

class. Furthermore, though they save labor many of them do not save time. The tests by which the good household device ought to be judged are these:

First — Is it efficient?

Second — Is it labor saving?

Third — Is it time saving?

We need to break away from traditional cooking apparatus and traditional diet. The installation and use of fireless cookers, self-regulating ovens, is a first step. The discarding of most of the puddings, roasts, fancy dishes that take much time in the preparation and that keep the housewife in the kitchen would not only save the housewife but would also be of great benefit to her husband. The cult of hearty eating, which results in keeping a woman (mistress or maid) in the kitchen for three or more hours that a man may eat for twenty or thirty minutes is folly. The type of meal that either takes only a short time for preparation and devices which render the attention of the housewife unnecessary are ethical and healthy, both for the family and society. The joys of the table are not to be despised, and only the dyspeptic or the ascetic hold them in con-