TRAVELLER'S GUIDE -

Dominion Atlantic In this Condition Only a Tonic To the Editor of the MONITOR: Railway

Time Table Revised to April 1st, 1919

GOING WEST

	Express Daily a. m	Express Daily p. m.	
Middleton	11.37	8.10	
Brickton	11.44	8.18	
Lawrencetown	11.51.	8.25	
Paradise	11.58	8.32	
Bridgetown	12.09	8.43	
Tupperville	12.20	8.54	
Round Hill	12.29	9.03	
Annapolis	12.42	9.20	
Upr. Clements	12:53		
Clementsport	12.59		
Deep Brook	1.05		
Bear River	1.15		
Imbertville	1.18		
Smith's Cove	1.22		
Digby	1.37		1

GOING EAST

	Express Daily p. m	Express Daily a.m.	Mixed
Digby	12.00		1.
Smith's Cove	12.15		1.
Imbertville	12.19		
Bear River	12.23		2.
Deep Brook	12.33		2.
Clementsport	12.43		2.
Upr. Clements	12.53		2.
Annapolis	1.05	5.15	3.
Round Hili	1.19	5.28	3.
Tupperville	1.29	5.37	3.
Bridgetown	1.40	5.48	4.
Paradise	1.51	5.59	4.
Lawrencetown	1.58	6.06	5.
Brickton	2.05	6.13	5.
Middleton	2.12	6.20	5.

R. U. PARKER, General Passenger Agent.

GEO. E. GRAHAM,

wednes-	IN EFFECT Jan. 5th 1919	Wednes- days only
Read down 11.10 a.m. L. 11.41 a.m.	STATIONS v. Middleton Ar *Clarence	Read up 5.00 p. m 4.28 p. m 4.10 p.m.
12.00 m. 13.32 p.m. 12.49 p.m.	Bridgetown Granville Centre Granville Ferry	3.43 p. m. 3.25 p. m.

Deminion Atlantic Railway.

H. C. MacFARLANE District Passenger Agent

Dominion Atlantic R'y To BOSTON, MONTREAL

and all points in

WESTERN CANADA and UNITED STATES via DIGBY and CANA-DIAN PACIFIC LINES

at Lowest Rates For fares, sleeping accommodation and other information telephone or

R. U. PARKER

General Passenger Agent 117 Hollis Street, HALIFAX, N. S.

CASH MARKET

Prime Beef, Fresh Pork, Lamb. Chicken, Hams and Bacen, Sausages. Headcheese, Pressed Beef, Mince Meat, Corned Beef and Pork. Salt Mackerel, Boneless Co

Fresh Fish every Thursday.

Thomas Mack

January Fifth

1920 Our classes resume after the Christmas Recess. Despite the fact we are the largest and best irritation. equiped Commercial School in Eastern Canada our space is heavily taxed and we admit only by prior arrangement.

Write today for Reservation. MARITIME

BUSINESS COLLEGE HALIFAX, N. S. B. KAULBACH, C. A.

PASH FOR OLD STAMPS. COLions or odd lots bought; special s for those used before 1871. Get dignity and reticence. "When you and bring or send them to me. It's preaches a spashul good sermon I J. C. MERRILL, Bridgetown. hopes you will show me de same

Conitor Office or St. James Hotel.

ARE YOU WEAK

AND RUN DOWN? Medicine Can Renew Your

Health

The condition of being "run down" in regard to the cost of heat and light is one that doctors do not recognize as we are in the hands of one of the as a disease. The physician of today largest monopolies in the world the who gets his training in a hospital Standard Oil Co which has been where only severe disorders are en advancing oil and gasoline step by countered knows little about it. But step until oil is now getting to be a those who are run down in health luxury, the price retail being 32 cents

know that it is not fancied affle. The expression "run down" applied time before it will be 40 cents and no to health means a condition in which one can predict where it will go. But all the bodily functions are enfeebled, are we going to lay down and see appetite fails and digestion is im- this gross injustice put upon us praising it," said Mr. Burgess. "For paired, the nerves are improverished, without trying to better our conditthe complexion becomes pale or waxy ion. This is a very good time for able to work but about three days a there is no animation, but rather every body to express themselves as week and have had to spend a good worry and mental depression. Fatigue to how we can find a better light part of my wages trying to get my is a constant sympton. No particular without the advanced cost. organ being affected, you must look Well I will make a suggestion which for relief to the blood. As it circulates I hope every fair minded man or

