LESSON XII—September 20th, 1896.

Destructive Vices. Prov. 16: 22-33.

(Commit to memory verses 25-27).

GOLDEN TEXT: "There is a way that seemet h right unto a man; but the end thereof are the ways of death." Prov. 16: 25.

PROVE THAT-We should be careful of our words. Jas. 3: 2.

SHORTER CATECHISM. Quest, 81. What is forbidden in the tenth commandment? A. tenth commandment forbiddeth all discontentment with our own estate, envying or grieving at the good of our neighbor, and all inordinate motions and affections to anything that

LESSON HYMNS. Children's Hymnal-Nos. 127, 116, 114, 113.

DAILY PORTIONS. Monday. Destructive vices. Prov. 16: 22-33. Tuesday. Sin and its results. Prov. 6: 6-19. Wednesday. Warning from the past. 1 Cor. 10: 1-13. Thursday. The way of folly. Prov. 12: 8-15. Friday. The right way. Isa. 30: 15-21. Saturday. Seeking strength. Ps. 119: 105-120. Sabbath. Prayer for purity. Ps. 141. (The I. B. R. A. Selections).

HELPS IN STUDYING.

INTRODUCTORY. There is no special connection between this and the preceding lessons of the quarter. We find, however, many excellent principles set forth by way of encouragement to the upright in life, shewing the necessity of possessing certain qualities of heart and mind in order to realize the grand end and purpose of our lives in this world. There are also lessons of solemn warning to the ungodly, and all that lightly esteem or hold the truth in unrighteous-There is also inculcated in this lesson right principles of temperance, or self-control, in all the relationships of life.

I. Value of Experimental Religion. vs. 22-26. II. The Ungodly and LESSON PLAN.

Righteous Contrasted. vs. 27-33.

food to nourish the body. The soul needs ruling providence that disposes of the events food and hungers and thirsts for the bread of life according to His own good pleasure. life and the water of life. We must work, for

22. Understanding—Capable of wisely if not we should not eat (2 Thess. 3: 10), discerning between things. Well-spring—We must also "Work out our own salvation, A fountain of life (chap. 13: 14). A perennial spring of real joy and true happiness. Hath the spring of real joy and true happiness. Hath (Philotter) Well and to do of his good pleasure" (Philotter). it—Understanding is something to be obtained, (Phil. 2: 12). Work is the allotted portion of something to be possessed. Instruction of man in this world. "I must work the works fools—Not what they give but what they of him that sent me" (John 9: 4). 27. Unreceive; to no purpose and without profit. 23. godly—We find four words employed in this The heart—The regulator of life. When ard the following two verses to designate the filled with worthy thoughts and noble desires character of the unrighteous man: (1) Ungodly, filled with worthy thoughts and noble desires, character of the unrighteous man: (1) Ungodly, the words of the lips will be wisely and judiciously chosen. The heart determines the charshauster; "as a man thinketh in his heart so is he" (Prov. 23: 7). 24. Pleasant words whe (Prov. 23: 7). 24. Pleasant words seeds of discord. The tongue when used for soul—Heney extracted from the comb is James (3: 6) describes it, "It defileth the delicious and greatly enjoyed. The ingrafted whole body and setteth on fire the course of word of grace is more precious to the christian than even honey comb (Ps. 19: 10). Health The hoary head—Old age, when hallowed to the hones—Ropes ald strength and give and sweetened through growth in the christian to the bones—Bones add strength and give shape to the body. The word of truth gives graces, is honorable and commands respect. The word of truth gives graces, is honorable and commands respect. The broad way, offering many pleasures and great rewards. The end therefor—Hew terrible the end; it leads to death spiritually and eternally. The social glass has done this, an has led to many a drunkard's grave. Death is the end of all sinful paths and pleasures. "The wages of sin is death" (Rom. the physical athlete. 33. The lot is cast into the lap—A very ancient method of 6: 22). 26. Laboreth for himself—He determining a matter by the casting of lots. to the bones-Bones and strength and give and sweetened through growth in the christian 6: 23). 26. Laboreth for himself—He determining a matter by the casting of lots. that labors honestly and faithfully labors for his own good. His mouth craveth—Needeth proposes but God disposes." There is an over-

LESSONS. 1. True knowledge leads to greater usefulness. 2. The wages of sin is death. 3. The beauty of self-control.