

How to Take Care of the Baby

THE NURSERY

Location and Furnishings.—The nursery should be a large, airy room, above the ground floor, and with a southern exposure. Plenty of light, air and sunshine are essential to the baby's welfare. The furniture ought to be of the simplest, with no upholstery; the bed of enamelled iron or brass, and the draperies of light, washable materials.

At the windows, both light and dark shades are needed, as the new-born infant is very susceptible to light and therefore for the first few weeks the nursery should be kept darkened.

The floor should not be carpeted, only a few light rugs placed where they are most needed, and care must be taken to keep these scrupulously clean. No stationary washbasins or plumbing of any kind must be allowed in the room. Furniture and floors should be wiped daily with damp cloths, and not dusted.

Ventilation.—Particular attention must be paid to the ventilation, which can be secured at all times without a draft by means of a window board about five or six inches wide and long enough to fit the window exactly when the lower sash is raised to insert it. This admits