MAGATINE PAGE FOR

Secrets of Health and Happiness

Swat Every Fly You See to Reduce Disease to Minimum

By DR. LEONARD KEENE HIRSHBERG. A. B., M. A., M. D. (Johns Hepkins University.)



The hum of the fly, the buzz of the "skeeter" and the hop, skip and jump of the flea at this season of the year begin to make you remember that these insects are more than accidental carriers and distributors of shivers and shakes, typhoid, dysentery, malaria and typhus fevers.

The animalcule of malaria is a microbe visible under the microscope as tiny black dots in the red corpuscles of the sufferer's blood. In stages of prenatal development, the malaria parasites are allive unborn in the female mosquitor's stomach, mouth and saliva. They are born when the female mosquitoes bite a human creature and thus inoculate them into the victim's blood. Here on alternative days or some regular interval, they mature and burst simultaneously from the confines of the red corpuscles.

Files Love Filth.

It is at these periods that a shaking in the reduce of the reduce of green vegetables and exercise. Drink do green vegetables and exercise. Drink do green vegetables and earning process, as do green vegetables and earning process.

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Files Love Filth.

It is at these periods that a shaking chill occurs in the victim of true malaria. Unless intelligent treatment with skillfully standardized amounts of quinine are administered the next-hale and hearty female mosquito of the Anopheles type that happens along will pick up these unhatched microbes and breed them through their infancy for some other unprotected humans.

As guilty as are these females of the "skeeter" species, the ordinary common household variety of fly is worse. The mosquito, after all, is a clean creature compared with the filth-loving, eternally egg-laying, food-soiling housefly.

There are a few persons who, by intuition and instinct, cannot abide a fly. To them its very name is anathema. They know that the only safe, clean and healthy fly is a dead one.

Extermination the Cure.

The fly, by reason of its habits, asso-

Are You

Pink calamine 2½ drams
Zinc oxide 2 drams
Glycerine 2 drams
Phenol 30 drops
Limewater 2 ounces
Rosewater 2 ounces
2. You should mix with the public
more and forget all of your old troubles.
Learn to swim, dance, play tennis, etc.,
for the "blues." that the knife is the only cure for piles?

many thousands are being cured by the use of Dr. Chase's Ointment. Sometimes after operations have failed, and when doctors have said that an operation was the only hope.

or cigarettes on one?

A.—This may be due to either lack of physical exercise or to excesses in athletics. Only a thorough personal physical examination by a competent physician will disclose the actual state of affairs.

2. Cigarettes do not have everyone, but they do hurt some. It is best to stop this habit if you are an excessive smoker.

It won't cost you much to try this treatment in your own home. It is sure to relieve, and usually effects complete cure.



HATS...BOTH SAILORS

By Crerie



It may seem merely a coincidence to some they meet that SHE should wear a sailor hat, but HE knows why and It may seem merely a coincidence to some they meet that SHE should wear a sailor hat, but HE knows why and so do all their friends, who tenderly smile because everything smacking of the sea—though it be only in name—swonderfully dear to her since HE became a sailor-oh! "Good soldier" is what they call her sister when her soldier-husband's away—so SHE who wears a sailor's ring vows while he's conquering U-boats that SHE will be a good SAILOR—bless her and Jack, who thinks she never wore a hat half so becoming!

How to Treat Deep-Ringed Eyes in Beauty Ways

BY LUCREZIA BORI The Famous Spanish Prima Donna



what to do for peeling skin on the bottom of the foot,

2. What can be done for "persistent

X. X. X.: Q.—Will you please tell me what to do for a heart that beats hard? 2. What effect has the excessive use of cigarettes on one?



BY LUCREZIA SOR!

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ADELE GARRISON'S NEW

REVELATIONS OF A WIFE

Why Madgo 2 Heart Alternately 2000 and Sank As They Talks

It is required to the surface of the

WINIFRED BLACK

Writes About "Likes and Dislikes." Copyright, 1918, by Newspaper Feature Service, Inc.



Don't "Ticket" Everyone. Why should you either like or di

why should you meet? People were not created for the sole purpose of being loved or hated. But there are all kinds of people in the world, and what you think of them is not of such tragic importance after all.

Don't you take yourself and your likes

wouldn't know what to do with them.

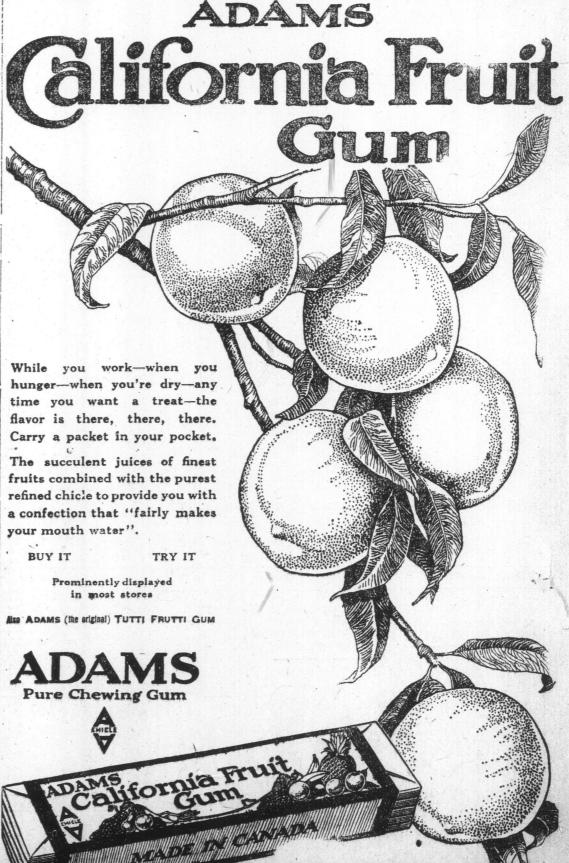
Be Less Decided.

Be a little less decided, a little less concerned, with what you think and feel and do. This is a pretty busy sime just now. I don't see how anyone can find energy enough to either hate anyone or take a violent fancy to any single parson. There is too much to do.

Work and rest and laugh and sing, and read and work and rest again, my dear, and you won't be so anxious about that "revulsion" that seems to give you so much distress just now.







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