PAINS ACROSS THE BACK

Relieved by Lydia E. Pinkham's Vegetable Compound

Mitchell, Ontario.—"I have taken your medicine for a number of years. I do not take it steady all the time, but I am never without it. I always keep it in the house. I took it first for pains in the abdomen and bearing-down pains, headaches and pains across the back. I have my home to look after and many a day I could not get up at all. I saw the advertisement in the papers about Lydia E. Pinkham's Vegetable Compound, and Mrs. John Miller told me about it, too. Every time I take it, it makes me feel better and I always recommend it to my friends. I am willing to answer letters from women asking about this medicine and you may use this letter as a testimonial."—Mrs. F. J. WASSMANN, Mitchell, Ontario.

The merit of Lydia E. Pinkham's Vegetable Compound is told by women to each other. Many women know by experience what this medicine will do and they are anxious for others to know.

Such testimony should cause any woman suffering from the troubles so common to her sex to give this well-known medicine a fair trial.

Do you know that in a recent canvass among women users of the Vegetable Compound over 220,000 replies were received. To the question, "Have you received benefit by taking this medicine?" 98 per cent. replied "Yes."

This means that 98 out of every 100 women are in better health because they have given this medicine a fair trial. C

Feel Splendid! Nicest Laxative, "Cascarets" 10c

Don't stay headachy dizzy, bilious, constipated, sick!

One or two pleasant candy-like 'Cascarets' taken any time will mildly stimulate your liver and start your bowels. Then you will both look and feel clean, sweet and refreshed. Your head will be clear, stomach sweet, tongue pink and your skin rosy.

Because "Cascarets" never gripe or sicken, it has become the largest selling laxative in the world.

Directions for men, women, children on each box—any drugstore.

Hair Beauty

Thick, Gleamy Hair in a Moment

Girls! Try this! When combing and brushing your hair, just moisten your hair brush with a little "Danderine" and brush it through your hair. The effect is startling! You can dress your hair immediately and it will appear twice as thick and heavy, an abundance of gleamy, wavy hair, sparkling with life, incomparably soft, fresh, youthful.

Besides beautifying the hair, a 35-cent bottle of refreshing, fragrant "Danderine" from any durg store will do wonders, particularly if the hair is dry, thin, brittle, faded or streaked with gray from constant curling and waving which burn the color, lustre and very life from any woman's hair.

Warwick Council

Warwick, Oct. 3rd, 1925.

The council met pursuant to adjournment. Members present. Minutes of previous meeting read and adopted.

The minutes of the Court of Revision on assessment were read and drains to the weight of the following drain satisfactorily filled: Geo. Hawthorne, car, That assessment be furnished indefinitely ... A. Meadows, ditto ... C. Hollingsworth, ditto ... furnished ... A. Williamson, repair bridge on 4th con ... John McCormick, 1 sheep killed by dogs ... Cecil McNaughton, work on gravel pit ... Geo. Pike, assistance ... very, Cameron ditto ... W. Morgan, ditto ... F. Ward, ditto ... H. F. McDougall, ditto ... Ross Herrington, ditto ... C. A. Jones, assistance on survey Iles drain ... C. A. Jones, survey Iles dr ... Thos. Karr, gravel furn... Frank Conkey, ditto ... Roy Miller, ditto ... work with team at ... 9 sideroad ... Harper, ditto ... John McClelland, 2½ days holding grader ... N. Herbert, refund on Minielly drain ... B. B. Dann, cement work ... Ed. Ruth, Warwick's share Brown drain ... A. G. Brown, ditto ...

Sessions—McClelland, That the Reeve and Treasurer be authorized to issue debentures for J. D. McNaughton for $200.00 for tile drainage purposes.—Carried.

Sessions—Kelly, That this council appoint Mr. Youngston, Mr. ... and Mr. Leslie McKay to solicit applications for Hydro.—Carried.

Chambers—Sessions, That we accept the application of John Joynt as collector for 1925 at a salary of $100.00.—Carried.

Bylaw No. 8 to authorize trustees of School Section No. 17 to borrow $25.00 was read the first, second and third times and finally passed.—Carried.

The council then adjourned to meet on Monday the 2nd day of November at one o'clock for general business.

N. Herbert, Clerk.

PLYMPTON COUNCIL

Plympton Council met at the Town Hall, Oct. 3rd, 1925.

Members all present. Minutes of previous meeting read and adopted.

Park drain bylaw No. 12 of 1925 was finally passed and Robert Anderson and Ernest Helps were appointed commissioners.

Bylaw No. 14 of 1925, filled in with the name of Frank Sherk as tax collector at a salary of $165.00, and finally passed.

A communication from Keith Hillier re damage to auto on Plympton and Sarnia townline was received and filed.

The following accounts were passed and orders issued in payment

Wm. Campbell, repairs to Pascoe drain	$ 3.00
A. S. Code, survey, plans, reports to Park drain	104.00
A. G. Minielly, clerk's fees, Park drain	20.00
A. S. Code, survey, plans, report Hill-Hubbard drain	47.00
A. G. Minielly, clerk's fees Hill-Hubbard	15.00
J. M. Morris, insurance township hall and shed	12.50
A. G. Minielly, 3rd qr salary	75.00
Postage and excise	7.89

Tp. Supt. pay lists Nos. 975 to 1017 were approved and orders issued amounting to $624.99.

