Edited for the Farmer readers of the MONITOR by an Annapolis Valley Agriculturist

or horticulture and will be glad to answer the latter, or will undertake to have them answered by experts. We want to make this a helpful corner of the Monitor and one not only for the farmers but what will be of greater benefit, one by the farmers. Ed.)

The Windover was a barque carrying salt between Spain and the United States, with an English crew, and she was dismasted and abandoned about a thousand miles out on the Atlantic. Three of her crew were killed by the falling masts, and two others were washed overboard, but the other seven took to the whaleboat and set out for benefit, one by the farmers. Ed.)

success of fruit growing and who give careful attention to all the details of their spraying operations. The chief object is to show that a dozen or more farmers may profitably combine more farmers may profitably combine more farmers may profitably combine mostly annuals, producing seed the first year, and there is a tendency make a fire with as a distress signal of the producing seed the first year, and there is a tendency make a fire with as a distress signal of the producing seed the seaweed. Cold, seaweed washed up by the tide. The producing seed the seaweed washed up to the pr more farmers may profitably combine to purchase a power sprayer, place it in charge of some such man as usually does threshing, who can easily make himself conversant with the best methods of spraying, and engage him to make regular visits to their orchards. At each farm the expert sprayer will at a satisfactory of a team of the careful attention to selection and cultivation which has brought them up to their present high standing. Canadian farmers have not fully come were imprisoned on an inlet the less of their post.

until too late to be effective.

Farmers have reason to feel indebted from selected and transplanted roots. Seed of turnips and swedes is pro-Fruit Division, for bringing to their chard in quantity in this manner in Fruit Division, for bringing to their attention the merits of the power sprayer. If the old methods of spraying ware valuable, and it is generally that root crop seeds can only be sucing were valuable, and it is generally that root crop seeds can only be sucadmitted that they were, this new plan cessfully produced by harvesting the must prove infinitely better. It is crop before winter and transplanting thorough andrapid, and is accomplish them the following spring. The bulk thorough andrapid, and is accomplished with little or no exertion or inconvenience. The pressure is supplied by a small gasoline engine on the wagon and the spraying done while the horses are driven up and down between the rows of trees. The liquid is forced from a tank on the wagon through two lines of small rubber hose. By the wagon through two lines of small rubber hose. By the wagon through the winter and produce seed the following year. Some of the more reliable seed growers in these countries exercise a great deal of care insures perfect digestion and undispense of them the following spring. The bulk of these crops, which is imported for the Canadian trade, is grown in France and the south of England, where the climate is such that the roots may remain unharvested through the winter and produce seed the following year. Some of the more reliable seed growers in these countries exercise a great deal of care insures perfect digestion and undispense of the such as the such that the roots may remain unharvest and broken sleep. If you must and will live the killing pace, better keep in mind the sustaining powers of Ferrozone, a wonderful tonic and teconstruction. sible to reach the topmost parts of supply seed from their own selected the trees, and the spray, which is as stocks to small farmers who grow fine as a cloud of vapor, falls lightly quantities of seed for them under conupon the trees and adheres much bet- tract. The best quality of seed offerter than if applied in a coarse spray did in the Canadian trade is grown in as is sometimes done. The pressure of 80 to 100 pounds to the inch ensures to show that a great deal of the seed a spray so fine that it penetrates to of these crops offered in Canada, is all parts of the trees. This is one of of much inferior quality. The increasthe chief advantages of the new sprayed labor required to grow seed from er. The difficulty has been to reach selected and transplanted roots, raises the tops of the trees without a waste of the preparation used, which has been the invariable result when a heavy is not to blame. Our farmers have stream was turned on. Again the ap- demanded cheap seeds, without any pliances used by most farmers have guarantee as to quality, and the seedsmly one nozzle, while this, as has men have simply tried to meet the debeen stated, has six on each line of mand. A great deal of the root crop hose, and the force is much greater seed used in Canada is grown by small

erators of these machines could probitive. In the growing of these stocks it ably spray from 600 to 800 trees per is a common practice to sow late in day. Forty trees, some of them diffi- the season after an early crop has been in any case cult to get at, were sprayed in about harvested from the land. Young plants twenty-five minutes; after making sev- thus produced are in many cases not ones, the operators have been aver- able size during the first season. From aging between 400 and 500 trees a a crop of this sort a very large amount day. The trees sprayed will be given of top is produced, and a large quana regular course-four sprayings at tity of seed obtained per acre at a

