

## THE IDLE DOLLAR

An Idle Dollar in your pocket is apt to be spent.

A Dollar Deposited in the Bank of Toronto Savings Department becomes a wage-earner for you.

Are Your Dollars Idle? Better put them to work for you in this Bank.

One Dollar or more will open an account

Interest is added every six months

### Bank of Toronto

Deposits over \$34,000,000

Incorporated 1855

gun. The noise was deafening. The squirrel had dropped at his feet. Harry picked it up. Its eyes were open. They were sad, innocent eyes and they looked at him appealingly.

There was stillness in the woods. Every bird and animal was keeping

## Act Directly on the Liver.

Biliousness and Headaches Quickly Cured by DR. A. W. CHASE'S KIDNEY and LIVER PILLS.

When you feel irritable, cranky and downhearted, you can usually blame the liver, for there is no organ in the human body which so quickly throws the system out of sorts as a torpid, sluggish liver.

You don't need to be in the blues long if you know about Dr. A. W. Chase's Kidney and Liver Pills, for by their direct action on the liver they relieve promptly and prove lastingly beneficial.

One of the principal ingredients of this medicine is known to the medical profession as a specific for liver derangements. Quickly, naturally, and certainly it awakens the sluggish liver and drives out the poisons which cause headaches, biliousness, bodily pains and a depressed feeling over the whole system.

Vigor, strength and good nature will return when the liver is set right by Dr. A. W. Chase's Kidney and Liver Pills. One pill a dose, 25 cts. a box, all dealers, or Edmans Bates & Co., Toronto. Write for free copy of Dr. Chase's Recipes.

quiet. Now it was indeed a dead forest. The birds had gone and the squirrels had stopped their chatter.

Harry put the warm little body in his pocket and walked out of the woods with a haunting feeling of guilt that he could not argue down. When he reached the open field he heard a number of angry and mournful sounds.

Over and over he said to himself, "I'm sorry."

Harry buried the body of the little gray squirrel under the currant bushes. He was an active boy and liked outdoor sports, but when he saw his father he told him that there were a number of things that he would rather have than the magazine gun.

When his father asked him what he wanted most, you may wonder at his answer. It was a camera. His father got it for him, and he learned to use it in photographing the interesting animals of the forest. Harry became in after life a scientist who studied living animals.—Our Dumb Animals.

### IF THOU COULDEST KNOW.

I think if thou couldst know,  
O soul, that will complain,  
What lies concealed below  
Our burden and our pain,  
How just our anguish brings  
Nearer those longed-for things  
We seek for now in vain,  
I think thou wouldst rejoice, and  
not complain.

I think if thou couldst see,  
With thy dim mortal sight,  
How meanings, dark to thee,  
Are shadows hiding light;  
Truth's efforts crossed and vexed,  
Life's purpose all perplexed—  
If thou couldst see them right,  
I think that they would seem all  
clear, and wise, and bright.

And yet thou canst not know,  
And yet thou canst not see;  
Wisdom and sight are slow  
In poor humanity.  
If thou couldst trust, poor soul,  
In Him who rules the whole,  
Wisdom and right are well, but  
trust is best;  
Thou wouldst find peace and rest.

### THE GLORY OF GOD

God's glory will be increased the more we develop according to his purpose. Those glorify him the most who are working most efficiently according to His design. God has sent us into the world; he has established the course of nature, in the midst of which we are moving, and his glory is accomplished the more we fulfill his purpose and carry on the work to which he has called us. If we are to aim at this one object of glorifying God and doing his will we must each aim at one particular way, according to the particular gift and character and endowments. He has bestowed upon us. Let each put before him-

self the fact that he has a particular calling to which he has been directed by God, and let him fulfill that calling to the best of his ability.—The Dean of Ripon.

