

# OF CANADA

rich french cream sauces. The presence of such a prominent French culture makes Quebec a most charming and interesting place to visit.

In visiting Ottawa, the capital city of Canada, one should not miss the grand Parliament buildings and excellent museums. Johnny was impressed with the quality of the artwork in the museums. If you find the nightlife in Ottawa a little too quiet, cross the river to Hull where the clubs and bars stay open long after those in Ottawa have shut down.

One is unlikely to visit Canada and not notice the amount of sports and outdoor activities going on. Johnny and Greenstreet took advantage of the great outdoors by participating on a horseback riding and white water rafting trip. The horseback riding proved to be a serene and tranquil ride through nature while white water rafting down the Jacques Cartier River was a thrilling adventure for both. The climate of Canada is such that you can choose from a wide range of favourite outdoor activities. In some areas, it is possible to find yourself waterskiing one day and snowskiing the next.

Greenstreet, being a sports fanatic, was sure to catch a few ball games, plentiful in Canada. You can watch a baseball or football game under the blue skies in the new stadium in Toronto or if the clouds happen to roll in, no worries, the stadium's retractable roof will also roll overhead to keep you dry. Off the fields and onto the ice one can watch the popular Canadian sport of ice hockey.

Aside from this trip to Canada, both Johnny and Greenstreet have visited the west coast of Canada. There, the snow covered mountains offer skiers a real haven. Whistler Resort, located two hours north of Vancouver attracts skiers from around the world offering some of the finest skiing on the globe. A little further east, you encounter the Rocky Mountains where Lake Louise in Banff, beautifully set in the midst of the Rockies, are popular year round resorts. They both remarked that the Westcoast lifestyle was a little more relaxed than that in the East.

The final word from Greenstreet and Johnny on their visit to Canada: Thumbs up!

*Yan Yan Li is a lawyer working for Boughton Peterson Yang Anderson in Hong Kong*

