PAGE OF INTEREST TO WOMEN

POWER TO DEVOTE REST OF DRAMATIC CAREER TO CANADA

Famous Actor Speaks At Canadian Club.

RECEPTION HELD

Col. McCullough Also Attacks Modern Stage and Offers Help.

Tyrone Power, the celebrated English actor, was the guest of honor at the Women's Canadian Club meeting held at the Institute of Musical Art yesterday afternoon. His message dealt with the tremendous importance of the drama in the life of a nation, especially of Canada. "I speak very seriously about the stage," he declared. "The business and the art of acting is a very serious thing in that it means so much to a nation. Carlyle has said that the rise and fall of a nation may be infallibly traced to its drama. Why? Because the drama reflects you; it reflects the public; it reflects the nation. Lately, there has been a most vicious attack on the drama by the church and the press, who say that the drama is demoralizing. That is not true. The drama is not demoralizing. If there is anything vicious, vile or degrading on the stage, it is you, the public, who are responsible. If you demand good plays you will get them. There are noble and beautiful men and women on the stage, who are waiting to give them to you.

Commercialized.

"The trouble is that the stage has become commercialized, and gives only what the box office wants. Thus the public is not educated to appreciate a good play when it comes. The other night in Hamilton, when I was playing in a most serious and touching scene, a roar of laughter came from someone in the audience. I was so hurt that I wanted to walk off the stage.

"Do you know, we are living in the most decadent age that ever was known, with the exception of the reign of Charles I. People sit through plays that they refuse to let their children see, comforting themselves with the fact that it won't hurt them.

"I am appalled at the thing I see on the stage today. I believe that we have got to clean the stage and you, the public, have got to do it. Ninety per cent of the people that go into a theatre check their coats and their intelligence with them.'

To Be in Canada.

The speaker, who intends to devote the rest of his professional career to the Canadian theatre, then referred to the new Trans-Canada Theatre Company.

"I am speaking not as an advertiser, but for your souls' sake—for the sake of Canada," he said. "We are going couver the best of English plays, but to bring you from Halifax to Vanwe are going to do more than that. We are going to make Canada present plays and give these plays in London, England, just as plays from London, England, will come to Canada. We are no longer going to be under the heel of the American stage. And we are not going to be continually thinking of what will be best to meet the needs of the box office. I have never known a great work of art not to be a success financially. I want to bring you plays of Galsworthy and such men. I will bring them to you because they deal with immortality. I am going to bring wonderful plays, that have never been produced, to Canada, on to Australia and Africa, and then give them in London, England.

Col. McCullough.

A second and unexpected speaker of the afternoon was Lieut.-Col. Chas. McCullough of Hamilton, founder of the Canadian Club Movement in Canada. He also dealt with the subject of the drama in Canada, moving a vote of thanks to Mr. Power for his address.

"We in Canada are being exploited by New York," he declared. "We are just as much under the heel of the New York dramatic trusts as Belgium was under the heel of Germany. It's time we claimed our dramatic independence. And if we have to go any place for our drama, we should go to the great old reliable English stage."

Col. McCullough suggested that the Canadian Clubs of Canada should be advised by the Trans-Canada Theatre Company of the good things which were coming, so that they might advertise them and thus have a share in the work of elevating the Canadian stage.

Want to Co-Operate.

"We want to co-operate with this thing," he declared. "Thank God, the Canadian stage as we see it is not a Canadian stage. It is an American stage. Let us create a stage of our own."

The speakers were introduced by Miss Grace Blackburn, who occupied the chair. After the meeting a reception was held and tea served at the institute.

NOTED CANADIAN TENOR.

Edward Johnson, the great tenor of the Chicago Opera Company, has returned after seven years' absence. Mr. Johnston is a Canadian—a native of Guelph, Ont. He sang in New York as a choir boy, and later in comic opera and then went to Europe. His Pagliacci —Vesti la Giubba (On With the play)—No. 64940, his Victor Record, costing $1.25, will delight every Canadian, and may be had in the Victrola Parlors of Ye Olde Firme of Heintzman & Co., Limited, 242 Dundas street, London, Ont. b

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WORTLEY ROAD BAPTIST LADIES' AID RAISES $412

Miss Mills Is Elected President For Coming Year.

