

greatly lessens the work. It's pure soap, lathers freely. rubbing easy does the work. The clothes come out sweet and white without injury to the fabrics

OH, No.

SURPRISE is economical it wears well.

#### Slave of Your Foot!

Such should be the Shoe-created to protect it from the rough roads of life. But many feet to-day are slaves to the shoe, because their owners will not consult their feet,

when buying footwear. Here is a shoe would give a springy foot-step even to old age, because in the building of the sole no peg or stitch under the foot destroys its elasticity. It is a foot conforming shoe, and every variety of feet has been considered in its construction Goodyear welt process-Same as hand-made at half the price. Stamped on the sole \$3.00, \$4.00, \$5.00 per pair.

The Slater Shoe

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# Of Nansen And The North

Sing the glarious day's renown! That is to say, Then the hold Arctic Explorer shall have pursues the scendingly vain quest for the North Cole to a successful consummation. The scientific world to-coly any avails word from him.

Talki g if r zon regions naturally brings up the subject of winter outer gar mente. Cooking coale of something warmer then textile fabric. Rai nature intenes to be seen in the temperate no less than the frigid zone.

#### WHAT SAY YOU TO A FUR COAT?

Fars a castaple article-astandard commodity. Like a gold watch, a diamond ring or a prece of silver pie o. there is volue in a fur coat all the time. It will bring you what you had for it at any time. Even after years of wear, if you have kept it properly. No man ever makes a mistake in buying a good fur coat. His money is satisfy invested. He died condent in winter. He is in fashion. He looks better. FUR 10AF HEADQUARTERS will be found at this store only in Chatham. We have a line of great and finer than any other house in the trade. No idle boat. See them and be satisfied. Our pleasure to show them, whether you want one just how or real. We have one just now or not. We have

Reccoon Fur Coats. Wambet Fur Coats. Wallaby Fur Coats. Australian Bear Fur Coats. Ru-sian Dog Fur Coats. Siberian Dog Fur Coats.

And if you should fancy a more native and domestic article, there are cowhide coats

A SPECIAL BID—Form now until the Holidays, for your patronage of our fur coat department. Never mind what others offer, our inducements in quality and price are too much for a mpetition. We want the fur-coat trade, and we shall get it at any cost. Look up out of curiosity, at any rate.

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One pill taken each night during

thirty days will cure constipation. PRICE 250. OR 5 FOR \$1.00

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And highest price paid. If you have clothes, hats, shoes, or underwear to part with, drop us a postal card and we will give you a valuation.

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WOMAN AND HOME.

THE FOUNDER AND PRESIDENT OF THE LOYAL HOME WORKERS.

Black Underwear - A Woman's Lungs. Truths Told In a Few Words-To Put

The Loyal Home Workers is an associ ion numbering over 15,000 members scattered throughout the states and territories and the Deminton of Canada. Its motto is "Progress and Patriotism;" its work largely educational. All loyal citizens, both young and old, from the ranks of the blue and the gray are eligible to member

This association was founded by Mrs Kate Brownlee Sherwood, president, while serving as editor of the woman's depart



MRS. KATE BROWNLEE SHERWOOD. nent of The National Tribune, Washing ton, a position she has held for the last 14 years. Mrs. Sherwood is widely known throughout the country, both in the ranks ature and journalism. She is the author of several books of patriotic verse and school songs and Memorial day exercises for youth and children. She was a and was one of the first national presidents of the Woman's Relief Corps is chairman of the committee on patriotic teaching of the National Council of Women, and is active in the General Federa-tion of Women's Clubs and Daughters of

the American Revolution.

Loyal Home Workers, believing that loyalty to the Union is fidelity to the cause of liberty, equality and the elevation of mankind, solemnly pled a safely to guard our free institutions, and to the extent of their ability endeavor to disseminate knowledge of their underlying principle in the community in which they live and stand by our country and our fiag in all times of peril.—Buffalo Express.

The fad indulged in by many women of wearing black underclothing has a more serious significance than the wearers im

The body, especially the nervous sys tem, is greatly benefited by sunlight, as we all know, sleeplessness, nervous disor-ders, headache, etc., being often cured by esorting to simple sun baths.

