

communication between all the different portions of the body, then we shall have a theory by which there is a possibility of conveying sympathetic impressions. But why these impressions should be so conveyed to various parts of this intricately woven web of nervous tissue, interfering with their harmonious action, is probably a mystery never to be explained.

A slight investigation into the studies of psychology will furnish us with a key to the mysteries of the wonderful cures said to have been performed by faith cures, Christian Scientists' patent medicine cure-alls, mineral waters, health resorts, shrines, hypnotic suggestion, doctrine of impressions, etc.

When all the different organs of the body are fulfilling their separate duties, performing all their proper functions in relation and harmony with each other, and in perfect condition with their environment our bodies are said to be in a state of physiological equilibrium, that is, in a state of health; in other words, at ease with all their surroundings. 'Now, whenever patients seek the aid of either doctor or dentist, it is naturally assumed that they are not in a state of ease, their condition is its converse, viz., disease, which is the general term for any deviation from a normal state of health. This little prefix (dis) expresses a converse or negative force fully, if a man is not honest he is dis-honest, if not able dis-able; if his body is out of order, dis-order. From this we may easily understand that disease is not a thing or substance, it simply denotes a peculiar state or condition, so that health, or ease, and disease, are merely relative terms, as good and bad, heat and cold, etc., and it seems to me that there is nothing for which self-knowledge is more indispensable in practical life than to enable a person to steer a straight course between these opposite extremes, and to discern clearly the boundary line between right and wrong. For example, too much heat will burn and destroy us, too little will freeze and destroy us, while the proper proportion aids health and life; so, too much or too little of anything that exists, acts in the same manner. Of some we need more, and of others less, to maintain health. Within the proper amount nothing is poisonous; out of the proper amount, everything is poisonous. For instance, weight for weight, and equally compressed, the oxygen of the air we breathe is the most deadly poison known to man. Did it ever enter your minds that a troy ounce of pure oxygen will kill more people, and in quicker time, than a troy ounce of any other known substance, strophanthine excepted. Yet we all know that we cannot live without oxygen. Muriatic acid is another deadly poison, and this, too, is a necessity to our existence, being supplied to our system in the form of chloride of sodium, or table salt.

The law of polarity, by which things good in themselves, if pushed to extremes become bad, and every truth develops a