The annual business meeting of the Ladies' Aid of the Wortley Road Baptist Church was held on Thursday evening at the home of the president, Miss Mills.

From the treasurer's report it was found that the past year had been very successful financially, $412.80 having been received in membership fees and the proceeds in sales. After donations had been made to various departments of the church, there was still a balance on hand of $58,88.

The following were elected as officers for the coming year: Hon. president, Mrs. N. S. McKechnie; president, Miss Mills; first vice-president, Mrs. Finnegan; second vice-president, Mrs. McLellan; treasurer, Mrs. Dalgleish; recording secretary, Miss Black; corresponding secretary, Miss Weber, and pianist, Mrs. Clarke.

Mrs. Dalgleish and Miss Detwiler were appointed to audit the treasurer's report.

At the close of the business part of the program, light refreshments were served, and a social hour was enjoyed by all.

A hearty vote of thanks to the hostess, Miss Mills, and a vote of appreciation to the retiring executive were tendered by those present.

Y. W. C. A. FOREIGN SECRETARY VISITS LOCAL ASSOCIATION

Tells of Bad Factory Conditions in Japan and How Y. W. C. A. Helps.

Miss Beattie, foreign secretary of the Dominion Y. W. C. A., arrived in the city on Thursday night, and will spend the next week here, speaking before groups of girls in an effort to interest them in the work of the foreign department of the Y. W. C. A. Miss Beattie was for several years in Japan in connection with Methodist missions, and thoroughly understands conditions on the foreign field. The Y. W. C. A. is now supporting six secretaries in the East, one in Japan, two in China, and three in India. The new budget for the foreign secretary work for Canada amounts to $10,000, and will include the support of two new secretaries, one for Japan and one for India. Miss Beattie hopes to so thoroughly interest the people of London in this work that they will want to share in helping make up the budget amount.

Miss Beattie also wants the young women of the country to become interested in the foreign work of the Y. W. C. A. with a view to becoming a secretary.

Among Factory Girls.

"The work in the East is mostly among factory girls," said Miss Beattie. "And factory conditions there are terrible. I know conditions in Japan better, because I have lived there, but I believe that in China they are far worse. Twenty years ago Japan was not a great industrial country. That growth has come within but the last few years, so that factories have sprung up very rapidly, and the buildings and conditions are bad.

"The system of recruiting through rural districts for girl employees also brings about a condition practically of slavery. Girls are bought from their parents for a certain sum, which they must pay off by working in the factory. Legally they are not slaves if they assume this debt, which they are unfortunately unable to pay. They are boarded and live in the factory dormatories which are overcrowded and insanitary, with the result that a large portion of the girls have to leave stricken down with tuberculosis.

Some Altruists.

"You must not forget, however, that there are some employers in Japan who are really working for the good of their employees.

"The Y. W. C. A. workers go in among these girls, and try to give them something to live for. They provide recreation, gymnasium work and eventually dormitories for the girls."

A CHAMPION SKATER

MISS JEANNE CHEVALIER the champion woman skater of Canada, having captured the honor at a recent tournament in Montreal. Photo of Miss Chevalier at the Montreal Arena practicing a few of the latest stunts in figure-skating.

CENTRAL DEPOT FOR THE DISTRIBUTION OF CLOTHES, ADVISES MOTHERS' CLUB

The members of the board of education were the invited guests of the Chesley Avenue Mothers' Club held Thursday night in the school. But two of these were present, however—Mrs. A. T. Edwards and Mrs. Tanner. The speaker for the occasion was J. H. Laughton on "Public Conscience," the address delivered being an exceptionally fine one. Musical numbers were rendered by Miss Hedley, Miss Sleeth and A. B. Stein.

The question of sending of cast-off clothing, resurrected during the house-cleaning season, to some central depot, where charitable organizations, such as the Children's Aid, might easily get them, was discussed. The opinion of the meeting was that such a place might be found and that the distribution of goods would be infinitely easier. If such a scheme were adopted by all clubs and organizations in the city.

LOCAL GIRL GUIDES PASS A SUPPLEMENTARY TEST

Six Win Special Mention From the Examiners.