improvement in the condition of the into. Although there is always a forehead all the time and also had blood is quickly felt throughout the difference of opinion in almost every- spells of dizziness when I would have entire system. As a restorer of the thing, there should be no difference to catch hold of something to keep blood and builder of weak nerves Dr. of opinions as to the proposition that from falling. My stomach finally got Williams' Pink Phys stand at the head I am launching upon electricty. In in such a bad shape that I could the various organs regain their tone want, and with the resources that we suffered terribly from gas and bloat-Ample proof of this is given in the door, why cannot we have an up to but still I suffered and could not get onsulted a doctor who gave me medi- make laws the same as Ontario which do for relief. ine. but it proved fruitless as I was province is developing her vast Hydro "At last a friend begged me to try netite completely failed and I fell within reach of every citizen, regard- about it long ago, for it has really 125 pounds. I was sometimes taken Editor, I would recommend the follow- I used to suffer with a dreadful hurt-

*Karsdale | 3.05 p.m. | *Karsdale | 3.05 p.m. | That I was finally enabled to go back | Satisfactory to almost everyone, and and thanks to Tanlac I have found it. | John; Col. Borden, Major Clarke, Mrs. | Ar Port Wade Lv 2.45 p.m. | The restored to according to the rate in Optonio | it. | Connection at Middleton with all health. I owe this splendid condition would cost less than oil at 25 cents as when I first got my run seven years Morehouse, Windsor; Mr. and Mrs. C. Connection at middleton with all life and can per gallon or about \$12.00 a year for ago. It certainly was lucky for me J. Eldridge. M. C. Carty, Digby; J. W. points on H. & S. W. Railway and to Dr. Williams' Pink Pills and can per gallon or about \$12.00 a year for ago. It certainly was lucky for me J. Eldridge. M. C. Carty, Digby; J. W. strongly recommend them to any one 6 lights.

> tained through any medicine dealer, afraid to express their views in the A. Mumford and in Bear River by L. or may be had by mail post paid at matter. Thanking you, Mr. Editor, for V. Harris. 50 cents a box or six boexs for \$2.50 your valuable space. from The Dr. Williams' Medicine Co..

Brockville, Ont.

EVE HAD NOTHING ON HER

LIFT OFF CORNS!

Apply few drops then lift sore,

touchy corns off with

fingers

it right out. Yes. magic.

soft corn, or corn between the toes,

and the calluses, without soreness or

everybody had tasted it. It was ex-

xcellent. The nergo minister who was

the guest of honor, could not refain

"Dat's as fine a goose as I evah

saw, Bruddah Williams" he said to

his host. "Whar' you get such a fine

"Well, now parson," replied the

carver of the goose, exhibiting great

consideration."

The bride was gowned in white WELL SATISFIED WITH chrystanthemums and Autumn leaves' formed the accorations-Elgin III.

I remain yours truly,

Paradise, Jan 16, 1920.

A CITIZEN

Mrs. A. Bernard, La Presentation, Que writes: "I have used Bally's! Own Tablets for my baby and am well satisfied with them. I have recommended them to several of my friends who have also used them with beneficial results." The Tablets are a mild but thorough iax tive which regulate the stomach and howels and thus prove of benefit in cases of indigestion, constipation, colic, colds, etc. They are sold by nedicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine-Co., Brockville, Ont.

A CHEERFUL GIVER

"Here, Benny", said Mr. Bloombumpand went to church.

had given, his papa asked him when West are wont to imply. Dosen't hurt a bit! Drop a little he returned and Benny replied: "Well, that corn stops hurting, then you lift papa, it was this way. The preacher A tiny bottle of Freezone costs but a and I knew I could give a nickel a

WANTED THE SAME CONSIDERAT- mouth on Friday for Halifax. We recently solid to New York parties. this the injured man spoke up in a a position as commanding officer ci R. I. to Genoa, Italy with a cargo of The goose had been carved and

UNABLE TO WORK CORRESPONDENCE FOR EIGHT MONTHS HEAT AND LIGHT

For Four Years Conductor Could Only Work Half Time, Never DEAR SIR: I wish through the Misses an Hour, Now columns off your valuable paper to

express my views in a humble way The remarkable results being obtained from Tanlac is further evidenced in the case of Albert Burgess, a popular conductor on the Winnipeg Electric Railway, who lives at 453 Stradbrook avenue, Fort Rouge. Mr. or more and it will only be a short

