

whenever he inspires or draws in his breath fully, but in the former that does not happen. The cure of this stomach cough depends chiefly upon clearing and strengthening the stomach, for which purpose gentle vomits and bitter purgatives are most appropriate; after which the body should be kept gently open. The Peruvian Bark will be found of considerable service; it may be chewed, taken in powder, or made into a tincture along with other stomachic bitters.

A nervous cough can only be removed by change of air and proper exercise. Immersing the feet and hands in warm water will often appease the violence of a nervous cough. A drink for a nervous cough may be made thus:—Peruvian bark, one ounce; gentian root, one-half ounce; orange peel, one-half ounce; and coriander seed, one-half ounce. Bruise them well, and boil them in two quarts of water; stir in when strained, one-quarter lb. of honey. Take one-half a glass one hour before each meal. Persons afflicted with a nervous cough, or any nervous disease, should pay the strictest attention to diet, air, exercise and amusement.

If a cough is caused by obstructed perspiration at the outset, the perspiration should be freed, and so by removing the cause, the effect will cease. Just so, when a cough is the symptom of some other malady, it is in vain to remove it without first curing the disease from which it proceeds. Thus, when a cough is occasioned by teething, keeping the body open, scarifying the gums, or whatever facilitates the cutting of the teeth, likewise appeaseth the cough. In like manner, when worms occasion a cough, such medicines as remove those vermin will generally cure the cough.

THE WHOOPING OR CHIN COUGH.

Seldom affects adults, but often proves fatal to children. Whatever hurts digestion, obstructs the perspiration, or relaxes the solids, disposes to this disease; consequently its cure must depend on cleansing and strengthening the stomach, bracing the solids, and, at the same time, promoting perspiration and the different secretions. In this disease a change of air is necessary, for it removes the patient from where the infection prevails, and tendeth much to cure the malady. The air should be chosen