It is hoped by the Department of It would be unreasonable to expect Agriculture that these tests will bring our farmers to grow root crop seeds shall die. about the general adoption of the for the Canadian trade and compete in power sprayer. A similar spraying ap- the matter of price with the seeds proparatus is being used by private owners in the Niagara district and is said trees where labor is so cheap, and cli-

to give excellent results.

The efficiency of the machine will the consumers of these seeds learn that shortly be increased, as it is the intention to use either nine or twelve noz- from selected and transplanted roots. zles instead of six on each line. Mr. grown in a climate similar to that McKinnon is this week attending a where the seed is wanted for use, the public competition of power sprayers quantity of home-grown stock offered in the famous Hitchings orchard near in the trade will be extremely limited. South Onondaga, N. Y., in order to It therefore appears that the growers familiarize himself with the merits and of root crops will find it to their addemerits of the various machines now vantage to purchase only seeds from

It is contended that if farmers will the price may be, or better still, grow only unite to carry out a systematic their own seed from the best and most campaign of spraying according to the typical roots raised on their own done towards eradicating the enemies of fruit. Exporters who are familiar with the results of spraying and the systematic care of orchards, strongly endorse spraying, claiming that it is weeks to even relieve cases that Cacertain to improve the quality of the fruit, and in support of their claim they refer to orchards where the system has been carried out, the fruit of four times a day and it cures a cold. which always commands the highest born cough

Our Root Crop Seed.

HOW AND WHERE THEY ARE GROWN, AND WHY THEY
FREQUENTLY FAIL TO
PRODUCE SATISFACTORY
CHOPS

Dr. Hamilton's Pills cure headache. Every careful stockman recognizes the fact that flush pasture is the ideal "The Cattle on a Thousand Hills are feed for keeping all classes of live stock in a hearty, thriving condition, but in most parts of this country it is necessary to provide large stores of suculent feed for the long winter months when pastures are not available. The various sorts of roots go a long way toward supplying a cheap and satisfactory substitute for grass, and in consequence many million bushels are grown annually. Large quantities of seed of turnips, swedes, mangels and carrots are used each year on Canadian farms, but the crops produced are freezeably disagregating. As a rule frequently disappointing. As a rule cation even among so-called Christian farmers. our farmers have hitherto been entirely in the dark regarding the sources Minard's Liniment lumberman's friend

Starvation Diets.

(From Answers.) The hardest fare that six strong men and a boy of fifteen ever kept alive on was the daily menu of the Windover's survivors, who were cast up on the Irish coast near Killsegg a few weeks ago. They lived for sixteen days on We invite contributions, criticism of supply of such secds, and the methand questions bearing on agriculture ods of growing them. The Seed Division of the Dominion Department of horticulture and will be glad to another the letter or will undertake to Agriculture has been investigating salt believes Spain and the United

The Spraying of Orchaids.

The POWER SPRAYER DOES RAP. ID AND THEROUGH WORK IN DEMONSTRATIONS CONDUCTED BY THE DOMINION FRUIT. DIVISION.

