

Y.M.C.A. NOTES.

AUGUST SHOWS.

WARWICK REPERTOIRE CO.

Once again we enjoyed a visit from this company of versatile artistes. Three plays were staged, "The Tyranny of Tears," "The Mollusc," and "Cousin Kate." It was very hard to choose, but "The Tyranny" seemed to be the favourite, in which Mr. Grant Moline scored a success as the unfortunate husband, helpless under the tyranny of his young wife's tears. The wife was ably played by Miss Madeline Manley. Miss Ethel Samuels, in the title role of "The Mollusc," was splendid, giving a clever impersonation of the self-deceived, yet shrewd "Mollusc." Mr. Arthur Maurice's handling of the part of the curate in "Cousin Kate" was indeed very humorous. Large audiences enjoyed all three plays.

THE "UNIQUES."

A return visit from this popular party from London was a great success. Miss Madge Macklin is the life of the party, ably assisted by Mr. George Steers in the humorous numbers. Misses Marjorie Boothe and Lena Taylor pleased all with their splendid singing. The party put on the new baseball song, which should prove very popular with Canadians and Americans. "The Blighty Girl" was also a big hit, the three ladies impersonating a Tommy, a Nurse, and a Munition worker. There is a swing and "go" to the "Uniques," which will make them always welcome to Cooden.

THE "K-NUTTY K-NUCKS."

This Canadian party gave a fine show on August 3rd. Frank Anders and Sgt.-Major White were the chief funmakers. The lady violinist pleased the audience with her selections. Altogether a first-class party.

Other parties in August included "The Merry Magnets," Mr. Sydney Fenwick's Party, "Sham-rocks" Juvenile Party, The "Dainties," Wilby Lunn's Party, and the "Dinkies."

FUTURE BOOKINGS.

Emil Hardy Dramatic Co.
Mde. Edith Welling's Party.
Rembrandt's All Star Vaudeville Show.
Miss Sheila McCarthy and Mr. Bob Barry.
"The Whimsicals."

TRIPS AROUND COODEN.

Some of our patients may not know of the many places of historical interest in the vicinity of Cooden, which are well worth visiting. We are going to suggest one or two.

The trip to Pevensey Castle is one of great interest; the history of this Castle dates back nearly 2,000 years. Built by the Romans in the first place, the outer walls of this Castle still remain, though time and the weather are gradually wearing them away. These ruined walls are a monument to the ability of those Roman Colonists as builders.

The Saxons drove the Romans out, and made use of the Castle for centuries. In 1066, William the Conqueror's invading expedition landed at Pevensey, which was then on the sea shore, and here he prepared for his march against the Saxons, whom he defeated at the battle of Hastings, a short time later on.

The Normans built a smaller Castle inside the walls of the old Roman Castle, and this Castle is still in a fair state of preservation. The old moat still exists, water filled and overgrown with weeds. One can still see where the drawbridge opened and closed the entrance to the Castle.

This Castle may be reached from Cooden by the rail motor, a run of eleven minutes, so that a visit may easily be made in an afternoon. It is well worth while.

Only six miles north of Cooden, just a nice bicycle ride, one can visit the site of the Battle of Hastings. After the Battle, an Abbey was built there by the Normans, and it is the remains of this Abbey which may be seen to-day. The very spot where King Harold fell is pointed out, and from a vantage point the hill may be seen, upon which the Conqueror's Army gathered and then swept against the Saxons. The small village near the Abbey is called Battle, where the tired soldier can secure a nice tea at moderate prices.

Another fine trip is to Beachy Head. Take a train to Eastbourne, or ride on bicycle, then reach the Head via the water front. From the cliff top may be secured one of the finest views in England, of the sea and Downs.

Hastings is full of historical interest, the old town, with its narrow streets and quaint houses, the Fisherman's quarter, the old Castle, St. Clement's Caves, etc., and should not be missed.

To take advantage of our stay in this Country by visiting these places adds an educational value to our time overseas. Don't let the chance slip by!

WHIST DRIVES.

A very enjoyable evening was spent at Miss Sharp's, Bexhill, at a Whist Drive, by a group of patients. Another group was entertained at the home of Mrs. Pugh, Bexhill. Other Whist Drives will be held during the coming months.