

OUR BOYS AND GIRLS.

Way She Is "So Nice." Always shielding others at her own expense. Making a sacrifice cheerfully when ever one is to be made.

Honor Your Father and Mother. George Washington when quite young was about to go to sea as a midshipman. Everything was in readiness; his trunk had been taken on board the boat, and he went to bid his mother farewell.

Do not exhaust your superlative terms on common and insignificant things. When the bread is good. Don't say it is splendid. When a thing is merely pretty, say just that.

A Divine Example. We are told that after Christ, then in His twelfth year, left the Temple with His parents, "He went down with them and came to Nazareth and was subject to them."

Napoleon's Gratitude. The world prates much of "ingratitude," but this, like other catchwords, repays individual investigation.

During the First Consulate the exiled Baroness returned to Paris to plead her cause before Napoleon. Brusquely he demanded her errand.

God than in religious educational establishments, and why they will not, and do not seem to care to be disabused of this erroneous impression. The really important elements of education are supposed to be able to take care of themselves, so long as the mental angles are carefully and assiduously sharpened to perform their functions in competition with others in the supreme struggle for—What?

Billiousness is cured by Hood's Pills. 25c. Mother Graves' Worm Expeller is pleasant to take, sure and effectual in depressing stomach. Many have tried it with

CHATS WITH YOUNG MEN.

One of the qualities essential to a manly character and conducive to success in any walk of life is Steadfastness. The main incentive which inspires men to labor is the desire to succeed in life.

Every one is familiar with some man who has fallen after years of effort because he has become discouraged just when he was at the point of achieving his purpose.

As a matter of strict justice it might appear to be reasonable to weigh against a man's evil conduct his good deeds, but that is not the way of the world.

Providence plays its part in this matter. Some men deserve and get at once their reward. Opportunities open before them. Others deserve rewards, but get them not at all or only until after long years of waiting.

The individual has no control of these chances. The best that he can do is to remain steadfast and true to high principles, so that when the chance opens before him he may have such reputation as will help him to achieve his ambition, whatever it may be.

In the course of an elaborate defense of a certain fiscal magnate who is popularly believed to be the possessor of a great fortune dishonestly acquired, a member of the United States Congress declared on the floor of the House that "we all want to make money; that's what we are after."

Food supplies the substance for repairing the wastes of the body, and gives strength. Sleep affords the opportunity for these repairs to be made. Both are necessary to health. If you can't eat and sleep, take Hood's Sarsaparilla. It creates a good appetite and tones the digestive organs, and gives the sweet, restful sleep of childhood.

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LABATT'S ALE and PORTER

Used Medicinally: Have the recommendation of nearly all physicians. Reports of 4 chemists furnished on application. Used Dietetically: Stimulate the appetite, improve digestion, promote sleep.

ESTABLISHED 1848. State University 1866. Created a Catholic University by Pope Leo XIII. 1869. TERMS: \$160 Per Year.

Heat Makers. Fuel Savers. Kelsey WARM AIR Generators. Proper Results Guaranteed. Where Other Heaters Fail.

THE EXPERIENCE OF MR. WILLIAM SMITH OF HAWKESBURY, ONT. FROM THE POST, HAWKESBURY, ONT.

EVERYBODY IN HAWKESBURY KNOWS MR. WILLIAM SMITH. HE CAME HERE WHEN THE TOWN WAS YET IN ITS VILLAGE DAYS, AS ONE OF THE LUMBER COMPANY'S STAFF OF MECHANICS.

THE FAITH OF OUR FATHERS. THE SACRAMENTS OF THE CHURCH AND CATHOLIC CEREMONIES.

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