The Frait Division of the Dominion Department of Agriculture is just now giving a series of orchard demonstrations in Ontario and Quebec to illustrate the great advantages which follow the use of the power sprayer. During the past week work has been carried on in the vicinity of Woodsteck and Ingersoli, Ont., by Messrs, P. J. Carey, Dominion Fruit Inspector and J. C. Harris, West Oxford, both practical farmers who have made a success of fruit growing and who give careful attention to all the details of their spraying operations. The chief send attention to all the details of their spraying operations. The chief them is the best adden or their spraying operations. The chief them is the best adden or their spraying operations. The chief them is the bent already held. The result was that they ate up the other large butts of washed overboard, but parctically the whole and made as specialty of growing root crop seed, but practically the whole amount of such seed offered in the trade is imported from Europe and is grown in France, Germany and England. A favorable climate and cheap labor have made these countries the seed gardens of the world. A few notes on the way in which seeds are grown there, will help to explain why farmers often fail to get roots showing good type and uniform excellence all over a field.

Turnips, swedes, mangels and carrots are all biennal plants; that is, they store up nourishment in the root during the whole of the first year, and use that store of food for the production of seed during the second and final year of their life. Most of our days on the washed overboard, but after whole and the whole amount of such seed offered in the trade is imported from Europe and is imported from Europe and is grown in France, Germany and England is the whole and the seed countries the seed gardens of the world. A few notes on the way in which seeds are grown the way in oast five years ago, when four fisher-women were imprisoned on an inlet by the loss of their boat. They lived on "kelpie grass" for six days.

A diet of boots is one of the com-

At each farm the expert sprayer will only require the assistance of a team ster, and thus the regular work of the farm need not be interrupted. Under present methods every farmer in the fruit districts requires a spraying outfit of his own, and the spraying, if done at all, is done in a careless, half-hearted way, by men who do not know just when or how the work should be performed. Farmers are very busy at the season when spraying should be done; consequently it is often neglected entirely, or postponed until too late to be effective.

Canadian farmers have not fully recognized that the value of root crop seed is far from depending on their vitality alone. It is even more important that they be taken from carefully grown and selected stocks. We seldom see a field of roots that are uniformly true to type and free from abnormal growth of top large necks, and ill shaped, prongy goots. This undesirable state of affairs is largely due to the sowing of seeds taken from stocks of a similar quality and character.

The best quality of seed is produced stocks when four fisher women were improsed on an inlet by the loss of their boat. They lived on "kelpe grass" for six days.

A diet of boots is one of the commonest of last resource foods, and, though it is hard for a well-fed person to imagine that anyone could masticate and digest shoe leather, a pair of long seaboots will keep a man alive to the sowing of seeds taken from stocks of a similar quality and character.

The best quality of seed is produced shredded with a knife, and the shreds

gists, or Polson Co., Kingston, Ont

Dr. Hamilton's Pills cure headache. Injuries to Childre Heads.

A child sometimes falls on its head hose, and the force is much and the mist finer, which is all-important.

Under favorable conditions the operators of these machines could probe erators of these machines could probe the conditions the operators of these machines could probe the company practice to sow late in the company practice to sow late in the conditions the operators of these machines could probe the company practice to sow late in the conditions the operators of these machines could probe the company practice to sow late in the conditions the operators of these machines could probe the conditions the operators of these machines could probe the conditions the operators of these machines could probe the conditions the operators of these machines could probe the conditions the operators of these machines could probe the conditions the operators of these machines could probe the conditions the operators of these machines could probe the conditions the operators of these machines could probe the conditions the operators of these machines could probe the conditions the operators of these machines could probe the conditions the operators of these machines could probe the conditions the operators of the conditions the conditions it is always best to send for a doctor

> -The question of whether or not the rise to somewhat acrimonious discus-sion between people of different nation-A short time ago a German lady summoned the waiter in the salle a manger and said:
> "Close that window at once, or I

"Garcon," exclaimed an English lady tion: 'Leave it open till the German lady has died, and then close it till the English lady has expired. Then we shall be able to do as we like!''

-The Birmingham Post, Chamber —The Birmingham Post, Chamber-lain's personal organ, states on the authority of a French diplomat, that France has proposed to the British government the formation of an An-glo-French commission for the settle-ment of the Newfoundland shore ques-tion as soon as the Alaskan boundary dispute is settled. The diplomat in extra selected stocks, no matter what dispute is settled. The diplomat in question stated that there was an earnest feeling in France for a perma

They Take Weeks.

