

should avoid, as far as possible, meats, sweets, beer, wine, etc., limiting the diet largely to fruits, vegetables, milk, etc. From two to six grains of salicylate of sodium every day or two for two weeks to a month before the regular hay-fever season, will keep the acid in the body down to the normal amount. Any local organic disease should receive appropriate treatment.—*Internal. Jour. Surg.*

SULFONAL IN THE TREATMENT OF THE INSANE.—Dr. John N. Scally (Maryland Hospital for the Insane) reports as follows, concerning the action of sulfonal:

"In treatment at this hospital, sulfonal has been used for its hypnotic effects in the stages of excitement during attacks of acute mania, mania following epilepsy, recurrent mania, chronic mania, and also in melancholia.

"It has not been our custom to give it regularly every day, but only at those times when, owing to the extreme restlessness and motor excitability of patients, sleep is denied them. In the management of acutely maniacal patients just admitted, when it is necessary to secure immediate rest, and, as is often the case, when the patients' very lives demand it, sulfonal has not failed in any case in which it has been used. Given in drachm doses, preferably in whisky. Not only has it secured from six to eight hours of sound sleep, but it has produced quite a decided amount of motor sedation, lasting from eight to twelve hours after waking. In each case sleep was obtained within one hour after administration, and in none was any bad after-effects noticed.

"Three of our cases, two being acute mania and one epileptic mania, furnish evidence of the value of sulfonal as a prompt and reliable hypnotic, when given in sufficiently large doses. In the first two cases, both patients had been given morphine injections and other hypnotics by their family physicians, with no appreciable effect. In both cases sulfonal acted promptly. In the third case, sulfonal was found to act much more promptly than bromidia, paraldehyde or morphia, all of which had been previously given."—*Albany Med. Annals.*

PEROXIDE OF HYDROGEN IN CONJUNCTIVITIS.—Lautenbach, *Therap. Gazette*, advocates the use of peroxide of hydrogen in conjunctivitis. He has been quite successful in the treatment of this troublesome disease, by the following method: From 10 to 30 drops of the solution, full strength, is instilled at the outer canthus of eye, and with the fingers a degree of massage is applied over the entire surface of both eyelids. A second, third or fourth application can be made if necessary. In trachomatous cases the eyelids should be everted and rubbed with rubber end of the eye-dropper.

A saturated solution of boric acid is then used to irrigate conjunctival cul-de-sac. The inflamed surfaces are thus cleansed and ready for whatever application is necessary. The treatment is not intrusted to the patient but is performed by the surgeon himself, once or twice a day, or a few times a week, according to indications. Dr. Lautenbach says it is important to have peroxide test beyond ten volumes, that it should not lose its oxygen on slight change of temperature, and most important of all, that it should not contain any free acid. Undue amount of free acid causes pain and untoward effects. On account of the uncertainty of preparations fit for use, Marchand's should always be procured. The lids should be everted and thorough exposure of conjunctiva had, it is then cleansed by warm solution of boric acid.—*Med. Fortnightly.*

"Doc."—If it has been your misfortune to be called "Doc," and if this recognition has become at all general among your friends, you might as well move to some other place. A man may be called a thief, a liar and a dead beat, and yet he may prosper and live upon the fat of the land. But once let him be called "Doc" and his professional success is at an end. We would prefer to spend a night in the station house, so far as our professional success is concerned, rather than to have our friends notice our approach by saying, "There comes Doc." If a man calls you "Doc" you need never expect a penny from him for any professional services you could render. His answer is sure to be, "All right, Doc, in a few days that will be all right." "Doc" means disaster. "Doc" is the culmination of all calamity. "Doc" is a catastrophe given at one stroke. "Doc" is the warning that we have reached the extreme limit of our usefulness. "Doc" is the hand which points us to the next town. Shun it, my young friend, as you would flee from a Kansas cyclone or a prairie fire. Knock the man down who first dares speak it to you; and call upon the whole medical profession for vindication of your righteous deed.—*National Med. Review.*

SANMETTO IN CYSTIC AND PROSTATIC TROUBLES and in diseases of the mucous membrane of a chronic character. I have not been in the habit of endorsing proprietary medicines, but *Sanmetto* is such an elegant pharmaceutical combination, that I must make an exception in its favor. I have used several bottles of it in my practice, and have obtained most gratifying, and I may say, *surprising* results. In cystic and prostatic troubles it will not disappoint the practitioner. I have found it useful in all diseases of the mucous membranes of a chronic character. I could not get along without it.—IRA D. BROWN, M.D., Woodsport, N.Y.