the past four years I have not been health back. For eight months, I was unable to hit a lick of work and through every part of the body, and woman will take the pains to look suffered with awful pains through my of all tonic medicines. Every dose the first place why should the people scarcely eat a thing and barely enough of these pills helps to enrich the blood in the rural districts be deprived of to keep me alive. What little I did and strengthen the nerves, and thus light when the towns have all they eat source on my stomach and and the body recovers its full vigor, have in Nova Scotia almost at our ing. I took all kinds of medicines. tatement of Mr. William Devine, date Government at Halifax who could myself in shape to work more than orard street east. Toronto, who says: and should make provision to promote half time. I would go for weeks at Two years ago while employed as a the well fare of all the people as far a time without getting more than an JAN 4-J. W. Beckwith, Bridgetown conductor on the Toronto Street as it can be made feasable who are hour's sleep a night. My condition Dr. W. Beckwith, Halifax. Callway I became much run down. I not supplied with electricly and was awful and I didn't know what to

onefantly growing weaker. My an-Electric resourses and placing it Tanjac and, now I wish I had known way in weight until I only weighed less of their circumstances. Now, Mr. made me feel like a brand new man. with fainting spells, and finally felt ing plan: That the Government of ing in the pit of my stomach. but ompelled to resign my position. I N. S. through a Hydro Electric com- after taking Tanlac a short while this Longley, H. A. Henson, Upper Granried what I thought was lighter work, mission utilize the water power of the trouble disappeared and now my ville but with no better results. I was Gasperaux river and also the water stomach is in such a good shape that growing weaker and weaker. One power of the Paradise River which I can eat just anything I want and day a chum urged me to try Dr. I might say is one of greatest powers never suffer a bit with gas or pain Sydney; A. H. Milner, Annapolis; Williams' Pink Pills, but by this time for water on account of the large and my apperite is so big that I can John LeFrois, Rochester, N. Y.; Geo I was heartily tired of medicine, as lakes at the fountain head and place hardly get enough to eat. The pains Gardner, R. C. Blakeney, Habifax; nothing I had taken did me any good Hydro Electric plants at both places have not only left my head, but at C. P. Burns, St. John; F. E. Skinner, Finally he bought me a box of the and operate them under Government my misery is gone, and I have not G. A. Grant, Springfield. pills, and I could no longer refuse to control and sell the "Juice" to the missed an hour from my work since JAN-H. Stairs, D. A. Gowie try them. After a time I felt they different districts as they may put shortly after I began taking Tanlac. Wolfville; A. S. Alcorn, Berwick; T were helping me and then I gladly themselves in position to receive it I have also gained several pounds in C. Bateman, A. E. McCulloch, Annacontinued their use, with the result at rates of cost. That would be weight but what I'was after was relie' polis; A. Banks, F. Urquhart, St. to my old position fully restored to according to the rate in Ontario it I can now handle my work as well Cyril Burns Smith, Halifax; W. B

I hope everybody will take an Tanlac is sold in Bridgetown by

A LIVE COMPANY

that of the Homstead Farm of the Howard Bligh estate.

yielded 4500 barre's apples last fall. The excellent modern residence is attractively located a short distance north of Woodville Station.

and K. Leslie belong to a family well known both in Halifax and the Valley and we feel that both they and the people of Woodville and vicinity should be congratulated on their "Diamond Dyes" Make Old, Shabby,

The sale has added interest on account of its completing the disposal ago formed one of the largest country estates in the province.

This sale also brings the total value er to his young son, as the latter of property sold by Mr. Ilsley since started for church, "are a five cent April 1st 1919 to well past the \$400 .piece and a quarter. You can put 000.00 mark. He expects to reach which you please into the contribut- half a million by the end of his first ion box." Benny thanked his papa business year, all of which goes to show that our Valley is not such a Freezone is the sensational discovery of a Cincinnati genius. It is Curious to know which coin Benny dead place as folks in Ontario and the prohibition law renders it obsolete.

hard pine.

MICKIE SAYS

I WONDER WHY IT IS THAT A FELLER WHO WINDS HIS WATCH REGLAR EV'RY DAY 'LL LET HIS PAPER RUN CLEAR DOWN AN' STOP, WHEN HE ONLY HASTA THINK OF IT WUNST A YEAR? I WONDER!



Hotel Arrivals

AT THE ST. JAMES

JAN 3-F. M. Bishop, Lawrencetown; B. Anderson, E. Marshall, P. Slocomb, B. Miller, Bridgetown; D. Carlton, Portland, Me.

JAN 5-A. Pilcher Kentville; Stewart Bauld, J. W. Beckwith, Bridgetown; G. R. Wilson, Jim Stuart, Halifax; Adams, Annapolis; E. C. Sollows, Bridgewater; F. A. Cunningham, St. John; A J. Pike, Portland, Me; R. W. Donaldson, Port Williams: R.

