ALONG THE TRAIL

low the trail of love and carry heavy packs, if required.

In the forest we always learned to greet the stranger and to assist him along the trail. As you go through life, young man, start in on the trail with a pleasant word for old and young. Try to help others over the difficult places in life's journey. This is a simple code for you to follow to develop into a strong, useful man and to enjoy happiness crowned with contentment.

We need young women to-day with the modesty of the pioneer mothers and grand-mothers, who will practise some of the thrift and wholesome simplicity of those days; young women who will assure a young man that she can be a help to him along life's journey; that she can do her share in rowing the boat up stream; young women who will have sufficient independence to demand of any young man that she be given a paddle to help with, provided she is to accept his invitation to become his life partner by climbing into his canoe. The young man needs a partner who will be useful when they are running the rapids together in life's