the Gazette September 21, 1995

Wrestling

BY GAZETTE STAFF

Dalhousie had a great wrestling team in the 1970's and new wrestling coach Scott Aldridge is counting on recreating a little of that Tiger magic — the Atlantic Olympic Wrestling Club will be having its first team meeting at 6:00 p.m. on Monday, September 25 in room 223 of the Dalplex for interested men and women.

Olympic wrestling is one of the oldest Olympic sports and women's wrestling is one of the fastest growing female sports in Canada with organized provincial, national, and international competition. The world championships were held in Russia this year and women's wrestling is slated to be a trial sport at the 2000 Olympics.

Fresh from the University of Alberta-based Edmonton Wrestling Club, Aldridge coached 2 national women's champions and two silver-medallists last season.

"Women's wrestling is relatively new," said Aldridge, "so if I can establish a team of aggressive female athletes, I believe that we will be very successful."

The women will compete in all of the local tournaments and will travel to some Ontario competitions as well. The national championships will be held in Oshawa. Ont. and Burnaby, B.C., depending on age category.

For the men's team, coach Aldridge is looking for confident, competitive athletes who love to scrap. Aldridge emphasized that "...for the men's team, I am looking for great athletes who are in shape but who are not competing in any Dalhousie varsity sports right now."

The men will also compete in all of the local tournaments, as well as the AUAA's, and for those who qualify, the CIAU's. It is worthwhile to note that there are ten weight classes in both the men's and women's categories, so size is not important, just desire. Previous experience is not required, but if you have played rugby or football, or been involved in martial arts, then you will definitely enjoy wrestling as a compliment to these sports.

Come on out on September 25 and bring a friend. Be a part of history, or herstory, in the making while getting into shape too. For more information, call Scott Aldridge at 832-1020.

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> SUB, Room 120 2:00 - 4:00 p.m.

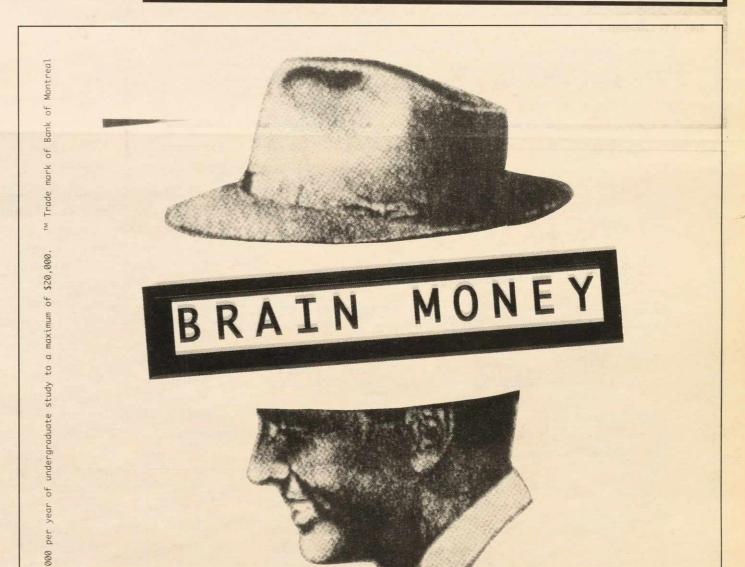
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*29/9, 27/10, 24/11, 15/12, 26/1/96, 23/2, 22/3, 26/4

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