It is reasonable to suppose, therefore, that nothing dark should be worn next the skin, and the more white predominates in the whole costume the better for the indi-vidual's general health and mental equi-

A wealthy woman, who had fallen into a peculiarly nervous state and who were deep mourning, was told by her physician that he could not continue to treat her un-less she would give up wearing black, as he attributed her neurotic condition large-ly to this fact. When he learned that not only her out ide dress, but also every article of her parel, was black, he was more than e convinced of the truth of his theory, a he gave her the alternative of changing her entire underwear to white, also using as much white in her outer garments as was practicable, or of employing

another physician. As his services were valued, he succeed ed in effecting the change demanded, and the patient seen began to improve. It would be as reasonable to cover up a growing plant with layers of black cloth and then expect it to flourish as for a wom-

an to swathe her delicate body in fold upon fold of sable silk, cotton or wool and expect to remain healthy, wholesome and Then think of the effect on the woman's

spirits every time she robes or disrobes with only funeral black to meet the eye A woman naturally strong minded, cheer ful and sensible was one day lying weak and depressed on her bed, when a black cloth cape which hung near her so worked upon her nerves, suggesting sorrowful possibilities, that she imagined herself going insane, and struggled desperately to her feet to throw a white garment over the

gloomy thing.

The matter of wearing outside black must always be determined more or les by individual preference, but every in-stinct of good taste, delicacy, cleanliness and health, physical and mental, demands that the underwear should be spotlers white, thus opposing the least possible estruction to the sun rays.

There is a large germ of truth in the vorship-the turning of the face to the st to bonor the source of all life and

It would do no harm-rather a deal o good-if some of our ultra fashionable dames would read up on this ancient form of religion and then relegate their hide black undergarb to the ragbag or use it in patching old umbrellas. - Doctor.

A Woman's Lungs.

As a matter of fact, says a medical writer, not one woman in a hundred breathes normally. The respiration of the average woman varies with every change of mental state or physical condition, and it is a rare thing for a woman to use her lungs to the test possible advantage without a previous knowledge of physiology and an appreciation of the merits of physical culture. Desirable as is a thorough exercise in breathing, it is not safe to experiment in the

A very little instruction on the sub ject will enable any woman to compre-lend the precise art of filling and empty-ing the lungs on scientific principles. Aft-er this has been acquired the chief thing is to breathe in as much sunshine as possible and to believe in the efficacy of oxygen as

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Ask for Minard's and ta'-2 no other.

Minard's Liniment Cures Colds, etc.

Wallace—What's the reason little Johnny isn't wearing his 'Little Defender' badge any more! Mrs. Wallace—He doesn't seem to be so fond of ministering to dumb animals since he put a poor, little, half-frozen been in his pocket to get it warm."

The following are some excellent rules for improving the respiration and bringing it up to a normal condition: Stand at an open wisdow or recline on a couch, with the wast and chest unconfined; held the chest walls high and inhale in slow, long breaths, exhale as slowly, three times only at first. Gradually the number of times may be increased and the time lengthened for the breathing exercises. Fifteen minutes, twice a day at least, should be devoted to this exercise to accomplish the desired result. Mrs. Emma Eames Story, whose full and generous sutlines are a beautiful example of the sesults of vocal and breathing symnastics, is not only fond of outdoor life, of walking and horseback riding, but the requirements of her art demand continued daily practice of the exercises that develop the muscles of the throat, chest, back and abdomen.

Truths Told In a Few Words. A child's respect for its parent is not seured by overleniency any more than by

A daughter should never seek or be allowed to "outdress" her mother. In every family the mother should be the ressed member.
The discarded finery of a daughter

The discarded finery of a daughter should never constitute a mother's wardrobe. No one feels especially dignified in the presence of one whose old clothes she is wearing, and a mother should at all times preserve her dignity before her children. The mother who never loses her queenliness will never lose her crown.

