(13)

********** The Upward Look

A Great Work for the Master inasmuch as ye did it unto one the least of these, my brethren.

did it unto me

For just a little while, will my readers accept an invitation to a birth-day party at a settlement house, in

our large cities? This party is for the wee tots in the day nursery of the institution, to celebrate the anniversary of its founding. Of course a big cake is there, with

the regulation number of candles, while around the small tables are children of almost every nationality and all ages. Although the little faces are aglow with joy, yet on almost all, there are such sad marks of evil heredity of sin, suffering and want,

Beautifying the Farm

With the Household Editor How many of our readers celebrate Arbor day on the farm? This week no doubt the children have been tell-ing you when they come from school in the evenings what they are plan-ning to do on Arbor day, how they intend improving the school grounds by planting flower beds, planting

trees or by a general clean-up.

It is true that so much time has to It is true that so much time has to be given on the farm just at this season of the year planting the things that are necessary, that we often fail to realize the fact that just a little more time spent in planting would do so much to beautify the home surroundings. But why need plan to have an Arbor day around the home this year? The farmer is home surroundings. But why not the home this year? The farmer is busy from morning to night in the fields, and his wife is just as busy house cleaning and performing the multitudinous duties around the hereafter of ain, subering and wain, noise creating and performing the hat one's heart aches and is sore with pity.

Then we go upstairs, where the litter ones take their naps. There are and cooperation between the two to

UITE the newest cure for "the blues" is the simple insistence to smile. UITE the newest cure for "the blue" is the simple insistence to smile. Smile early and often; the more things go wrong the more roung unust smile. The facial muscles being those through which the greatest play of expression is possible, it follows that their reaction upon the mido is the quite of the mere effort to smile produces a change of feeling, and the artificial soon becames real. Then again, smiling prevents that downward droop at the corners of the mouth, which not only ages a young face, but gives a sulky, disagreeable look to even the pretitiest of faces.

rows of small white cots. rows of small write cots. As there spend a low hours preparing the are not enough of these there are grounds and planting a few flowers clothes baskets. When there are and vines around the home to make improvised beds of slats with little.

Vines and flowers have their place. draw mattresses.

We watch the children at their merry games. As I watch I see a little one slip out of the ring go up to a sad-faced lady visitor in deep mourning and take her hand. The dy with a quivering face grasps it nd holds it.

and hous it.

Afterwards the matron shows us the back legs of the little chairs, all worn off slantingly, from being pushed up and down over the floors, when they go-carts, carriages, motors, any-ng that the youthful imagination invent. We also see the long of little white wash cloths, each with the owner's name worked on it.
The matron is asked if there is mything the children would like par-icularly. The answer is "I know The answer is omething I would like, and that is pair of scales, to see if some of these ttle ones do not weigh more than then I got them." As she speaks he picks up one wee mite of humanand hugs it close.

When we leave, the sad-faced lady and the little child are still standing and in hand as they watch the

Thus at a very small cost, the mothrs who have to go out to work and ave no one at home with whom they are no one at home with whom they an leave their children, can take hem to the day nursery, where they seeive tender care and wise watch LHN

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As there spend a few hours preparing

Vines and flowers have their place on the farm as well as around the city home, and a very little extra care and extra expense will make the home surroundings many times more attractive than they would otherwise be. By planting climbing plants, such as clematis or roses, and train-ing them to run up the veranda or ing them to run up the veranda or on a trellis, they will add much to the beauty of the home. These climb-ing plants can be used also good around an old stump of a trees a around an old stump of a tree of ornament for the gate-posts of to conceal some unsightly object and transform it into a thing of beauty. Flowers planted along the house will give much pleasure, not only to the nembers of the family, but to passers-by as well. Give this Arbor day idea a trial this year and see how it works

Mostly Up to You

When the world's a goin' erooked, Or it looks that way to you— Somehow seems to be a tangle To 'most ever'thing you do;

To 'most ever'thing you do;
When you start out of a morini'
With your luck a-runnin' wrong.
The birds along your pathway
Have a harshness in their song,
And the grass, though soft and

velvet. You will sort o' stumble through. Sich times, if you want things bet-

Friend, it'ts mostly up to you.

'Taint hard smilin' with the sun-

But it's during stormy spells When our weary feet are slippin' That the stuff what's in us to you won't have flowers allus In the paths you travel through; till, if you would have things better Friend, it's mostly up to you.

. . .

Before breaking eggs for frosting let them stand in cold water for a short while until the eggs are cooled through, and the frosting will be much stiffer and nicer.





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