diet. He would preach the doctrine of monositeism as a safeguard against inroads of disease, or as a means of reducing the organism to a normal condition of health. In a volume of 282 pages, Dr. Rabagliati makes many statements which convince one that there is much to be said in support of his theory, but we do not consider that the conditions governing health and disease can be controlled solely by regulation of the diet.

Some of the teachings of the author are extremely interesting

if not comforting; such as the following paragraph:

"458. Persons generally think that a fast continued for four, five, or six weeks would kill them; but it would not. Recurring attacks of illness, however, always tend to culminate in some more serious or fatal illness. Even if a-siteism for six weeks did prove fatal (which, however, it does not), the question is whether it would be preferable, if one must die, to die of fasting, or to die of disease. The latter is certainly much more painful."

There are many suggestive statements made by the author, which are undoubtedly the outcome of shrewd observation, and will be found both entertaining and instructive. There is much of good common sense to be found in the views recorded, and this makes the work of practical utility. We would therefore recommend the book to our readers, and we feel assured that everyone who reads it will find it well worth careful study.

A. P.

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Volume III. of this year's "Progressive Medicine" has a large staff of contributors, all men who stand quite high in the world of medical literature. They include such men as Dr. W. B. Coley, of New York; Dr. W. Ewart, of St. George's Hospital, London; Dr. W. S. Gottheil, Professor of Dermatology, N. Y. School of Clinical Medicine; Dr. A. P. Brubaker, of Jefferson Medical School; Dr. J. C. Hemmeter, of Baltimore; Dr. Alfred