JAN 6-F. G. Finley, W. B. Long.

JAN 8-J. Morgan, St. John; Col. Dr. Williams' Pink Pills can be ob- interest in this scheme and not be S. N. Weare in Middleton by Clifford N. H. Parsons, Wolfville; F. C. Fogo. Windsor; Geo. Hocking, Hantsport; D. B. Jones, Digby; C. E. Collins, Fred McCarthy, Hampton; C. R. Kelley, Yarmouth; E. J. Weir. Smith's Cove; L. A. Chase, Port Williams.

Mr. Illsley, Manager of the Valley JAN 9 Frank Neville, R. B. Neily Real Estate Agency, Woifville, re- Middleton: T. O. Morgan, Smith's ports as his first sale of the New Year Cove; D. Lingley, St. John; E. M. Tanner, A. G. Jones, W. M. Heuston, Halifax; Rev. J. P. Mackey, S. H. This property, one of the finest in Payne, Annapolis; R. M. Sanford, the Valley is comprised of 394 acres Canning. E. Marshall, P. Slocumb, of land with 50 acres in orchard which Bridgetown; G. W. Clements, West-

The purchasers Messrs. R. J., E. Dye That Skirt, Coat or Blouse

Faded Apparel Just Like New.

Don't worry about perfect results. of the extensive farms of the late Use "Diamond Dyes," guaranteed to give Howard Bligh, which a few years a new, rich, fadeless color to any fabric, whether wool, silk, linen, cotton or mixed goods,-dresses, blouses, stockings, skirts, children's coats, draperies,-everything! A Direction Book is in package. To match any material, have dealer

PLENTY OF AIR AT HOME

show you "Diamond Dye" Color Card.

He was visiting in a big city in com-The management of the Howes down on a crowded street by a run said the Lord loved a cheerful giver Construction Co., at Meteghan River, away horse and was rendered unconhave received word that the tern scious. The friend bent over him and A tiny bottle of Freezone costs out a and I know that I could seem to the second they were instantly surrounded by a few cents at any drug store, but is good deal more cheerfully than I could seem. Maria A. Howes had been towed they were instantly surrounded by a sufficient to remove every hard corn, give a quarter; so I put the nickel in." into Permuda in distress. The schr crowd. The friend yelled at the crowd: was built by that company in their "Stand back and give him air, and Capt. Donald Barkhouse left Wey- yard at the above place and was some one hurry with some whisky". At

TO PROTECT HER FEET

"What does this nation need? shouted the impassioned orator "What does this nation require, if she steps proudly across the Pacific, if she strides boldly across the mighty ocean in her march of trade and freedom?" I repeat' "What does she need?"

"Rubber boots," suggested the grossly materialistic person in a rear

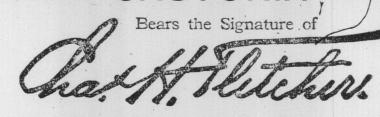
The Hants Journal announces an increase in subscription rates from \$1.50 to \$2.00 after January 15th.

Children Cry for Fletcher's

Fletcher's Castoria is strictly a remedy for Infants and Children. Foods are specially prepared for babies. A baby's medicine is even more essential for Baby. Remedies primarily prepared for grown-ups are not interchangeable. It was the need of a remedy for the common ailments of Infants and Children that brought Castoria before the public after years of research. and no claim has been made for it that its use for over 300 years has not proven.

What is CASTOR

Castoria is a harmless substitute for Castor Oil, Paregoric Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other narcotic substance. Its age is its guarantee. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic and Diarrhoea; allaying Feverishness arising therefrom, and by regulating the Stomach and Bowels, aids the assimilation of Food; giving healthy and natural/sleep. The Children's Comfort-The Mother's Friend.



In Use For Over 30 Years

Peaveys Chains

Camp Outfits

Cross Cut Saws Sled Shoe Steel Axe and Peavy Handles Harness and Bells

Royal Purple Stock Food, Liniment and Condition Powders

KARL FREEMAN

BRIDGETOWN, N. S.

Everything in Hardware, and Builder's Sup-

Boston & Yarmouth Steamship Co., Ltd. Steamship "North Land"

Winter Service

Change in Schedule Effective January 16th 1920

From Yarmouth Leave Wed. and Sat. at 6.00 p. m. From Boston: Leave Tues. and Fri. at 1.00 p. m.

For staterooms and other information apply to

J. E. KINNEY, Supt. Yarmouth, N. S.