Preventable misfortunes consist chiefly of manifeld things, little to do, but immense things to have done.

ense things to have done. The man who earns \$1 and spends \$2 and the man who earns \$2 and spends \$1 stand on either side of the hairline between heedlessness and discretion, between ruin and safety.

ruin and safety.

Parents generally receive that measure of filial respect they deserve—not always perhaps, but very generally.

When a mother allows her daughter to appropriate her wraps, gloves, veils or other articles of personal attire, she begins a policy of familiarity which sooner or later breeds contempt. A respect for one's belongings engenders a respect for their possessor.—Ladies' Home Journal.

To Put Out Clothes on Fire. There have been such shocking instances of death and injury in the past by clothes catching fire that people of an altruistic spirit are moved to make the danger impressive and offer a means of prevention It is well to show the means of compara-tive safety and exhort the public to employ them. To cultivate presence of mind in children when burning accidents occur s good, but perhaps more difficult than to clothe them in slow burning fabrics. The fire drill in schools is a good thing because tre urill in schools is a good thing because it tends to reduce the danger of panic, but to teach young children control of their faculties and the exercise of judgment when actually attacked by fire is not easy. Still, presence of mind is common enough, even in childhood, to make the experiment of cultivating it worth trying. If the child whose clothes catch fire, or the grown person either, would wrap some heavy stuff about the flames or roll over on the ground, the fire would soon be extinguished while running only adds to the danger. Muslins and tarlatans, the ost inflammable goods, when treated with tungstate of soda, cannot be made to burn with a blaze. If all cotton dresses and underclothing, especially those of children, could be treated in this way, a great number of lives would be saved and much suffering prevented. - Woman's Journal.

When Children Ask Questions.

A lawyer in high standing and a thoughtful father says that whenever that if he cannot he confesses frankly that the matter is too difficult to explain and can give a simple explanation too hard for the child to understand. If he does not know he admits his ignorand promptly, but adds that he will try to find out. James Sally mentions the case of a little girl 41/2 years old who chased her mother into one of the most abstruse problems of metaphysics. She saw a was on the window pane, and desired to touch t. Her mother said: "No, you must not will sting you." The child queried, "Why doesn't it sting the glass". The mother answered, "Because the glass can't feel." Again the child queried, "Why doesn't the glass feel?" Again the mother answered, "Because it has no nerves." And again the child queried, "Why do nerves feel?" Sully fails to give the mother's answer at this the most critical point He merely adds that children must be exercised in taking some truths on trust without aking the why of everything, and quotes George Eliot, who says somewhere, Reason about everything with your child you make him a monster, without reverence, without affections."—New York

Teacher's Quarterly.

The Society Girl. Taste, grace, kindliness, the art of putting people at their case, the ready jest, the quick repartee, belong to the outfit of the society girl. A certain dainty finish distinguishes her. She has savoir faire. She is not readily thrown from her poise Her background is secure, and she has the immense advantage of knowing that her world is at her feet. Her mother, always at her side, judicious, considerate, affec-tionate, probably contentedly allows herself to be thrown into the shade by this self to be thrown into the snade by this second self, who seems to her the very crown and flower of her life. The father, the brothers, the cousins of the slander sweet maiden are all intensely proud of her, and the first simply lives to serve her. to gratify her caprices, to furnish he oney, to wear her on his heart as one wears a white rosebud on his buttonhole. But, being an American father, he would resent with scorn the allegation that his resent with scorn the allegation that his fair daughter is merely an ornament. He knows her underlying strength, her reserves of force, her possibilities. If the need comes, this father will tell you that his girl could and would do just what his boys here. She would go just what his his girl could and would do just what his boys have done. She would go into busi-ness and make a fortune or at least hold her own among fortune makers.—Harper's Bazer.

