

results, and because the co-operation of a considerable number of the patients with the industrial work of the sanatorium would help to lessen the inevitable expenses of the institution.

A deputation of medical men and prominent citizens, representing the five counties of Perth, Oxford, Wellington, Waterloo and Brant, recently waited on the Ontario Government, asking that the grant of \$4,000, promised by the Government to municipalities which would undertake to erect and maintain sanatoria for consumptives, be in this instance raised, as these were the first counties to form themselves into a group for this purpose. It is understood that the Government was favorable to the proposals; so it may be expected that the inauguration of municipal sanatoria for consumptives is now on the way and that within the space of a short time these institutions will be scattered all over the Province of Ontario.

When these sanatoria are established, we hope that the industrial feature alluded to in this article may not be lost sight of.

J. J. C.

TO LIVE TO BE ONE HUNDRED YEARS OF AGE.

To one who dwells upon time with regard either to its sentimental or its historical relations, it may be a matter of considerable interest that a human being should live to be one hundred years of age. To the centenarian prolonged life can scarcely be a pleasure, for he necessarily feels himself amongst strangers—a dependent, perhaps—his youthful companions all dead; wife, perhaps even children, removed from his side; new things all around him.

Yet, Sir James C. Browne, an author of various works on nervous and mental diseases, declares that "it is a good working hypothesis to regard the natural life of man as one hundred years. Every child," he says, "should be brought up impressed with the obligation of living to be a hundred years, and should be taught to avoid irregularities in living which tend to prevent the attainment of this ambition. While it was certain that a century of health and vigor could be attained, it could only be reached by faithful obedience to the laws of health and simplicity, and tranquility in living."