### DIGNITY OF ALL DUTY.

In one of Murillo's pictures one sees the interior of a convent kitchen, but doing the work in it are not mortals in old dresses, but beautiful white-winged angels. One serenely puts the kettle on the fire to boil, and one is lifting up a pail of water with heavenly grace, and one is at the dresser, reaching up for plates, and there is a little cherub, running about and getting in the way, trying to help. All are so busy and working with such a will, and so refining is the work as they do it, that somehow you forget that pans are pans, and pots pots, and only think of the angels, and how very natural and beautiful kitchen work is—just what angels would do, of course, if called upon to do it. The picture is suggestive. It shows us the dignity of all duty, even of the humblest drudgery. It is the motive and the aim that alone can consecrate anything we do, and the doing of God's will is always splendid work, though it be but washing dishes or cleaning a street. The humblest duty is a bit of God's will, and shines with heavenly radiance. This ought to be an inspiration to those who live in lowly places and can do only common task-work. Do it well and as God's will, and no great man's brilliant deeds will shine more brightly than your little things in God's sight.—"Glimpses Through Life's Windows."

Plough deep while sluggards sleep,  
And you will have corn to sell and  
keep.

The man or woman who thinks most of being faithful and devoted, and thinks least of the return to be expected—whose delight is to serve, and not to be served—for whom the relish is in self-sacrifice, and not in conquest—will hardly fail of felicity.

A Safeguard.—Every man, whether poor or rich, should have some practical talent by which he can convert labour into money. So, also, with every woman. She may or may not be compelled to exercise it, but everyone ought to possess it. If she belong to the richer classes, she may have to exercise it; if to the poorer, she assuredly will.

Taste.—We should always distinguish between taste and fancy. One is a perception of some manifestation of a principle in nature, the other a mere predilection for works of art. One is founded on the soul as seen through its outward covering, the other contemplates only the exterior dress. True taste is the love of the sublime, the beautiful, and the true.

Pause.—You are in haste to be wise? But pause again. Your brain

will only bear so much, and if you overcrowd it your only chance is gone. Haste makes waste—the wrong kind of haste, I mean; the haste that makes you rush on, needless of health or of anything save to be first at the goal. But make haste slowly and the battle is won.

## Is This Fair?

Certain Proof Will Be Made That Stuart's Dyspepsia Tablets Cure Stomach Trouble.

A Trial Package Sent Free.

Stuart's Dyspepsia Tablets are made to give to the system, through the digestive tract and the stomach, the necessary chemicals not only to digest food, but to enrich the fluids of the body so that it may no longer suffer from dyspepsia or other stomach trouble.

We will send you a quantity of these tablets free, so that their power to cure may be proven to you.

Thousands upon thousands of people are using these tablets for the aid and cure of every known stomach disease. Know what you put into your stomach, and use discretion in doing so.

Stuart's Dyspepsia Tablets contain fruit and vegetable essences, the pure concentrated tincture of Hydrastis, Golden Seal, which tone up and strengthen the mucous lining of the stomach, and increase the flow of gastric and other digestive juices; Lactose (extracted from milk); Nux, to strengthen the nerves controlling the action of the stomach and to cure nervous dyspepsia; pure aseptic Pepsin of the highest digestive power and approved by the United States Pharmacopoeia.

One of the ablest professors of the University of Michigan recently stated that this Pepsin was the only aseptic pepsin he had found that was absolutely pure—free from all animal impurities; Bismuth, to absorb gases and prevent fermentation. They are deliciously flavored with concentrated Jamaica Ginger—in itself a well known stomach tonic.

Liquid medicines lose their strength the longer they are kept, through evaporation, fermentation and chemical changes, hence Stuart's Dyspepsia Tablets are recognized as the only true and logical manner of preserving the ingredients given above in their fullest strength.

If you really doubt the power of these tablets take this advertisement to a druggist and ask his opinion of the formula.

It is due your stomach to give it the ingredients necessary to stop its trouble. It costs nothing to try. You know what you are taking, and the fame of these tablets proves their value. All druggists sell them. Price 50 cents. Send us your name and address and we will send you a trial package by mail free. Address F. A. Stuart Company, 150 Stuart Building, Marshall, Mich.