

maxim, therefore, I shall give my fair readers as a charm; it consists of three Greek words, which I will present to them in the English pronunciation and translation; and which if they will repeat three times deliberately before they utter one intended hastily expression, they need not doubt of securing the love and tenderness

of their husbands; whom I enjoin reciprocally to practice it when it comes to their turn:

An-ekou kai Ap-ekou.

Bear and Forbear.

## ACCOUNT OF THE GALLA, AN AFRICAN NATION.

[From Bruce's Travels.]

**T**HE Galla are a nation of shepherds who formerly lived under or beyond the line. The cause is not known, but they have been, for many years, in an uniform progress northward. They were at first all infantry; when they penetrated to the north and conquered the Abyssinian provinces, and some Mahomedan districts, bordering on them, they acquired a breed of horses, with which they have mounted their troops, and are now a nation of cavalry. These Galla are of a brown complexion, with long, black hair; some, who live in the vallies, are perfectly black. At first, their chief food was milk and butter, but they have now learned of the Abyssinians to plow and sow their lands. They seem to affect the number seven, and have divided their immense multitude threefold by that number. They all agree, that when the nation advanced to the Abyssinian frontiers, they were then in the centre of the continent. The ground beginning to rise before them, seven of their tribes, or nations, filed off to the east, towards the Indian ocean; and, after making settlements there, and multiplying exceedingly, they marched forward, due south, into Bali and Doware, which they first wasted by constant incursions, then settled there in the reign of David III. in 1537.

Another division of seven tribes went off to the west, about the same time, and spread themselves in another semi-circle round the south side of the Nile, and all along its banks, round Gejam, and to the east, behind the country of the Agows, (which are on the east side of the Nile) to that of the Gongas and Gassas. The high, woody banks of this river have hitherto been their barrier to the southward; not but they have often fought for, and often conquered, and still oftener plundered, the countries on the Abyssinian side of that river; and, from this reign downwards, the scene of action with the Abyssinians

has constantly been on the east side of the river. All I mean is, they have never made a settlement on the Abyssinian side of the Nile, except such tribes of them as, from wars among themselves, have gone over to the King of Abyssinia, and obtained lands on the banks of the river, opposite to the nation they have revolted from, against which they have ever after been the severest bulwark.

A third division of seven tribes remained in the center, due south of the low country of Shoa; and these are the least known, as having made the fewest incursions. They have, indeed, possessed Walaka, a small province between Ambara and Shoa; but this has been permitted politically by the governor of Shoa, as a barrier between him and Abyssinia, on whose sovereign he scarcely acknowledges any dependance but for form's sake, his province being at present an hereditary government, descending from father to son.

All these tribes of Galla gird Abyssinia round at all points from east to west, making inroads, and burning and murdering all that fall into their hands. The privities of the men they cut off, dry, and hang them up in their houses. They are so merciless as to spare not even women with child, whom they rip up, in hopes of destroying a male. The western part of these Galla, which surrounds the peninsula of Gojam and Domot, are called the Boren Galla; and those that are to the east are named Bertuma Galla, though this last word is seldom used in history, where the Galla to the westward are called Boren, and the others Galla merely, without any addition. All these tribes, though the most cruel that ever appeared in any country are yet governed by the strictest discipline at home, where the smallest broil, or quarrel among individuals, is taken cognizance of, and receives immediate punishment.

Each of the three divisions of Galla elect