Council adjourned to meet on Saturday, Oct. 31st, at ten a.m., for general business.

A. G. Minielly, Clerk.

HOW TO SAVE

Interesting Booklet on Yearly Purchase Plan an Aid to Small Investors

An interesting and valuable little booklet is published by Burnett Sainte Clair & Co., investment bankers of Montreal, setting out an excellent plan whereby the public of Canada may buy good securities and pay for them over a period of one year. The object is to cultivate the habit of saving money among people who have never been accustomed to buying securities, and to show them how profitable it will be for them to invest their saving in this way and spread the payment over a year.

Good securities can be bought on this plan, with all the opportunities of taking advantage of market variations, and yet the investor has an entire year in which to pay off the balance due on his account. Under this plan the investor pays 25 per cent. of the purchase price on placing the order, and the balance, including the customary interest, in eleven equal monthly instalments. The book outlining this plan can be obtained upon application to the company at its Montreal office, Canada Cement Building, Phillips Square.

See ad. on page 6.

Printing of all kinds promptly done at The Guide-Advocate.

Pratts Roup Remedy

Roup—A Deadly Disease of Poultry

Pratts Roup Remedy is

Guaranteed to Cure!

Valuable Poultry Book and Advice FREE

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Children Cry for

Fletcher's CASTORIA

Fletcher's Castoria is a pleasant, harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups, especially prepared for Infants in arms and Children all ages.

To Mothers: Examine every bottle of CASTORIA always look for the signature of Chas. H. Fletcher.

Genuine CASTORIA always bears the signature of Chas. H. Fletcher on each package. Physicians everywhere recommend it.

BEAUTIFY IT WITH "DIAMOND DYES"

Just Dip to Tint or Boil to Dye

Each 15-cent package contains directions so simple any woman can tint soft, delicate shades or dye rich, permanent colors in lingerie, silks, ribbon, skirts, waists, dresses, coats, stockings, sweaters, draperies, coverings, hangings — everything!

Buy Diamond Dyes—no other kind—and tell your druggist whether the material you wish to color is wool or silk, or whether it is linen, cotton or mixed goods.

Speedy Relief

IS GIVEN TO COUGHS, COLDS AND BRONCHITIS WHEN TREATED WITH THAT WONDERFULLY EFFECTIVE HOUSEHOLD REMEDY

ROBERT'S OF THE EXTRACT OF COD LIVER AND TAR SYRUP

KEATINGS KILLS

BUGS FLEAS FLIES ROACHES

PACKAGES 10¢ 20¢ 40¢

Sprinkle under rugs and in clothes closets to KILL MOTHS

AFTER ALL There's Nothing To Equal Zam-Buk FOR THE SKIN!

COMMUNICATION

Editor Guide-Advocate:—

In connection with the recent Liberal meetings held at Alvinston, the following may be of interest to your readers.

There was first a meeting of the Executive at which it was decided to call a general convention to consider the matter of nominating a candidate. At the convention which followed the representatives from the north opposed the nomination of a candidate for the following reasons: First—There was no chance of electing a Liberal at this time. Second—Placing a Liberal in the field here would endanger the Liberal cause in West Lambton. Third—It would mean the election of the Conservative candidate.

The majority of those present were not agreeable to this and Mr. Shaughnessy, Reeve of Petrolia, received the nomination. After making a careful study of the situation, Mr. Shaughnessy came to the same conclusion as the Liberals from the north, and at a meeting of the Executive, on Oct. 3rd, handed in his resignation which was accepted. At this meeting it was decided that no Liberal should be placed in the field at this election unless the Progressives nominated a candidate in West Lambton.

All present agreed to this, except Mr. Hillis, of Oil Springs, and Wm. Annett of Brooke. Mr. Shaughnessy agreed to again enter the field if the Progressives of West Lambton made such action necessary.

Great was the surprise the following Monday, when the report went around that Mr. Stirrett, of London, was to run as a Liberal in East Lambton. Little credence was given to the report until notice was received calling another convention for October 9th. Liberals from the north went to this meeting in goodly numbers to defeat this movement, but their motion to "not place a candidate in the field" was ruled "out of order," and they withdrew from the convention. They believe that the cause of Liberalism in East Lambton will be best served by supporting the Progressive candidate.

If the Liberals of north Lambton have fallen into evils ways, they have the satisfaction of knowing that they are in good company, as the following reports show.

The Liberals of North Simcoe are supporting ex-Premier Drury, Progressive.

The Liberals of Ontario-Muskoka are supporting Mr. Halbert, Progressive.

The Progressives of Durham are supporting Hon. Vincent Massey, Liberal.

Finally Premier King, speaking at Regina, said: "The Tory Party are our natural enemies; Progressives are our natural friends. I am going to try and bring Liberals and Progressives together on the things they have in common in order that the common enemy may not take charge of administration of the country."