During the recent examination for girl guides in laundry work, many of the candidates were unavoidably absent through illness, and from other urgent reasons, so Miss M. Moore and Miss S. Macklin held a supplementary test for these guides on Thursday afternoon at Lenmore, King street, with the following results:

Special mention for excellence of work: Knox Church: Edith Taylor, Ethel House, Verlie Rodgers; Y. W. C. A.: Gwen Shields, Lenore Luney, Jean Dulmage.

Pass—First Methodist: Annie Hickson; Y. W. C. A.: Gladys Morrison, Dorothy Merrett, Frances Ralph, Alice Heather, Mary Heather, Margaret Fairley, Edith Essex, Meda Hartry, Lilla Pattison, Rita Pattison; Knox Church: Ruth Blakeley, Flowella Hillis.

SOCIAL AND PERSONAL

Miss Louise Allen Lyon of Detroit is the guest of Mrs. A. N. Udy, Maitland street.

Mrs. A. T. Edwards is in Stratford, assisting at the organization of a Women's Canadian Club there this afternoon.

Lieut.-Col. C. R. McCullough of Hamilton is the guest of Mrs. Parnell Morris, Colborne street. Col. McCullough addressed the Men's Canadian Club Friday at noon at the Tecumseh House.

Mrs. R. M. Graham has returned to the city after a lengthy visit in Ottawa, where she was present for the opening of Parliament, and the National Women's Council executive meeting.

One of the biggest and most enjoyable card parties of the season was that held at Wong's Cafe yesterday afternoon by the Campbell Becher Chapter, I. O. D. E. Forty-five tables in the rose room and room adjoining were engaged for the afternoon, and many more ladies arrived at the tea hour, which made the attendance go away over the 200 mark. Over $125 was taken in by the chapter, the proceeds of the tea to be in aid of the sick children's hospital.

The committee in charge of the affair included Mrs. F. J. Greenaway, regent of the chapter, in navy georgette; Mrs. Line, black lace and satin; Mrs. Percy Braddon, in navy charmeuse; Mrs. T. W. P. Jones, in olive green georgette, and Mrs. Sangster, in tan with touches of coral. The Sir John Carling and Sir George Ross Chapters assisted in the punching.

At the tea hour delightful music was rendered by Mrs. Corda Ward Buchner, distinguished local violinist, and Miss Anna Cockerill, who gave delightful numbers. The accompanists were Mrs. Sangster, and Mr. Fred Killmaster.

McDONALD—HARE.

The marriage of Charles Lorne McDonald, son of Mr. and Mrs. Charles McDonald of Reece's Corners, Plympton, and Miss Bertha Christina Hare, daughter of Mr. and Mrs. Albert Hare, Forest, took place Wednesday, at high noon, at the home of the bride's parents, the Rev. S. W. Muxworthy performing the ceremony.

The bride, who was given in marriage by her father, was gowned in maize georgette, and wore the regulation bridal veil. Her niece, little Thelma Jean Vance, in white, made a charming flower girl, while the bridegrom's sister, Miss May McDonald, played the wedding march. After a wedding dinner the young couple left for Toronto and Hamilton, and on their return will reside in Wyoming.

WHAT'S IN A NAME

ALBERTA.

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Alberta, meaning nobly bright, has its origin in the Teutonic language. It is one of the names coming from the nobility of which Aethel is the root.

Aethelbryht was its first form, though it was a masculine name and was given to the first Christian king of England. The famous bishop of Prague, who was martyred near Dantzig, while preaching to the heathen Prussians in 997, was called Adelbrecht and his fame spread the use of the name throughout a great part of Europe.

Italy received it and straightway changed it to Alberto. It is from this latter that the feminine forms, Alberta and Albertine, were formed. The husband of the late Queen Victoria, who bore the name of Albert, brought both the masculine and feminine into great vogue in England. Indeed, it has since been accepted as a national name.

But, like all names which have a masculine and feminine equivalent, Alberta has no really individual existence. After all, she is merely a masculine name with a feminine termination. But unlike many of her contemporaries, such as Edwina and Roberta, she is almost frivolously feminine and is not regarded as a substitute name for the hoped-for son and heir who was to have been called Albert.

