

# Got a Cold?

Pepp will give you relief. Simply dissolve a Pepp tablet in your mouth. Your breath carries medicinal Pine vapor, which is released, to all parts of the throat, nasal and air passages, where a liquid medicine could not possibly reach. This vapor destroys all germs with which it comes in contact, soothes and inflames the membranes and relieves you against coughs, colds, throat, bronchitis and grippe. It contains absolutely no harmful drugs and are therefore the best remedy for children.

**FREE TRIAL.** Cut out this article, write the name and date of this ad, and mail it (with 1c. stamp) to Pepp, 1000 Main Street, Toronto. A free trial packet will then be sent you. All drug stores and stores sell Pepp, 50c. box.

# Pepp

MAKE BREATHING EASY

MEDICAL

ES NEWELL, PH. B., M. D.  
R. C. P. & S., M. B. M. A., England,  
Coroner County of Lambton,  
Watford, Ont.

Office—Corner of Main and Front streets.  
Residence—Front street, one block east of  
Main.

W. SAWERS, M. D.  
WATFORD, ONT.

Formerly of Napier) Office—Main  
Street, formerly occupied by Dr. Kelly. Phone  
125. Residence—Ontario Street, opposite Mr.  
Connell's. Night calls Phone 13B.

G. SIDDALL, M. D.  
WATFORD, ONTARIO  
Office—Main street, in office formerly occupied by  
Dr. Brandon. Day and night calls Phone

DENTAL

GEORGE HICKS,

D. S. TRINITY UNIVERSITY, I. D. S.  
Diploma of Dental Surgeon, Post graduate  
Diploma of Dental Surgeon, Orthodontia and  
Dental Work. The best methods employed in  
the natural teeth.  
Office—Opposite Taylor & Son's drug store  
T. Watford.  
Residence—Hotel, Arkona, 1st and 3rd Streets,  
each month.

N. HOWDEN  
D. J. S. L. D. S.

WATFORD, Ont. The Royal College of Dental  
Surgeons, Ontario, and the University of  
Toronto. Only the Latest and Most Approved  
Methods used. Special attention  
to Bridge Work. Office—Over Dr.  
Surgery, MAIN ST.—WATFORD

Ordinary Surgeon.

McGILLICUDDY  
Veterinary Surgeon,

R. GRADUATE ONTARIO VETERIN  
College, Dentistry a Specialty. All  
of domestic animals treated on scientific  
basis.  
Two doors south of the Guide-Advocate office.  
Residence—Main Street, one door north  
of McGill's office.

Auctioneer

J. F. ELLIOT.  
Licensed Auctioneer  
For the County of Lambton.

Attention to all orders, reasonable  
prices. Orders may be left at the Guide-  
Advocate office.

don Hollingsworth  
Licensed Auctioneer  
for the County of Lambton.

UL attention paid to all orders. Terms  
reasonable and Satisfaction guaranteed.  
Orders may be left at the Guide-Advocate office.

# D. HONE

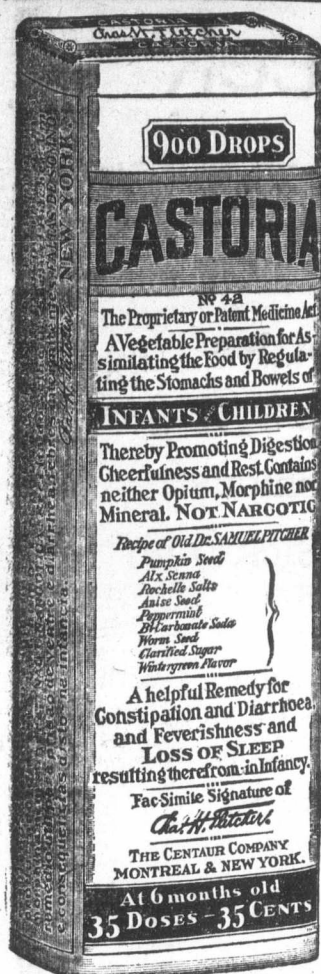
Interior and Decorator  
Paper Hanging

WATFORD - ONTARIO

WORK  
P. T. ATTENTION  
REASONABLE PRICES  
SATISFACTION GUARANTEED  
ESTIMATES FURNISHED

1000—ST. CLAIR STREET

Stationery of the finest  
quality, lower than city prices.  
See samples and prices.  
THE GUIDE-ADVOCATE.



