

CONTENTS.

	PAGE.
CHAPTER I.	
SUFFERING.....	5
CHAPTER II.	
AWAKENING.....	9
CHAPTER III.	
ORGANIZATION AND WORK	12
CHAPTER IV.	
OUR CANADIAN W. C. T. U.....	19
CHAPTER V.	
WHY WOMEN SHOULD WORK.....	28
CHAPTER VI.	
HOW WOMEN MAY WORK.....	34
CHAPTER VII.	
HOW TO FORM A W. C. T. U.....	41
CHAPTER VIII.	
QUESTIONS AND ANSWERS.....	48
CHAPTER IX.	
YOUNG WOMEN'S WORK.....	53
CHAPTER X.	
A DREAM.....	57
CHAPTER XI.	
CONCLUSION.....	62
CONSTITUTION.....	
BY-LAWS.....	65
ORDER OF BUSINESS.....	66
	68