Jade is Alberta's talismanic stone. It has the power to assure its wearer great prosperity, and freedom from danger and disease. But it should never be removed from the finger, arm, or throat on which it is worn. Monday is Alberta's lucky day and 1 her lucky number.

Cynthia Grey's Mail-Box

Matilda Peeps In.

Dear Miss Grey.—Thought I'd take a peep into the corner, although it's my first visit. I enjoy your page very much. Where are Mrs. Homebird and the old ones? I, too, love reading. My favorite author is Gene Stratton Porter. The stories, "Love of the Wild" and "Helene's Married Life" are good so far, according to my opinion. I passed entrance a couple of years ago. I never went to school since. What do you think of my writing? No, I do not want the S. F. pattern; that is sure a wonderful pattern. I guess I'll stop before I offend anyone. Will sign my name,

MATILDA.

Ans.—Your writing is just a trifle large, Matilda. Glad you think the Mail-Box is so interesting. I'm not a bit offended, so call again.

Here's a Vamp.

Dear Miss Grey.—As this is my first letter to the Mail-Box, I hope it will find its way there safely.

We have taken The Advertiser for a number of years, and like it fine, also the story, "Love of the Wild." I only wish they would print more of it at a time.

Miss Grey, if you would be kind enough to send me "The Owl's" address, also "A Wild Rose of Sixteen" and "Scarlet Runner." I think I can keep them all going for a while.

This is one awful pen I have to write with, so please excuse it for once, and if I ever write again I will try and find a better one.

I don't think I care for the stocking-foot pattern this time, but will send a small mite for the C. H. F.

Will send addressed envelope for addresses, thanking you for same.

THE VAMP.

Ans.—Be careful, Pageites, here's a Vamp in our midst, and don't dare mention it, but he's of the male 'suasion.

Addresses forwarded, and remember, Vamp, please behave, won't you?

HOME ECONOMICS

MRS. ELIZABETH KENT, MacDONALD COLLEGE.

GOOD BOOKS FOR MOTHERS.

A mother needs good books to help her in the intricate business of child-rearing, just as much as a housekeeper needs cook-books in the kitchen. On every mother's kitchen shelf, beside the standard cook-books there should be a standard book on the physical needs of children, and one or more on their mental and moral needs. A good many odd times in the day come when she can sit down for a few minutes and refresh herself for her tasks by dipping into these books.

Perhaps she noticed some symptom in the child yesterday that worried her, some local irritation, or fretfulness, or languor. She can set her mind at rest by looking it up in Emmet Holt's "The Care and Feeding of Children," a standard book, sane, careful and clear. Prevention is better than cure," and Holt's book has saved many a child from an illness, and many a dostor's bill.

Perhaps a mother is troubled by some new naughty tendency, some habit that she cannot understand. She can look that up, too, in such a book as Kirkpatrick's "Fundamentals of Child Study." She can get inspiration to fresh patience in her life of a thousand details by reading such a wholesome, cheerful book as Elizabeth Harrison's "A Study of Child Nature." It is a great comfort to know that most children have to go through certain phases, and to have advice about how to help them through, with the least wear and tear for them and for her.

Being a mother is a task of infinite variety; it calls upon every ability a woman has, and constantly bids her learn more than she knows. If she has three books such as these at her command, she has reliable and inspiring assistance in her difficult task.

TALKS ON HEALTH

BY WILLIAM BRADY, M. D., Noted Physician and Author.

Dr. Brady will answer all signed letters pertaining to health. Writers' names are never printed. Only inquiries of general interest are answered in this column, but all letters will be answered by mail if written in ink and a stamped, self-addressed envelope is inclosed. Requests for diagnosis or treatment of individual cases cannot be considered. Address Dr. William Brady, in care of this paper.

Save the Wrapper. 12—The Yeast-Eating Fad.

Any brand or kind of pure yeast is a wholesome food and a very nourishing one, containing not only a large proportion of protein, but much of the unidentified food accessory known as vitamin. In fact, the only objectionable yeast so far as I know is the wild or impure kind.

It is true that many skinny individuals who for one reason or another have adopted the yeast-eating habit have made remarkable gains in weight. This cannot be ascribed to the food content, for even if yeast were pure protein a little cake of yeast taken after each meal would scarcely affect weight appreciably. It may be due to the vitamin content, for vitamins are essential to normal growth and nutrition, at least in younger persons. Or it may be due to the improvement of digestion and the increased appetite which yeast-eating often brings about.

