

Supt. J. M. Greenwood, A.M., of Kansas City, Mo.: Open air; no indoor recess can take the place of the regular old-fashioned spontaneous recess.

J. H. Miller, of Lincoln, Neb.: Outdoor, if possible to have close supervision as in country schools; if otherwise these are dangerous to morals and not needed, as children have nothing to do but play before and after school.

Supt. J. H. Millspaugh, A.B., M.D., of Salt Lake City, Utah: Open-air recesses. Freedom and spontaneity are essential to perfect relaxation, yet rightly directed calisthenics will serve a purpose not met by recesses.

Pres. Geo. L. Osborne, LL.D., of Warrensburg, Mo.: Open air with spontaneous play properly directed. Greater freedom, better health conditions, better results. Calisthenics may be introduced for variety and systematic exercise with a view to regularity of movement and discipline.

Prof. John H. Philips, A.M., of Birmingham, Ala.: Both essential; first must be had; second should be; first, health; second, physical grace and strength.

Prof. W. B. Powell, A.M., of Washington, D.C.: The latter, because the exercise can be directed to known wants. The child has free undirected exercise enough without this.

Miss Estelle Reel, State Superintendent of Public Instruction, Cheyenne, Wyo.: Open-air recesses, because more helpful.

Prof. Wm. H. Smiley, A.B., of Denver: Open-air recesses with spontaneous play. The child, instinctively, unless abnormal, will harmonize his bodily organism with his environments better than any one can do it for him.

Pres. D. E. Sanders, of Fort Scott, Kan.: Open air. Greater freedom, purer air, more interest.

Pres. Z. X. Snyder, Ph.D., of Greeley, Colo.: Open air by all means.

James Russell Parsons, jun., and

Dr. Roland Keyser, of Albany, for Board of Regents, New York: Recess with play, because it affords complete and natural recreation.

Albert E. Winship, of Boston: I doubt the utility or necessity of a recess. Indoor recreations, singing, calisthenics, etc., would seem all sufficient.

Pres. Irwin Shepard, A.M., Ph.D., of Winona, Minn.: Open-air recesses once each session and calisthenics between recitations.

S. Henry Dessau, of New York City: Open air by all means. It restores oxygen to blood and gives vent to pent up energy.

Prof. Chas. Dennison, A.M., M.D., of Denver: Open air always in pleasant weather.

Joseph Eastman, M.D., LL.D., of Indianapolis: By all means open-air recesses with spontaneous play. Exercises by rule keep the mind on a strain. Chest expansion is better facilitated by outdoor exercise and chest expansion determines the capacity of any individual for physical or mental exertion.

Prof. F. Forcheimer, M.D., of Cincinnati: The former. We know that the air in schoolrooms is not the best, therefore as much fresh air as possible.

Prof. I. B. Perkins, M.D., of Denver: Always out-door. Indoor exercises are of little value; fresh air is what they need.

Prof. Henry Sewall, M.D., Ph.D., of Denver: A combination of both. Calisthenics should be practised in the open air when possible, and are then preferable if one mode of recess must be chosen.

P. A. Walling, M.D., of Park Rapids, Minn.: Open air and plenty of it. Reasons: This gives greater freedom and allows the minds to come in touch; also it brings out the slow ones, does away with the idea of a recitation as the set exercises are apt to be viewed.

Prof. James T. Whittaker, M.D., LL.D., of Cincinnati: Open air and spontaneous play because of better