Ordinary remedies sometimes

Corns. Warts, Bunions, Callices. Removed for all time by applying Put-nam's Painless Corn and Wart Ex-tractor. It contains no acids, never burns, and cures permanently. Use only "Putnam's."

-A sentimental editor out in Kar as asks: Are there any sweeter words n the English language than these, I love you? Perhaps not, replies an xchange, but the words, Here's that Inhale Catarrhozone five minutes every hour and we guarantee it will cure any case of Catarri, Bronchitis, Asthma, Lung or Throat Trouble, Deafness. dollar I owe you on subscription,' are not lacking in delightful enunciation to the ear of a newspaper man.

It is very pleasant and convenient to use, quick to relieve, and certain as the hereafter to cure. Large size, complete, price \$1.00; small size 25c. Druggists, or Polson & Co., Kingston, orgia, last week, with fearful loss of e and property. A statement made the Mayor gives the loss of life as 25, the number of wounded 300, de-troyed houses 400, homeless 1500, and he financial loss \$600,000.

To Cure a Cold in One Day,

.... The first British Parliament of th Bug Death Pays

Kills the Bugs-Increases the Yield -- Improves the Quality.

\* Feeds the Plant bus. per acre better yield using BUG DEATH bus. per acre better yield using BUG DEATH EXPERIMENTAL FARM, Ottawa, had 61 GOVERNMENT FARM, Nappan, N.S., had increased yield using BUG DEATH. GOVERNMENT AGRICULTURAL School Compton, Que., says: "I have no hesitation in saying that BUG DEATH is true to its name, increases the yield and stops the blight. Such is our experience."

BUG DEATH CHEMICAL CO., Ltd. St. Stephen, N. B.

THE

## SOUTHERN STATES

Is the coming section of America, and if you want to locate in the most prosperous state of the Union, the one in which there are the most cotton factories, furniture factories and diversified factories of all kinds, write J. T. PATRICK, Pinebluff, North

DOMINION ATLANTIC RAILWAY

> Steamship Lines St. John via Digby

-AND-Boston via Yarmouth.

Land of Evangeline" Route On and after MONDAY, JUNE 15TH, 1903, the Steamship and Train Service of this Railway will be as follows (Sunday ex-

Trains will Arrive at Bridgetown: 

S. S. 'Boston' and 'Prince George.' by far the finest and fastest steamers plying out of Boston, leave Yarmouth, N. S., every Monday, Wednesday, Friday and Saturday, immediately on arrival of the express train, arriving in Boston next norming. Returning leave Lord Wharf, Boston, every Tuesday, Thursday, Thiday and Sunday at 2p.m. The S. S. Percy Cam will make daily trips between Kingsport and Parisboro. Unequalled cuisine on Dominion Atlantic Car Express

Royal Mail S. S. 'Prince Rupert,' 1260 Gross Tonnage, 3000 H. P. ST. JOHN and DICBY, Daily Service (Sunday excepted.) eaves St. John..... 7.45 a.m 

P. GIFKINS,

Trains and Steamers are run on Atlantic

## THREE DOLLARS TO FIVE DOLLARS.

MARVELLOUS DISCOVERY OF GOLD, SILVER AND COPPER ORE MADE ON PROPERTY OF THE EASTERN NATIONAL COPPER COMPANY, Ltd., AT CHETICAMP, CAPE BRETON

