. Then the surface may be treated with the following lotion: Precipitated sulphur, 15 ounces; distilled water, 16 ounces; glycerine, 1 ounce; salicylic acid, 1 ounce.

"I am awfully sorry, mother," the big man stammered, "but I'm afraid it is all true. You see, every minute almost of this week before we sail is taken up with important engagements for me, and we have taken a suite of rooms at the Clinton so that the people whom I have to see can come there. I have to spend a day in Boston, and—"

"He is to go one day to Washington, a terribly important conference with high officials," said Harriet. "As for the luncheon, Edwin couldn't eat a thing at breakfast, one of his headaches, and so, when we got off the train, didn't dare let him wait another minute for something to eat."

"But, Harriet," her mother protested, weakly, "couldn't you stay here?" "Why, mother," her daughter rolled proudly, "you know Edwin needs me constantly. He would forget every appointment he had and go to dinner without a collar if I were not there to look after him. No, I'll be with you every minute I can, but I simply cannot stay here. It is impossible."

I cast a furtive glance at the big man's face, saw the proud old lips asserted so proudly were really so. What I saw made me ashamed of my ungracious doubt. He was smiling lovingly at his wife, and her eyes were reflecting the love light in his. Evidently they were thorough comrades as well as lovers.

But as I looked at my mother-in-law's white face, saw the proud old lips working pitifully in an attempt at self-control, watched her furtive fidgeting at her tear-filled eyes, I told myself passionately that widely devotion was, of course, most admirable, but that it could be decidedly overdone.

Today's Fashion

Leghorn Hat Trimmed with Gause Roses in Pastel Tones.



QUITE the prettiest hat to wear this afternoon frock of sheer material is a wide, and falls gracefully down at one side. Usually the hat boasts of a colored facing, and in this particular instance it is of Gobelin blue Georgette crepe.

The trimming towers high in the front and consists of three large gause roses in the palest tones of mauve, blue and yellow.

The fellow who comes and tells you his troubles will soon be one of your creditors.

One thing is certain: The individual who coms the costumes for the musical comedy milkmaids never lived on a farm.

There is one kind of man who will let his wife to do whatever she thinks best, and then go around the place bragging that she always does what he tells her to do.

The Car YOU

Grav

LIGHT IN A GIANT

YOU can't afford to be out of the car. It is the most important thing you own. It is the most expensive thing you own. It is the most useful thing you own. It is the most beautiful thing you own. It is the most comfortable thing you own. It is the most reliable thing you own. It is the most economical thing you own. It is the most practical thing you own. It is the most modern thing you own. It is the most stylish thing you own. It is the most desirable thing you own. It is the most valuable thing you own. It is the most important thing you own. It is the most expensive thing you own. It is the most useful thing you own. It is the most beautiful thing you own. It is the most comfortable thing you own. It is the most reliable thing you own. It is the most economical thing you own. It is the most practical thing you own. It is the most modern thing you own. It is the most stylish thing you own. It is the most desirable thing you own. It is the most valuable thing you own.

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