Dress and Gown. "It may seem inconceivable," says the New York Sun, "but it is none the less New York Sun, "but it is none the less true, that there are still a number of women in this world who need to be enlightened as to the true significance of the word 'dress." At a woman's meeting the other afternoon, convened for the express purpose of considering the clothes question and nothing else, the abuse of the word was flagrant, striking and general. Instead of 'gewns' or 'frocks, speaker after speaker talked of 'dresses' until at least one listener longed to let them know of their misapprehension of the term. 'Dress' means attire, habiliments, clothes in general and never clothes in particular. You may speak of a woman's dress when you

SICK HEADACHE, however annoying and distressing, is positively cured by LAXA-LIVER PILLS. They are

you refer to one particular part of it. You might just as well call her headgear her 'dress' as her frock. It is quite as much a 'dress' as her frock. It is quite as much a part of it. A 'man's dress' is as permissible an expression as a 'woman's dress,' implying, as it does, not skirts alone, but the complete attire. It's a ease of language, no less than mathematics, sanctioning the proposition that the whole is greater than any of its parts."

Cooking and Skimming.

One of the niceties of cooking which mark the difference between the expert and the novice, or the careful and the careless cook, is found in the operation of skimming. Many cooks caunot, skim successfully. They do not get all the grease off the soup, and they fail to touch just the right moment for attacking the scum which rises on the first boiling up of potatoes and other vegetables. Soup should be skimmed patiently and thoroughly, and at the last moment any globules of grease that remain before pouring it into the tures should be taken up with a piece of clean blotting paper, hald edgewise. Grease from the invalid's cup of beef tea or from a bowl of gravy can be removed in the same manner. For the scum from vegetables or broths it is the first boiling up which brings it to the surface, where it up which brings it to the surface, where it should be quickly skimmed before it is drawn back to separate and disseminate beyond all power of removal.

The telling details of a woman's toilet are the petticoats, shoes and gloves which she wears. The proper observance of the laws governing them is an infallible indication of a woman's station in life and of her social training. A woman minus the finer instincts of the lady, if her source of supply is limited, although her social definer instincts of the lady, if her source of supply is limited, although her social de-mands may not be, invariably economizes in these details. This is not the case with the innately refined woman—a lady bern and bred. She first of all provides herself with well fitting shoes, dainty under-skirts, and what is left in her treasury after providing herself with these funda-mentals goes for the remaining necessaries mentals goes for the remaining necessaries in her wardrobe. Devices and thoughts are misapplied, and the goal of "ladyisms" is defeated when one is obliged to keep one's feet out of sight in consequence et being carelessly shod, or to resort to similar means to hide the shortcomings one's petticoats. - Vogue.

To Stretch a Glove. How very provoking when a glove fits erfectly, save in one place, where it is too ight! A remedy lies in a simple plan used by Frenchwomen, who nearly always buy their gloves a number smaller than they wear and stretch them to a perfect fit. Wring out a towel or handkerchief, fresh from its drawer, in clean water. Lay the glove between the folds of linen until the skin is thoroughly damp through, then h on a glove stretcher. If the whole love is too small, all of it should be wet, but if it is too tight only in certain pla say the wrist or the fingers, then the wrist or fingers only should be dampened, the rest of the skin left dry. This process will not injure the most delicate shade of color in kid or suede gloves. The only precau tion needed is to be sure the hands of the operator and the water used are absolutely clean, then lavender, gray, cream and even white gloves may be so treated with impu-

A Safe Remedy.

Where a little child is inclined to constipation and it is the desire of the mother not to begin by giving it medicine, the following simple remedy will be found effectual, and is commendable, as it contains no drugs of any kind: Put 8 tablespoonfuls of sweet cream in a cup or saucer (do not use tin) on the stove, allowing it to cook slowly till a

seen on the top. Remove this and beneath will be found a thin oil, which give when cooled in doses of a tea-spoonful at a time till the desired effect is produced. If the case is severe, larger doses may be given without any bad re-sults. This is not in the least an unpleasant dose. - Housekeeper.

The Right Sort of Teacher For Girls. The wisest and most helpful teacher is not the one whom the girls themselves "rave over" and find most "magnetic."
It is she who carefully avoids the appeal
to the emotions, and who, without repelling the affections, knows how to check hysterical excess and keep the young naure cool and steady by a delicate reserve and a gentle decision at the first indication of need. It is a curious fact in psychology-or is it physiology-that while hero worship is a good thing for a boy it is seldom a good thing for a girl.—Helen Watterson Moody in Scribner's.