ORE-BEARING SCHISTS From 75 Feet to 100 Feet Wide,

AND TRACED FOR 5000 FEET ON THE LENGTH; DEPTH OF 85 FEET ALREADY PROVED

今日今日今日今日今日今日今日今日今日今日 MR. M. V. GRANDIN, engineer in charge of the development work, reports the discovery of an immense body of gold, silver, and copper bearing ore from seventy-five to one hundred feet wide on the property of the Eastern National Copper Company, Limited, at Cheticamp, Cape Breton. This is probably the first known in tense in Fastern Canada of the surface and the calculations of the known instance in Eastern Canada of the nnearthing of a large deposit of metalliferous ore such as made the mining industry of British Columbia, the Western States and Mexico of exceeded fifty per cant Another gang of great magnitude. The discovery in Cape Breton | men will shortly attack the doposit from

condition the opinion of mining experts that another point. It is estimated that every Cheticamp is one of the most important dollar spent underground opens up two mining districts in Nova Scotia. The Eastern hundred dollars worth of ore. The value of the big new deposit has not yet National Copper Company, Limited, owns some

ef the finest sections of this district and is now been determined, as it has not been fully explored.

THOUSANDS OF TONS OF ORE ALREADY IN SIGHT. Every Day Adds to the Proved Value of the Mine.

THERE is no safer form of mining investment | THE extension of the MacKenzie & Mann Railthan good gold-copper deposits, as they occur in way from Broad Cove to Cheticamp in the spring will give this great mining enterprise rail as well as water communication with all points. copper proposition. The property of the Eastern ation, walered stock, promoters rake-off, National Copper Company, Limited, is undoubted directors' parquisities, &c, which characterize edly one of the most valuable in the country.

Besides its extensive mining claims the mining and one half the entire capital stock has been

of the private fortunes of the United States owe their origin to a lucky investment in a golds but iness men, without the heavy over-capitalizcompany controls timber for mining and building placed in the treasury in reserve. 10,000 shares: purposes and will also have natural water-power. of the other half are being sold for development

A LIMITED AMOUNT OF STOCK IS OFFERED AT \$300 . PER SHARE (30 CENTS ON THE DOLLAR) PAR \$10.00. The stock was started at \$I per stare, and has advanced steadily to \$3. Next advance will likely be to \$5, and we expect that it will be quoted at par-\$10-in the Spring, based on actually blocked out. Less than 1000 shares will be sold at the present figure of three dollars.

Applications for Stock Should be Aldressed to Alfred Bennett & Co., Fiscal Agents, 16 PRINCE STREET, HALIFAX, N. S.

PALFREY'S

-AND-

REPAIR ROOMS.

Corner Queen and Water Sts.

GEDAR SHINGLES

To arrive this week, 2 carloads

ooM Cedar Shingles (5 grades.)

We always keep in stock

Morrow's Lime, Cement,

Coarse and Fine Salt, etc.

We can always supply you with

PORT HOOD COAL.

J. H. LONGMIRE & SON

ADMINISTRATOR'S NOTICE

ARTHUR PALFREY.

Agents Wanted in Each, Locality. Write for Prospectus.

CHURCH SERVICES. CARRIAGE SHOP Parish of Bridgetown.

HURCH OF ENGLAND .- Rev. E. Underwood ST. JAMES' CHURCH, BRIDGETOWN. 30 p. m. All other Sundays at 11 a. m. and 30 p. m. Holy Communion: 3rd and 5th Sundays at 11 a. m., 2nd and 4th Sundays at 8 a. m.

St. Mary's Church, Belleisle.

1st Sunday in month, 10.30 a. rn. (The Holy Communion is administered at this service.)

All other Sundays at 3 p. m.

Sunday School: 1st Sunday in month at 9.45 a. m. All other Sundays at 1.45 p. m. Young's Cove.
1st Sunday in the month at 2.30 p. m. BAPTIST CHURCH.—Rev. E. E. Daley, r. Bible Class and Sabbath-school at 10

preaching service at 11 a. m. and 7.30 p. Prayer-meeting on Wednesday and Frie evenings of every week. iordon Memorial Church (Presbyterian).— Rev. H. S. Davison, Pastor. Public worship every Sabbath at 11 a. m. and 7.39 p.m. Sab-bath-School and Pastor's Hible class Wedness Congregational Art P. P. S. C. E. Prayer Meet-lay at 7.39 p.m. All seats free. Ushers to welcome strangers.

