Sports

Field hockey reps see large turn-out

By MARG POSTE

Despite a far from perfect performance, York's women's field hockey representatives managed to maintain a 3-0 field hockey record in their second week of Toronto League competition.

A 6-0 win over Drifters 'B' on September 7 was coupled with a 0-0 tie and a 4-0 win with the University of Toronto 'B's and Goa'B'.

With four games left over the next two weekends, coach Marina van der Merwe will have a chance to assess the aspiring squad of players with an eye to choosing the strongest team to represent York at the upcoming Ontario Women's Intercollegiate Athletic Association tournament weekends in late October and early November.

This year's initial turnout was the largest yet in York's short field hockey history. The first week of practices brought in enough players

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to form two practice teams of 22 players, a necessary commodity if York is to produce skilled hockey players.

Six Ontario representative players and last year's veterans, plus a crop of enthusiastic rookies, are all vying for positions on the Senior and Intermediate teams.

Although York is playing in the Toronto League, the team as such has not yet been chosen.

There is still room for any woman, with or without field hockey experience, to try out.

While coach van der Merwe is concerned with whipping this year's contingent into a competitive and winning team, she is also thinking of next year when she loses seven graduating players and must fill acancies.

Any woman wishing to participate may contact Marina van der Merwe at Tait McKenzie on the field at 4 p.m. every Tuesday and Thursday.

STICKNOTES: For the first time, a National Intercollegiate Field Hockey Tournament with representatives from each province will meet in Vancouver. The championship team from the OWIAA tournament will represent Ontario.

> SPORTS NEWS? CALL 667-3201



The cross-country team tours the campus as they prepare for their first meet in Guelph.

Jogging for Tudor's track team has dividend in needed exercise

By ANNA VAITIEKUNAS

Question: How much exercise do you get during the day apart from walking/running to and from

Answer: Not much, if you're like the majority of us North Americans.

Tudor Bompa, coach and coordinator of York's varsity track and field team has the solution: get out

Work-outs, try-outs and practices for the team are between 3 and 6

p.m. every weekday, an opportune around the track or toss a few time to burn off some of that Versafood you had at noon.

And if you're not the competitive type but would like to shed a few pounds here and there (30 minutes of jogging per day for two weeks can melt two or three inches off the waistline), join the newly-formed track and field club for a few laps javelins across the field.

Whatever you choose, don't fret about the equipment costs because everything is supplied free, except

Contact Bompa for further information at 2IIA Tait McKenzie, 667-

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help needed for planning

activities

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Sports briefs

Team figures on skating meet

A figure skating team is in the process of being organized by two York students. Interested persons are asked to call either Raymond Naismith at 493-2190, or Lindsay Histrop at 447-9482, evenings or weekends, to arrange a convenient time for a general meeting.

Dryland training for ski team

The first meeting of the year for the men's varsity ski team will be held on September 23, in room 316 of the Tait McKenzie Building, to set up a dryland training program and clarify numerous changes in the structure and administration of the team.

Anyone with Ontario Zone racing experience is welcome to attend. Further information may be obtained from Mark Poray at 282-4969

Football Yeomen trounced

The York Football Yeomen were thoroughly trounced by the Windsor Lancers in the season's opening game last Saturday.

The Lancers on their home turf capitalized on a series of defensive halfback mistakes to defeat the Yeomen 46-15.

The Yeomen hope to tighten their defence when they meet the Carleton Ravens at Carleton on Saturday.

The soccer Yeomen fared a little better with their 1-0 victory over Niagara University last Saturday. They go on to meet George Brown College in the CNE stadium on Mon-

> Interested in writing sports?

We need your help

Coming Attractions. The cross country team will be in Guelph on Saturday, participating in the University of Guelph Open.

Also on Saturday, York hosts the Earlybird Invitational water polo tournament.

The York golf team is taking part in the O'Keefe Invitational College and University Golf Championship today, tomorrow and Saturday.

And the rugby Yeomen play their second game of the season this Wednesday at McMaster.

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