Once in a while one who takes yeast complains of a disturbance of digestion, and has to discontinue. As a rule, digestion is not disturbed, but may be even improved. Many yeast eaters find that they are less troubled with flatulency or fermentation and gas formation—just the contrary to the effect popularly attached to yeast eating. There is a tendency towards loosening of the bowel, but often this is in itself advantageous, since it enables the yeast eater to dispense with the inevitable physic.

One compressed yeast cake—any brand sold by grocers for baking—taken after each of the three meals, mixed with water, milk, fruit juice, soup or any beverage, for from three to six or more weeks, seems to bring about a cure in many cases of chronic acne (pimples). It is not a specific cure, but it can do no harm, even though it fails to do any good.

The same remedy has been found efficacious in the treatment of furunculosis, which is the doctor's way of saying recurring boils.

Certain types of eczema have been benefitted by yeast, though I cannot recommend yeast for such a protean malady. I have encountered—as every doctor has—all sorts of conditions masquerading, and being wrongly treated, as eczema, among them such diverse diseases as lupus (tuberculosis of skin), psoriasis, scabies. In fact, we find that something more than one-half of all cases self-diagnosed as "eczema" are not eczema at all. And it is curious how contented victims of skin diseases are to leave such mysteries unsolved.

If one eats yeast, and likes it, I can see no reason why the yeast should not be taken forever. As I have already said, it is a wholesome food.

As a local application for foul, sluggish or sloughing ulcers, a paste of fresh yeast applied thrice daily (without any antiseptic bathing), often brings about great improvement and cleaning up of the raw surface so that healing may proceed. The yeast, if not killed by heat or antiseptics, digests away the foul, necrotic tissue and stimulates the growth of healthy granulations.

QUESTIONS AND ANSWERS.

Gulping Food.

I am fond of milk and take a pint of certified milk for my breakfast each morning, usually nothing else. But I find that it causes considerable rumbling and gas and sometimes discomfort after I take it. Is there any way I can take milk without this trouble? It has apparently improved my health a great deal and I hate to have to discontinue it.—H. E. E.