PROVIDENCE METHODIST CHURCH.—Rev Benj. Hills, pastor, Sunday services at 11 a.m and 7.30 p.m., Sunday-school at 10 a.m Prager Deworth League every Friday even ing at 7.30. Strangers always welcome. Granville: Preaching every Sabbath at 11 a.m and 3 p.m., alternately. Prayer meeting every Friday at 12 p.m., Bentville: Preaching every Sabbath at 11 a.m and 3 p.m., alternately Prayermeeting on Thursday at 7.30 p.m.

LVATION ARMY .- S. M. Munroe,

CANADIAN PACIFIC

To the Canadian North West. THE subscriber is prepared to turnish the public with all kinds of Carriages and Buggies, Sleighs and Pungs that may be desired.

Best of Stock used in all classes of work.
Painting, Repairing and Vanishing executed in a first-class manner. On June 3rd and 17th,

and July 8th, 1903. To Winnipeg, Esteven Moosomin, Swan River \$28.00 To Regina, Moosejaw, \$30.00 Prince Albert McLeod, \$35.00 \$40.00

Good to Return two mon ths from date of iss Further particulars on application to C. B. FOSTER, FINEST and

FRESHEST

Wm. I. Troop

GRANVILLE STREET.

For cleaning silver plate the following

Polishing Silver.

The Bousehold.

ixture is recommended: To two ounces of French (prepared) chalk add one quarter of an ounce of ammonia, four ounces of alcohol and two ounces of water. Add to this decided to astonish them some day with when the chalk and water are thoroughly her learning. She certainly did astonish incorporated, ten grains of cyanide of potas. | them. sium dissolved in two ounces of water. The onsistence. To give it a pleasant odor, add assafras is added purely for æsthetic reasons, as it serves no utilitarian purpose whatever. The mixture is to be placed in a bottle and thoroughly shaken before being used.

To apply pour a little into a saucer, dip in he end of a soft jewelry brush and go over in a voice that thrilled every listener, prothe whole surface of the article in question. If this happens to be deeply engraved, use what painters call a "stippling" stroke, which consists of jabbing the ends of the bristles into the recesses and grooves of the chasing. If highly polished do not use a

For use under this latter condition make a pad of cotton flannel filled with cotton cool. Dip this into the mixture, going ove the surface with very light, circular strokes. After the article has been restored to its original whiteness, wash thoroughly in hot water and castile soap, rinse in scalding water, and, if it be a piece of hollowware, I ke a mug or a cream pitcher, invert it, when it will dry almost instantaneously. Then

A GOOD POLISHER.

In all polishing of this nature the greates are should be taken to exclude every ator of dust of every sort from the cloth used for polishing. The best way to insure freedom from dust is to buy several yards of cotton flannel, cut into squares ten or fifteen inches across, and pack away in a box fitted with a secure lid. Then take a fresh piece every time, discarding when the cleaning is over. For cleaning oxydized, French, gray or my other finish whose silver is altered from its natural state, use only soap and water, ollowed by rinsing in scalding water, and lrying as before. By way of explanation it

engraving, etc., are to be included in "naural state." To prevent silver from tarnishing, place a ew lumps of camphor in the box or drawer containing the silver articles; this will neutalize to some extent the gases which turn silver dark. If silver is to be stored for some length of time, it should be cleaned oroughly and placed in botton flannel bags that can be closed tightly at the top. Then these bags should be wrapped in pareffine aper, or still better, in beeswaxed paper. To make the latter (it cannot be bought) emooth surface covered by a white cloth. Shave the beeswax thickly over the paper and then pass a hot iron over the paper, when

should be stated that chasing, satin finish,

the wax will be melted right into the paper -"Much of the unhappiness of women omes from insufficient sense of the humor ous, not to say the ludicrous and ridiculous. There would be much more misery among sense of humor which the normal, healthy woman has, and which any wife must of made a point. necessity exercise in her domestic life. Wherever you see a happy, contented wife, you may make up your mind that she has a

nental outfit. It seems incredible to me that any wom even in the pages of fiction, should try to deend this antiquated theory.

