

introduced I have seen girls come out of Form 2 in Collegiate at the end of the school term and take charge of the entire cooking in their mothers' kitchens during the holidays with a good deal less effort than the mothers themselves accomplished it. They had been taught in their school cooking classes not only how to cook, but how to combine different foods and why to use certain ones in special combinations in preference to others. Proteids and carbo-hydrates had to balance properly or they weren't satisfied with their menu lists.

Because specialists, certificates in Household Science are not granted in the Province of Ontario an Interim Ordinary certificate is all that is necessary to teach it. Any High School teacher, after a six weeks summer course in Toronto, is qualified to teach, so why should our village and country girls not reap the benefit of this as well as their city cousins? A special equipment in the school is necessary, of course, to teach Household Science, but with very little expense a room could be fitted up in most High Schools that would comply with the departmental requirements. At any rate it is worth making the effort to interest the town Councils and similar bodies in bringing the matter before the Department and arousing an enthusiasm in this branch of homely but very necessary science.

"We may live without poetry, music and art;  
We may live without conscience and live without heart;  
We may live without friends, we may live without books;  
But civilized man cannot live without cooks."

### CURRENT HISTORY CLASS.

#### THIS MONTH'S QUESTIONS.

1. What State has decided to declare war on Germany recently?
2. What important bill will come into force, at the beginning of this month.
3. (a) What is the name of the U. S. Food Controller?  
(b) State also who is the Food Controller in Great Britain?
4. On what City are the Italians now driving?
5. What Country has offered to send 300,000 men to fight for France?

#### ANSWERS TO LAST MONTH'S QUESTIONS.

1. Tobolsk, in Siberia.
2. Hill 70.
3. Prime Minister, Kerensky.
4. Sir Arthur Henderson.

### OCTOBER SCRIPTURE READINGS.

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|-----------------------|-------------------|
| 1. 1 Cor. xv:1-19.    | 1. Psalm viii:24. |
| 2. 1 Cor. xv:20-34.   | 2. Psalm xxxiv.   |
| 3. 1 Cor. xv:35-38.   | 3. Psalm xxxvii.  |
| 4. Romans vi.         | 4. Psalm xl:42.   |
| 5. Colossians iii.    | 5. Psalm lxxii.   |
| 1. Matthew viii:1-27. | 1. Proverbs i.    |
| 2. Mark iii:1-27.     | 2. Proverbs viii. |
| 3. Mark vi:30-56.     | 3. Proverbs xi.   |
| 4. John ii.           | 4. Proverbs xv.   |
| 5. John ix:1-38.      | 5. Proverbs xvi.  |

### OUR FAR FLUNG EMPIRE.

A man who met an "Answers" writer in the gardens of Hampton Court, London, Eng., said: "Six months ago I took my two boys as far west as I have now come east from our home in Montreal, but we got no farther than Vancouver."

Who would have thought that it was as long a journey from Montreal to Vancouver, as from Montreal to London? In realizing that fact, one gets a little nearer to realizing the huge size of the Dominion of Canada.

It is 3,400 miles wide, bigger than the United States of America, unless Alaska is reckoned — and as big as Europe if Germany be left out. It could easily maintain a population of two hundred millions.

Australia is the smallest continent, if it be reckoned such, and the largest island in the world.

There are 4,500 miles of ocean between it and Africa, and 8,500 between it and America. It is as big as Europe, with the three peninsulas, the Iberian and the Italian and the Scandinavian, amputated.

New Zealand is our next antipodes. The little boy who talks of digging through his back garden until he comes out in Australia, really means New Zealand. It is generally regarded as one of the smaller colonies, yet it is only a sixth less than the area of the British Isles.

South Africa runs to about a million square miles of territory, without including the newly conquered territory of Southwest Africa. British East Africa is another million square-mile piece, whilst Nigeria is about half as much, and Greater Egypt about the same. Add to this the smaller colonies and Britain's stake in the Dark Continent — without reckoning Germany's contributions — works out to the size of the whole of Europe.

Even British Guiana, in South Africa, is bigger than New Zealand, and British Guiana, proper, nearly as big. India with Ceylon, runs to nearly two million square miles, or sixteen times the area of the British Isles.

Now does this take into account hundreds of islands in the West Indies, in the Pacific, in the Indian Ocean, and those corners of the world's ocean highways, like "Gib." and Aden and Singapore and Hong Kong, which all go to swell the total present mileage of the Empire to eleven and one-half million or rather more than a fifth of the whole land service of the globe.

Mr. William Price, a Welsh physician, who died on January 11, left an estate valued at \$150,000. After providing for annuities the residue of his estate is left to the University College of South Wales and Monmouthshire, for the medical department.