Exact Copy of Wrapper.

# CASTORIA

For Infants and Children.

Mothers Know That  
Genuine Castoria

Always  
Bears the  
Signature

of  
*Chas. H. Hitchcock*  
In  
Use  
For Over  
Thirty Years

# CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

Use only three level tea-  
spoonfuls for five cups

# RED ROSE TEA "is good tea"

Sold only in sealed packages

125

## Economy of Ford Service

WEAR is unavoidable even in the best car, but certain parts wear out more quickly than others. There is no need of scrapping your car because the piston rings have seen their day, because the platinum points of the vibrators are worn out. Probably the rest of the car is as good as new.

Medical men agree that the human body is renewed, cell by cell, every seven years. You can do the same with your Ford Car and prolong its life at minimum cost by replacing worn parts from time to time.

Ford service has been the means of doubling the lives of hundreds of Ford Cars, and cutting down the cost of motoring. The fact that a Ford Touring Car, which costs \$690, f. o. b. Ford, Ont., can be purchased part by part separately for \$917 is ample proof of the economy of driving a Ford Car.

It will pay you to have your car overhauled during the winter months. 700 Canadian Dealers and over 2,000 Service Garages supply genuine Ford parts and prompt repair service.

When buying, choose a Ford, and take advantage of the economy of Ford service.

# Ray Morningstar

DEALER

WATFORD

## FALL STABLE CLEAN-UP

The Health and Comfort of Live  
Stock Demand It.

Need of Ventilation, Light and Clean-  
liness to Avoid Tuberculosis and  
Other Diseases—Use Whitewash,  
Whether Sprayed or Brush-  
handled, and Brighten Interior.

(Contributed by Ontario Department of  
Agriculture, Toronto.)

THE observance of the laws of health, so vital to the well-being of man, is regarded even in this enlightened age, with considerable indifference in the treatment of animals upon whose good health that of man himself depends to a considerable degree. That animals are not more affected by disease, of some form or another, to a greater extent, is purely providential, for the sanitary conditions under which they are often reared is of the worst. Why this apathy concerning the state of the stables, in which frequently valuable animals are housed, is difficult to understand, since cattle, any more than man, cannot maintain their health and vigor for long in such unfavorable conditions; yet the stockman who keeps cattle for profit must know that to gain maximum returns for his investments and trouble, and to guard against loss from disease and death reasonable care and comfort and sanitary conditions are necessary.

The first considerations to this end are ventilation, light and cleanliness. These essential elements of sanitation should be attended to at least once every year. This may be most conveniently done during the early fall before the cattle are housed for the winter. Effective ventilation is required to carry away the foul air and maintain constant and adequate supply of fresh air. The window space should be ample so that every corner of the interior may be flooded with light and sunshine, the source of health and destroyer of germs. Dirt and filth make productive breeding places for insects and bacteria. Cleanliness gets rid of conditions which produce them and prevents the possibility of infection and contagion, reducing possible loss from disease to a minimum. That much-dreaded disease, tuberculosis, is in a measure the product of dark, dirty, ill-ventilated stables. It is caused by organism or germs gaining entrance into the animal's system with the food. It is not easy to detect, and usually when symptoms become evident it is too late to apply any remedy, hence the necessity of making every effort to secure and maintain sanitary conditions in the stable. Every fall, then, the stable should be systematically cleaned; cobwebs swept from wall and ceilings; accumulated dirt and debris cleared from manger, trough, window-sills and all recesses in walls; the fresh air intakes and foul air outlets put in order; fill all cracks and holes in floor and walls with cement; replace all broken glass in windows and clean them; disinfect the whole stable thoroughly with some good disinfectant, such as chloride of lime, crude carbolic acid, or zenoleum, which can be easily applied with a scrap pump or a watering can with a fine nozzle. Give particular attention to pens or stalls which have been occupied by stock suffering from contagious disease or have been used by animals during parturition.

Then prepare your whitewash and don't postpone it because you do not possess a barrel spraying outfit. The whitewash brush is an effective and efficient tool—use it. Small brushes are best and may take you a little longer time to do. There are many good whitewash recipes. President Grant used the following to whitewash the White House in Washington: Take a bushel of unslaked lime, slake with warm water, cover it during the process to retain the steam, strain the liquid through a fine sieve or strainer; add a peck of salt, the same previously well dissolved in warm water, add three pounds of ground rice boiled to a thin paste and stir in boiling hot, add one-half pound of glue which has been previously dissolved over a slow fire and add five gallons of hot water to the mixture; stir well and let it stand for a few days, covering it up to keep out dirt. It should be put on hot. One pint of the mixture, properly applied will cover a square yard. There is nothing can compare with it for outside or inside work and it retains its brilliancy for many years. Disinfectant may be added or coloring matter may be put in and made to any hue desired.—Prof. J. Evans, O. A. College, Guelph.