It is strange, but there does seem to n to be a pretty strongly conceived notion among many women that fun and humor are the enemies of romance. Some women are bent upon making their love affairs as heir funerals. I have known girls in love o be the most lugubrious kill joys, whenver any humor began to crop out of their over's character.

Such a sentiment seems to me inexplicable in view of the fact that it is the men who love us who are always preaching and rging upon us a broader sense of humor Why, one of man's favorite subjects of conversation with women has always been this ery thing. The lack of humor in ourselves nd the want of appreciation and recognition f it in others, especially if that "other" appens to be our busband, has ever bee held up as the charactic failing of our whole men, too, whom we wish most of all to please -that the lion's share of life's happiess is to be conserved to us in no other way than by the exercise of a sense of humor-

saving, divine sense of humor. It should always be borne in mind, how ver, that in order for a woman to have and o exercise a sense of humor it is not neces. sary that she should turn herself into a sem rofessional?comedienne. For certainly no hing is more obnoxious to any sane-minde man, or woman either, than the woman who enj ys the reputation of an inveterate prac-

It is, perhaps, the potentially, not the esentially, humorous woman that a man likes nest-indeed that we all admire most. It is the woman who can rise to the occasion with humor and diplomatically take in a lelicate situation, that commands the ad. | South Africa. niration of a man. The woman gifted with a true sense of

umor can at crucial moments tide over an mbarassing or painful situation with such are tact as to take away the breath of all scholders. I have seen it done myself. She should never forget that her precious sense of humor must always be negative rather then positive; that it must be mildly antly, "'e wasn't wounded, but, (brightning) onservative, not aggressive. Mindful of e'ad an 'eadache." this, she will seldom err."-Mre. Chauncey Depew.

Eggs with Cheese Sauce.

1 1 2 cupfuls of milk. 3 tablespoonfuls finely chopped cheese 1 1 2 tablespoonfuls butter. 3 4 teaspoonful salt. 1 12 teaspoonful paprika or cavenne.

Boil the eggs for twenty minutes; shell and remove a thin slice from each end. Divide them into halves crosswise; stand apright in a saucepan containing a little iling water; cover and place where they will keep hot until ready to serve. Mix the butter and flour together well and pour in the milk, and stir over the fire until boiling: add the rest of the ingredients, and continue stirring until the cheese melts. Pour the sauce on a heated platter, stand the eggs in

make our nervous system our ally instead of our enemy. It is to fund and capitalize our our enemy. It is to fund and capitalize our acquisitions and live at ease upon the interest of the fund. For this we must make automatic and habitual, as early as possible, as many useful actions as we can, and guard against the growing into ways that are likely to be disadvantageous to us as we should guard against the plaque. The more of the details of our daily life we can hand/over to the effortless custody of automatonism the the effortless custody of automatonism the more of our higher powers of mind will be set free for their own proper work. There is no more miserable human being thau one in whom nothing is habitual but indecision,

Remarkable Bible Verse.

Little Agnes went to Sunday school with her big brother and sister, but was consid, ered too young to do all that the others did this hurt her dignity very much, and she

30ker's Corner.

One Sunday the superintendent asked the resulting mixture should be of a creamy | pupils to recite a Bible verse that would be appropriate as a yearly motto. One af er texts, then the superintendent said :

"I do not suppose any of the infant class has a verse?" Up went Agnes' hand. "You may recite yours," smiled the kind

There was a young maiden named Kate, Who sat on the stairs very late; When asked how she fared

She said she was scared, But otherwise feeling first-rate. The older brother and sister nearly col lapsed from shame, but that fine superin tendent said without a shadow of a smile: "I think the sentiment in that verse is very instructive. Kate was not only a very brave girl for sitting out there when she was scared, but she was cheerful and unselfish in making the best of it before others."

