# FCURTH WEEK

#### MONDAY

Live only a day at a time,

There may never be a to-morrow,

The troubles we cannot bear

Are usually those we borrow.

#### TUESDAY

The less you speak of your misfortunes the more sympathy you command.

## WEDNESDAY

Always try to live within your income.

## THURSDAY

Be courageous. There's no defeat in life save from within.

Unless we're beaten there we're bound to win.

## FRIDAY

Have you had a joy, pass it on.

#### SATURDAY

Joy is the grace we say to God.

## SUNDAY

Blest Sabbath—day of rest and gladness.