Clear starching is accomplished in this way to the best advantage: Wash the ar-ticles in three waters, dry them and dip them in a thick starch previously strained through muslin. Squeeze them, shake them gently and again hang them up to dry. When dry, dip them twice or thrice in clear water, squeeze them, spread them on a linen cloth, roll them up in it and let them lie an hour before ironing them. A small piece of white wax added to the starch prevents the iron from sticking and gives a glossy surface to the material

"There are two traits of character should do my utmost to develop if I had children to bring up," says a woman who meets many different people. "Those are he traits of generosity and unselfishne If they were born in the children, I should encourage them, and if they were lacking I should do my utmost to plant and nour-

When jellies and jams are kept where there is danger of their collecting damp ness and mold, it is well to cover them with a thin layer of melted paraffin. It will quickly harden and keep out all air and moisture. It is easily removed when the jelly is wanted and can be retained and need again by remelting. used again by remeiting

A dining room that is finished in antique oak, with a plain timbered ceiling, is happily en bellished by the addition of a broad frieze of rich colored tiles set above the high wainscoting.

Ink stains on white material may be removed most effectually by washing first in a strong brine and then wetting the spet in lemon juice.

It is stated that women control \$130,-000,000 of stock in the national banks in this country and \$145,000,000 in the state

There are 600 women journalists, editors and authors in England and Wales, accord ing to the last census reports.

Some people are like nails. They have to be thumped on the head to make them go straight.



fills the heart with intensest, Sometimes

relptess invalid. This unfortunate outcome of "Love's young dream" may be pre-rented or remedied by resorting to the right medicine for troubles of this nature.

The right medicine is Dr. Pierce's Favorite The right medicine is Dr. Pierce's Favorite Prescription. Over 90,000 women have said so in unsolicited letters to its discoverer Dr. R. V. Pierce, chief consulting physician to the Invalids' Hotel and Surgical Institute, at Buffalo, N. Y. The "Favorite Prescription" acts directly upon the organs that make wifehood and motherhood possible. It makes them strong and healthy. It allays inflammation and soothes pain. It relieves the strain upon the nerves. It preallays inflammation and soothes pain. It relieves the strain upon the nerves. It prepares for motherhood and insures the health of the child. All medicine dealers sell it. "I take pleasure," writes Mrs. Jessie Fufer, of Rulogy, Bosque Co., Texas, "in writing you agais. I am in better health than I have been in six years. I think your medicine is the best in the world. I hope every woman who is afflicted as I was will take it. Your 'Favorite Prescription has saved my life. I was not able to get up when I was sick until I began to take your medicine. I cannot thank you enough for what you have done for me. You can use my statement as you like."

Constination is the all-embracing cause Constipation is the all-embracing cause of ill-health. Dr. Pierce's Pleasant Pellets cure it. They never gripe.

# Adams' Pepsin Gum

An unfailing remedy for indieading medical authorities.

See that the trade mark name 'Tutti Frutti" is on each 5c.

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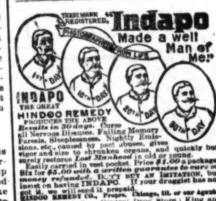
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Is prepared in two degrees of strength.
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stronger—sold by druggists. One box.
Three Dollars; two boxes, Pive Dollars. No. 1, or No. 2, mailed on receipt of price and two 3-cent stamps.

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For sale in Chatham by J. W. Mc-Laren and E. C. Radley, druggists.



Children....

Are always wanting new shoes, Parents know in what an incredibly short time they wear 'em out—the ordinary kind. We have the EXTRA-ordinary kind—genuine wear resisters. They can only be secured at the Sign of the Big Clock.

ED. JORDAN

BABY BEAUTY. You always think of a pretty baby as plump and chubby. Scott's Emul-sion gives just this plumpness; not too fat, just enough for the dimples to come. Babies like it, toe.