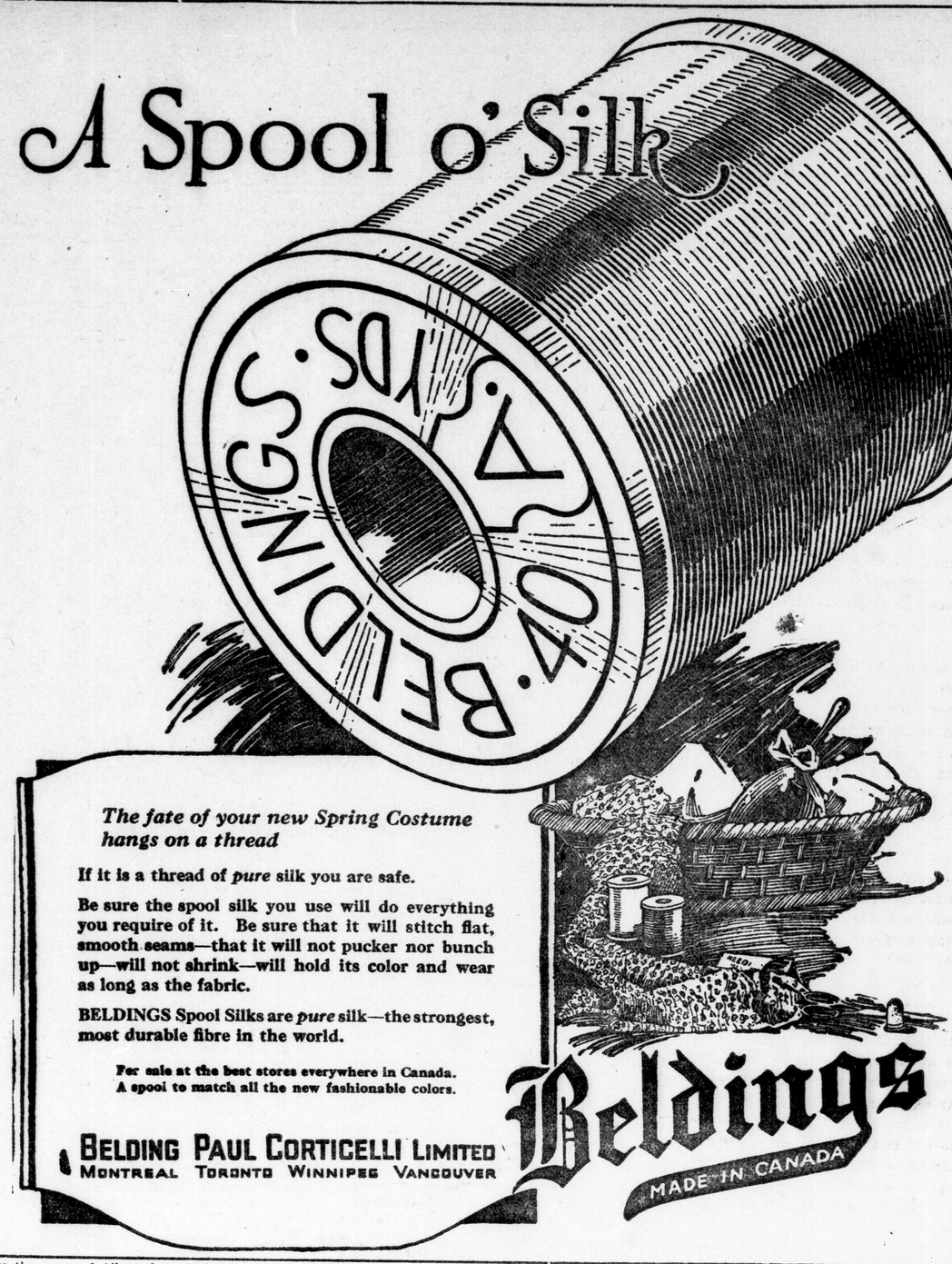
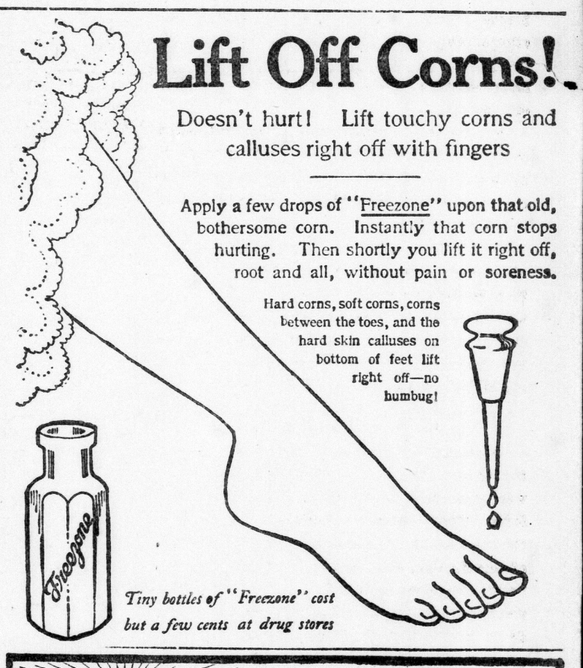
Ans.—If you will sip the milk leisurely, allowing each sip to remain for a few moments in the mouth before swallowing it, to give the ptyalin ferment in the saliva a chance to act upon the sugar of the milk, you will have no difficulty. The milk should be neither very cold nor very hot, but warm or moderately cool, preferably about blood temperature.

Radium.

Is the radium treatment really good or is it just another game such as the various alleged treatments of the electro-medical doctors recently exposed? —Mrs. E. D.

Ans.—I do not know what you mean. Various crooks have fleeced the public with fake "radium," but genuine radium is of greatest value in treating inoperable cancer in a get-at-able situation.

Superfluous Hair.

1. Can superfluous hair on the face be permanently destroyed by the X-ray? 2. Can you recommend something which will remove superfluous hair from the armpits?—M. M.

Ans.—1. I know of no competent X-ray technician who uses the ray for this purpose on the face, but only for destroying hair elsewhere. 2. If the normal growth of hair in the armpits must be removed a safety razor is the most satisfactory agent.