If Mr. Stirrett still persists in running as a Liberal, he will find the Liberals of the north working with the Progressives as the one and only means of defeating the High Tariff party in East Lambton.

(The report in several newspapers that Mr. Pettypiece, of Forest, was in favor of bringing out a candidate is entirely wrong. Mr. Pettypiece has consistently opposed the bringing out of a Liberal candidate, and is with other Liberals in the north supporting Mr. Fansher.)

DUNCAN WHYTE,
ROBERT HAIR.

Forest, Oct. 11th, 1925.

Watford H. S. Field Day

LOCAL ATHLETES OUTCLASS VISITING SCHOOLS

O. Shugg Again Boys' Champion; Dorothy Delmage Retains Girls

The annual field day of the Watford High School was held Thursday afternoon and evening, when, in addition to the pick of the athletes of the local school, the best athletes from the high schools of Forest and Strathroy were here to compete. A fine program of field sports was run off in the afternoon, while in the evening two fast basketball games were played in the armory. The final results revealed that Watford High School had amassed more than double the number of points than either of the visiting schools could muster, the final standing being: Watford, 112 points; Strathroy, 55 points; Forest, 24 points. The individual championships were both captured by Watford athletes, the boys' championship being won by Orville Shugg, with seven firsts and one second out of 10 individual events; the girls' championship being won by Dorothy Delmage, with four firsts and one second out of six individual events.

The boys' relay race was won by Strathroy, with Watford in second place, while the girls' relay race was won by Watford, with Forest in second place.

The boys' tug-of-war was won by Watford, with Forest and Strathroy tied for second place, while the girls' tug-of-war was also won by Watford, with Strathroy and Forest again tied for second place.

The basket ball games were between Watford and Strathroy, the Strathroy boys defeating Watford boys, the final score being Strathroy 21, Watford 12. The Watford girls came out winners in their game with the Strathroy girls, the final score being Watford 19; Strathroy, 11.

The visiting athletes were entertained by the local students at a fine banquet at the armory, early in the evening and later at a dance.

Boys' Events.

100-yard dash—I. Parker, Watford; Richardson, Forest; G. Tait, Watford. Time 12 seconds.

220 yard dash—O. Shugg, Watford; D. Wright, Strathroy; A. Gilroy, Watford. Time, 24 seconds.

Shot-put—A. Heaton, Watford, O. Shugg, Watford; Stewart, Strathroy; Distance 33 feet 3 inches.

Half mile—O. Shugg, Watford; Bullick, Forest; A. Heaton, Watford. Time, 2 minutes, 40 seconds.

Standing broad jump—O. Shugg, Watford; G. Kelly, Watford; R. Cameron, Strathroy. Distance, 8 feet, 3 inches.

Running broad jump—O. Shugg, Watford; E. Wright, Strathroy; D. Wright, Strathroy. Distance, 18 feet 4½ inches.

Hop, step and jump—O. Shugg, Watford; D. Wright, Strathroy; G. Tait, Watford. Distance 36 feet 5 in.

Standing high jump—E. Wright, Strathroy; N. Runnals, Strathroy; A. Gilroy, Watford.

Pole vault—O. Shugg, Watford; N. Runnals, Strathroy; G. Tait, Watford.

Relay race—1, Strathroy; 2, Watford.

Tug-of-war—1, Watford; Forest and Strathroy, tie.

Running high jump—O. Shugg, of Watford; E. Wright, Strathroy; D. Wright, Strathroy. Height, 5 feet, 3 inches.

Girls' Events.

100-yard dash—D. Delmage, Watford; B. Gault, Watford; B. Crinnan, Forest. Time, 12.5 seconds.

Standing broad jump—Taut, Strathroy; D. Delmage, Watford; B. Gault, Watford. Distance. 7 feet, 1½ inches.

Running broad jump—D. Delmage, Watford; B. Crinnan, Forest; Tout, Strathroy. Distance, 13 feet 1¼ ins.

Hop, step and jump—D. Delmage, Watford; J. Lane, Forest; Tout, Strathroy. Distance, 27 feet, 11 ins.

Running high jump—D. Delmage, Watford; Runnals, Strathroy; Tout, Strathroy. Height, 3 feet 10 inches.

Relay race (440 yards)—Watford Forest, Strathroy.

Tug-of-war—Watford; Strathroy and Forest, tie.

Throwing soft ball —B. Durstan, Watford; Manning, Forest; Rawlings, Forest. Distance 136 feet.

Out Goes All RHEUMATIC POISON

Rheuma Acts on Kidneys, Liver and Bladder the Very First Day

Get a bottle of Rheuma today and wear a satisfied smile on your face tomorrow.

It's a remedy that is astonishing the whole country, and it's just as good for gout, sciatica, lumbago and kidney misery as for rheumatism.

It drives the poisonous waste from the joints and muscles—that's the secret of Rheuma's success.

But we don't ask you to take our word for it; go to J. W. McLaren or any good druggist and get a bottle of Rheuma today; if it doesn't do as we promise get your money back. It will be there waiting for you. 1

Having taught history for a while, Vincent Massey thinks it is about time for him to help make it, just for a change.—Hamilton Herald.