

goodness sakes, why?' dear, haven't you noticed it?" ced what?" getting fat. I'm perfectly hor-

hing Out Green Vegetables. red comely and suitable for son who enjoys life, who has a happy scales. "What are you going, to have around.

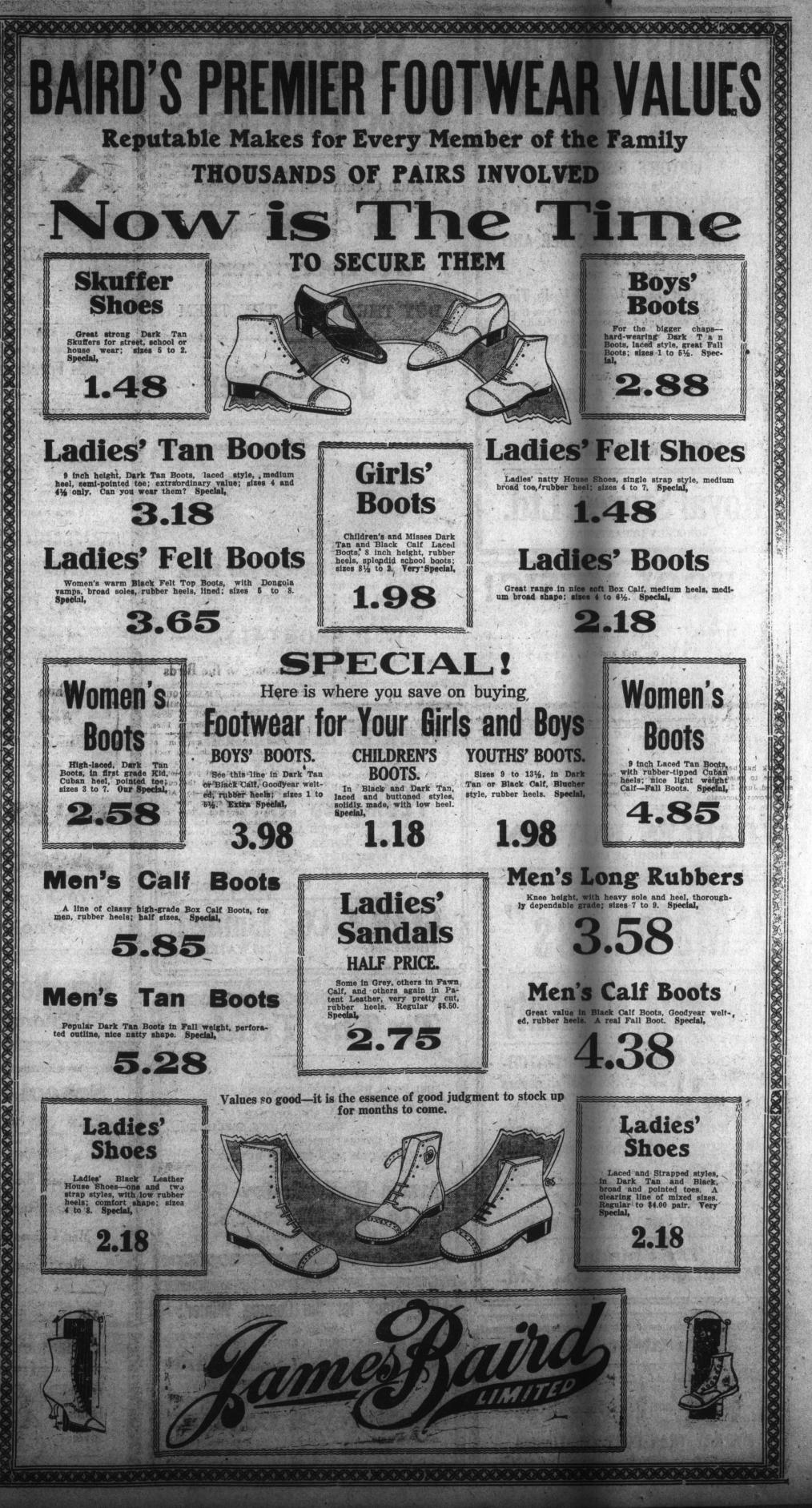
necessary. To-day it is rather a novel tother hemisphere, we'd find that man note, is it not? Of course there is little question here. There is one kind of grief at but that the reasonably thin person home, another far away; there is one (but not the scrawny, half starved sort of woe in Rome, another in

