



**GYMNASIUM**

The aim of the Physical Department may be summed up as follows :

Clean sport and all round manhood.

Increased muscular efficiency.

A healthy mind in a healthy body.

### **Equipment**

With the splendid gymnasium 50 x 80 feet, equipped with the latest and best apparatus, including a running track banked and padded 26 laps to the mile; parallel bars; German horses; buck; flying and travelling rings; horizontal bars; stall bars; chest weight machines; jumping standards; with a plunge bath 20 x 60 feet of white tile, equipped with spring board and diving stand; with the nine nickled shower baths and steam bath, what more does a man need to give him all the physical pleasure and benefit that he needs. In addition to this, there are locker rooms for business men, for young men and for the boys, each separate and distinct. The lockers are steel construction throughout and perfectly sanitary. Separate rooms will be used for boxing, wrestling and fencing.