A Standard Medicine.—Parmelee's Vegetable Pills, compounded of entirely vegetable substances known to have a revivifying and salutary effect upon the digestive organs, have through years of use attained so eminent a position that they rank as a standard medicine. The acting should remember this. Simple in their composition they can be assimilated by the weakest stomach and are certain to have a healthful and agreeable effect on the sluggish digestive organs. m

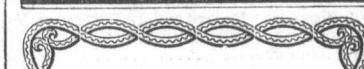
## Live Stock Scarce in Europe.

France has 2,366,000 fewer cattle than in 1914; Italy, 996,000; Denmark, 345,000; Sweden, 599,000; Germany, 2,200,000; and Austria-Hungary, considerable. These figures alone show a decrease of 6,306,000 head of cattle and many countries which have suffered are not named. The sheep decrease in France, Italy, Denmark, and Holland alone is over two and one-half millions, and in pigs there has been a wholesale decrease to the number of 24,952,000 in France, Italy, Denmark, Sweden, Holland and Germany. Denmark, Canada's strongest competitor in the British bacon market is 1,873,000 short of a normal supply of pigs. Germany is 19,396,000 short of her 1914 hog population.

These figures should prove interesting to the Ontario live stock breeder. Reserves of food material in the world are very low. Stock with which to increase these reserves is not up to normal numerically. Indications are that a good demand must continue for the finished product of the farm.

Read the Guide-Advocate Want Column on page 4.

The ease with which corns and warts can be removed by Holloways Corn Cure is its strongest recommendation. It seldom fails.



## The Victrola

satisfies every  
musical taste  
in the home.



You cannot estimate the enjoyment received from this world-famous instrument until you have it in your own home.

# HARPER BROS.

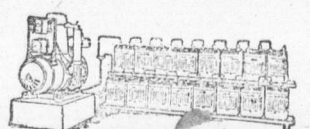
WATFORD



# DELCO-LIGHT

The complete Electric Light and Power Plant

Will run an electric motor for two cents an hour. Cheaper than labor.



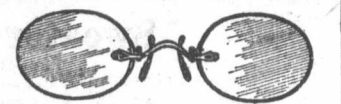
R. O. SPALDING  
DEALER WATFORD

## PIMPLES THAT DISFIGURE

many a girl's complexion will be found to disappear if Zam-Buk is applied with regularity.

Miss Mary Krall, of Gilbert Plains, Man., writes: "After having had disfiguring pimples on my face for two years, and having tried all kinds of treatment in vain, I had about given up hope of ever getting rid of them, when I saw an advertisement recommending Zam-Buk for this trouble. I sent for a sample box, and even this small quantity brought a little improvement. Now, after persevering for some months with Zam-Buk, my face is entirely rid of the eruption." 50c. box, all dealers.

# Zam-Buk



The First Pair of Glasses

It is very important that your first pair of glasses should be right. We do not hesitate to say to you that our optical work is the best that skill can make it. We want you to know this from actual experience. You receive here a thorough, scientific examination of the eyes and vision and the proper lenses to suit your individual case. No guess work but good work. Come here first and save time and money. Sight testing free.

# CARL CLASS

Jeweler and Optician  
ISSUER OF MARRIAGE LICENSES

## Pease "Economy" Furnaces

Summer All the Year Round



Why not make your whole house like June, even in below-zero weather? A Pease "Economy" Furnace, properly installed, will do this, and will effect a considerable saving in your fuel bill. These outfits heat the whole home with one fire, and require no more care-taking than to run a stove for one room.

Consult

# C. H. BUTLER

WATFORD

## CHANTRY FARM

Shorthorn cattle, Lincoln sheep, silver grey dorkings and black leg-horns. One roan bull calf for sale, also 50 good strong registered shearing and two year old rams for sale or hire. No reasonable offer refused.

ED de GEX, Kerwood P.O.

# Starnia Business College

We shall be pleased to advise you about our Correspondence Courses in Shorthand, Typewriting, Book-keeping and Penmanship.