After that, little Agnes was considered

Recognized the Description.

quite old enough to recite verses.

Miss Fanny, who had just taken hold of a room in an east side school, had been have ing short morning talks with her children on subjects which she thought would be at once

interesting and instructive. One morning she told them about the "three kingdoms," the mineral, the vege-table and the animal, and had explained a simply as she could the meaning of each. Then naming a number of objects she let the children tell to what kingdom it belonged. They enjoyed the exercise immensely.

The next morning the talk was along the ines of simple natural history. "Now, children," she said, "let us see what you remember about the animal king. dom and domestic animols that belong to it. You have named all the domestic animals but one; who can tell what that one is? It

has bristly hair, likes dirt, and is fond of getting in the mud." And Miss Fanny looked expectantly all round the room "Can't you think, Tommy?" she asked ouragingly.

"Yes'm," was the shame-faced response, "that's me !"-New York Times. Reciprocal Applause

During a congressional campaign in a vestern district largely settled by Scandin-

Richard Golden, of Chleago, was there one vacation, and accepted the invitation to make a speech. "While I was speaking," says Mr. Golden, "I noticed one old greybeard down in front who seemed to be greatly impressed married couples were it not for the saving by what I said. He laughed at my jokes and applauded vehemently whenever

"When I had finished my old friend down in front was introduced. He spoke n the Sweedish language, and, although I srmined to show my appreciation of the aplause he had given me. So guided by in lections of his voice. I applauded vigorous y every time he seemed to reach a climax. was making myself conspicuous, and 1 no ticed that some of the people in the hall were looking hard at me and smiling. Fin-

ally a man in the row behind me leaned over and whispered to me: "Do you know what he is saying?" ho "No," I said; "I really can't understand

a word he says."
"Then I'll tell you for your guidance tha he is translating your speech.

Not Expecting a Flood. An old lady recently bargained with a

abman standing outside Colchester railway ation to take her into the town. The sum being agreed upon, the same rearned into the station, and soon reappeared with two parrots in cages, which she handed up to the cabman. Again she journeved to he platform, and brought out two cats. A third trip she made, bringing back a daintily dressed fox terrier, and a fourth expedition

"Beggin' your gardon, ma'am, but you ain't expecting a flood, I 'ope?" " Doar me, no," was the reply; " whatver made you ask that question, cabby?" 'Oh, it's all right, ma'am," said Jehu. I thought I'd ask, 'cos I ain't certain as ow my horse can swim, and I fancied by the ook of your luggage that you were a-takin'

was interrupted by cabby exclaiming:

my keb for a Noah's ark !"-Tit Eits.

· Veteran. Here is an echo of the war which has its numorous side. A little gitl was explaining to her Sunday school teacher the other day that her father was only just back from

tle.?" asked the teacher.
"Ow, yes, teacher," said the little maid, and Pardyberg, father wos." "And was he wounded in any of then.?"

pursued the teacher. "No, teacher," admitted the girl, reluct-

In Safe Hands.

The little brother had a large imagination hich he liked to use on his small sister He was playing with his ball on the lawn and his sister stood by him adminingly watching his performance. Tossing it high into the air, he called her attention away so that she did not see it come back again. Then he announced, "My ball's gone. I can't play with it any more. I threw it 'way up to heaven."

The little sister looked at him gravely. "Oh no;" she said, "you haven't lost it, God and Jesus are honest people, and they'll throw it back again.'

An exchange tells of a couple of girls who An exchange tells of a couple of girls who went to a livery stable and asked for a gentle horse, as they wished to drive out in the country a few miles. The man gave them one, and told them the horse would be all right if they kept the rein from his tail. When they returned in the evening he asked them if they had any trouble. "Oh, no," and one, "there was one little shower, but

is no more miserable human being than one in whom nothing is habitual but indecision, and for whom the drinking of every cup, the time of rising and going to bed every day, and the beginning of every bit of work are subjects of express volitional deliberation.

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