type) looks more graceful and has Cathay. So when we leave our native better chance for long life. But looks state to dodge one brand of woe, we aren't the whole of life and the mat- find another just as great, wherever ou find your middle-aged friend ter of longevity is a personal choice. we may go. When I lived in a frigid of the weight that used to be And for my part, I think a fat per- clime I raised a loud lament; my

place on all the globe entirely free from care, where no one. wails and tears his robe, and none is known to swear. Misfortune sometimes spills our beans and desolates our day, and then

There is no

we sigh for distant scenes, for islands far away. And can lose his goat as quickly there as whiskers, full of frost and rime, would



with those?" you say. And she ers: "This is my new diet. I cannot get anything to look t on me and I'm going to reduce. is my dinner." reminded by her provender

hat well known personage who time "ate grass as oxen" and one ders if when he came to himself all he was rewarded by finding Tribute to heard a refreshing incident the

friend of mine who in spite of tendency toward embonpoint that word because I think it is lattest word I ever heard) has said to be due largely to the sagacity fattest word I ever heard, and smart, said to be due largely to the bullet. aged by most stringent methods and foresight of Cardinal Wolsoy. The most authentic history of the sitting on a park bench one day a very large woman sat down

She Didn't Want To Reduce!

OUT

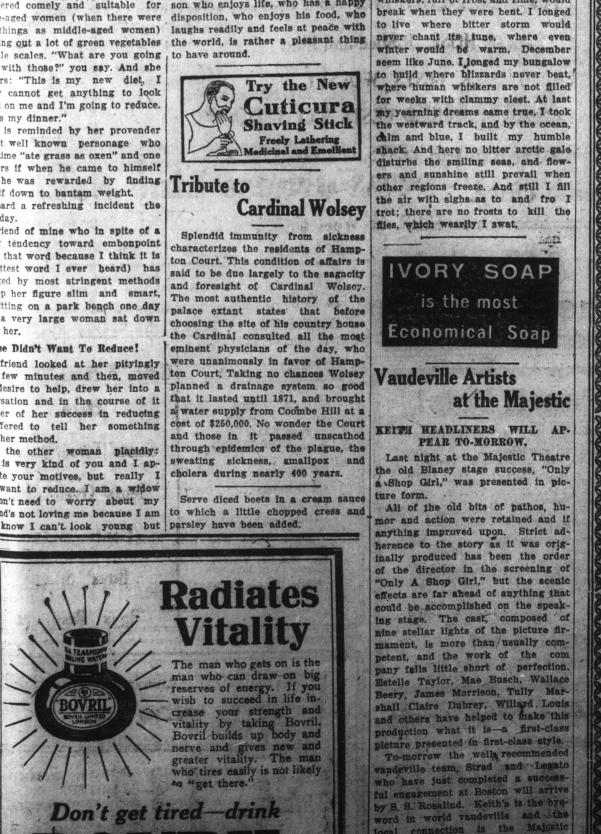
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y friend looked at her pityingly a few minutes and then, moved ton Court, Taking no chances Wolsey desire to help, drew her into a planned a drainage system so good sation and in the course of it that it lasted until 1871, and brought her of her success in reducing a water supply from Coombe Hill at a offered to tell her something her method.

aid the other woman placidly: lat is very kind of you and I aplate your motives, but really I 't want to reduce. I am a widow

Serve diced beets in a cream sauce don't need to worry about my and's not loving me because I am to which a little chopped cress and I know I can't look young but parsley have been added.

Radiates Vitality The man who gets on is the man who can draw on big reserves of energy. If you wish to succeed in life increase your strength and vitality by taking Bovril. Bovril builds up body and nerve and gives new and greater vitality. The man who tires easily is not likely "a "get there." Don't get tired-drink



cal connection is the Maj local connection is the magnitude Theatre, St. John's. With these ard lists a complete change of pictur program is also booked. Note: Stra