

The word and blow, you know, and the blow first! But I do think I'm getting the better of it, and—I haven't done it alone! So I have reason to be thankful."

"You may think it odd," said Kate, "but I feel more grateful for my long illness than for anything else just now. It has taught me so many things that I never could have learned in any other way. It is so much to know how to be sorry for sick people, and to find out what will help them to bear weakness and pain. One can never quite understand without having been ill one's self. And so many kind, beautiful things were done for me, that even on my hardest days the whole world seemed full of love."

So we went on, each with his or her own bit of heart-confidence,

at the end of that five-mile walk!

"Do you think we were dull or discontented? Ah, you did not know us! It was a gala-day when the first robin came in the spring, and he was a wise bird, indeed, if he could keep from us the secret of his nest-building. No golden 'find' was ever more precious to a miner, than to us the first trailing-arbutus on the edge of the snow-drift. We scarcely needed an almanac, for we learned the procession of the seasons by the coming and going of the birds and flowers. We knew the haunts of the chipmunk and squirrel, and the holes where the tawny musk-rats burrowed into the banks of the creek. We gathered berries in the summer, and nuts in autumn; we built snow-forts in winter, and held them against each other through long sieges in the frozen weather.

"The coming of a visitor was something to be remembered for weeks afterward. The ride behind the oxen to Sunday service in the little school-house was like a triumphal procession.

"Can you think what has come to me out of all this? It is the power to enjoy simple pleasures. It takes so little to make me glad. The world looks, now that I have come out from my corner, so large, so beautiful, so full of joy! Nothing is worn out; nothing tasteless! The things that other people are tired of are so new and fresh to me! And there seems to be always more coming—more of the best! Oh, if this world is so lovely, what must heaven be!"

We looked into her fair, glowing face. There was no blight upon its bloom: how could we know that before next Thanksgiving Day her question would be answered—not by our lips! Fresh, unspoiled, and heaven to rejoice in—who should thank God, if not Margery?

—All the possible charities of life ought to be cultivated, and when we can neither be brethren nor friends, let us be kind neighbours and pleasant acquaintances.

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till it came, last of all, to Margery Wayne, Sadie's school-friend, whom she had brought home with her for the Thanksgiving holidays.

"And you, Margery?" said Sadie.

Margery had a wild-flower face, and dark eyes full of soft, deep light like sunshine on still water. She looked up with a frank smile.

"I must tell you a little about myself," said she, "if I am to explain what I mean.

"I have one brother, just two years older than I. When we were hardly more than babies my father moved upon a little farm, a mere clearing in the midst of the forest. We grew up together, with no playmates but pretty wild creatures which we caught and petted. Our next neighbour lived two miles away, and we had to walk five miles, summer and winter, to the nearest post-office. You never can know, girls, what it was to find a letter or a prettily illustrated paper

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the lining of the stomach, and cause untold trouble. Give your stomach a rest, stop taking medicine, try an Electropoise. It will do the work of medicine, do it better, and leave your stomach in normal condition.



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Miss Clara Barton's Letter.

CONSTANTINOPLE, Feb. 21, 1898.
Dear Sir: When in London the other day I received two packets from the United States Embassy, each containing an Electropoise; to-day I received your kind letter. Please allow me to thank you heartily and gratefully for the splendid little machines. As you remember, I am not an entire stranger to the virtues of the Electropoise, and I will take great pleasure in passing your offering to afflicted humanity. . . .

Very sincerely yours,
CLARA BARTON,
President Red Cross Armenian Relief Expedition.

BROOKLYN, Queen's Co., N.S., June 17, 1898.
EDWIN McLEOD, Esq., Brooklyn, N.S.

DEAR SIR,—I now return the Electropoise you so kindly lent me a year last September. I was almost helpless then, my trouble being an injury in the muscles of the left side. The doctors pronounced me incurable, but encouraged by you I followed up the treatment as directed and to-day I am able to go about my work as usual. Just imagine for four and a half years I was unable to do a day's work. In fact I had much difficulty in getting in and out of bed. I am very grateful to you for the Electropoise and would advise any invalid to use it.

Yours truly,
THOMAS NICKERSON.
Mr. McLeod is an ink manufacturer in Brooklyn, and has had wide experience with the Electropoise. He loaned one of his instruments to Mr. Nickerson with the result stated above.

ELECTROPOISE CO.,
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