

MOTHER OF SCHOOL GIRL

Tells How Lydia E. Pinkham's Vegetable Compound Restored Her Daughter's Health.

Plover, Iowa.—"From a small child my 13 year old daughter had female weakness. I spoke to three doctors about it and they did not help her any. Lydia E. Pinkham's Vegetable Compound had been of great benefit to me, so I decided to have her give it a trial. She has taken five bottles of the Vegetable Compound according to directions on the bottle and she is cured of this trouble. She was all run down when she started taking the Compound and her periods did not come right. She was so poorly and weak that I often had to help her dress herself, but now she is regular and is growing strong and healthy."—Mrs. MARTIN HELVIG, Plover, Iowa.

Hundreds of such letters expressing gratitude for the good Lydia E. Pinkham's Vegetable Compound has accomplished are constantly being received, proving the reliability of this grand old remedy.

If you are ill do not drag along and continue to suffer day in and day out but at once take Lydia E. Pinkham's Vegetable Compound, a woman's remedy for woman's ills.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Guide-Advocate

Watford, Ont.

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HARRIS & CO. PROPRIETORS

Guide-Advocate

HARRIS & CO. PROPRIETORS.

NOTE AND COMMENT

The increase in acreage to be devoted to cereal crops in the west this year is estimated at 40 per cent. over last year.

It is estimated that 559 American citizens who were admitted to Canada through the port of Windsor during March brought with them the sum of \$500,000 in cash.

All state improved roads in Maryland will be spread with crude oil during the spring, according to the state plans. It is estimated that 1,378,300 gallons will be used on the 475 miles of roads.

Under an order-in-Council amending the regulations under the Animal Contagious Diseases Act, the importation, manufacture, use or sale of hog cholera serum or verus, except by an inspector acting under the special authority of the Veterinary Inspector-General, is prohibited.

Any woman can have any man she likes if she pursues him vigorously enough, or eludes him—either does. There are two ways for a woman to get what she wants. Either chase it for all she is worth, or run from it in the same manner. It depends on the man."—Doris Edgerton Jones.

At Ottawa they are publishing a map on which in due course will be shown every house, school, church, mill, blacksmith shop, etc., in the Dominion. This tremendous map will be made of sheets, each of which will take in about 425 square miles. Already some 15,000 square miles

have been mapped out along the frontier.

France calmly awaits the day, when aided by the powerful English armies, it will be able to start the big forward movement which will break the German resistance. There is no undue excitement, people are confidently expecting the moment when General Joffre will speak the great "En avant."—Pierre Chevassu, back from the front.

By an arrangement between the British War Office and the Ontario Department of Agriculture, fresh fruit from Ontario is to be supplied regularly to the wounded of the Canadian contingents at the base hospitals in England. The first shipment will consist of one hundred boxes of the choicest Northern Spy apples that the orchards of Ontario produced last year. Careful selection is being made by the officials of the Department and the apples will go forward in cold storage right to their destination.

Children under 15 years of age will in future be granted admission to moving picture theaters if accompanied by an adult, the law now being shifted back to the position it held for several years. By a new amendment this year the regulation providing for the sponsorship of a guardian or member from the child's household when admission was sought has been cancelled because of its unworkable nature. The trial of sterner restrictions throughout last year caused much complaint because of the onus of proving relationship being laid on theater proprietors. Children will now be admitted if in company with a responsible man or woman.

On Wednesday a young man went to a Pittsburgh grocery and purchased a small quantity of flour. He stipulated that, with the container, it should weigh no more than nine pounds, and he wished it to weigh no less. He arranged for its shipment by parcel post to his mother in Austria, explaining that she needed it, and only by mail could he respond to her necessities. The postage was \$1.42. On the same day, general notice was given by the United States Post Office Department that food forwarded by mail to belligerent territory must go at sender's risk. There is no assurance of delivery. Pathetic as is the incident of this young Austrian, there is a hopefulness of it. When so small a quantity of flour is sent so great a distance at so large a cost, in an effort to avert starvation, it is the beginning of the end for the dogs of war.—Pittsburgh Gazette-Times.

State of Ohio, City of Toledo, Lucas County, ss.

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of Catarrh that cannot be cured by the use of HALL'S CATARRH CURE.

FRANK J. CHENEY. Sworn to before me and subscribed in my presence this 6th day of December, A. D. 1896.

A. W. GLEASON, Notary Public. Hall's Catarrh Cure is taken internally and acts directly upon the blood and mucous surfaces of the system. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

This Waiting War

Some critical experts in war are getting impatient at the course of the campaign in western Europe. They are inclined to describe it by the definition Pope gave of the Alexandrine, "which like a wounded snake draws its slow length along." Because spring has arrived and the great forward movement of the allies has not begun they express doubt whether it will ever mature, and even hint the war may end in a stalemate with Germany keeping what it now holds of Belgium and northern France. This seems to be in accordance, too, with the German idea after eight months of campaigning. It is not at all unlikely that Germany and her allies would welcome the close of the war by an arrangement of that nature, in effect a substantial success, if not so decisive as Germans anticipated, but at least a stage further towards the goal.

Critics who judge after that fashion

permit their impatience to lead or mislead their judgment. Probably at the cost of a vast expenditure of life, the French, Belgian and British forces could commence and pursue an aggressive campaign that would end with hurling the Huns back into their own territory. It might be attempted even at that were there less evidence of co-operation among the allies in the west and Russia in the east. All the allied commanders have shown themselves possessed of large patience. They have known how to wait and they are not going to put the advantage they hold in jeopardy by any forward movement too premature to yield decisive results. The war is costing much money, but lives are of greater value, and if delay will reduce the toll taken of the young and brave it will not be condemned.

Field Root and Vegetable Seed Situation

For three months after the outbreak of war much anxiety was felt throughout North America as to supplies of field root and vegetable seeds that come principally from the warring countries of Europe. The field officers of the Seed Branch devoted much of this time to a study of the possibilities of creating a supply of Canadian grown seed for 1916 planting. It was advisable in the autumn to select and specially store any biennial roots to be transplanted this spring for seed production.

Fortunately the European seed crop of 1913 was much above the average for particularly all kinds. Owing to previous shortage in supplies most Canadian seed houses had increased their orders by 50 per cent or more and had received full delivery. The excellent seed crop of 1914 was also harvested in spite of war conditions and, although deliveries have been delayed and transportation excessive, most seed houses have received the greater part if not all of their contract orders. Canadian seed houses of good financial standing are thus in a position to carry over sufficient supplies to meet a very considerable part of 1916 requirements.

The quantity of field root and vegetable seeds that may be produced in Europe during the present year or the next is highly speculative. This work requires much skilled labor of which there must be a marked shortage for agricultural purposes. European Government direction of increased food production and relatively high prices for food crops will doubtless decrease the areas devoted to these seed crops and to stock seed roots which would normally be grown this year for transplanting in 1916.

Canadian farmers and gardeners should give this unstable situation their serious consideration. The soil and climatic conditions in different parts of Canada are equally favorable if not superior to those of Europe. The growing of these seeds in quantity for commerce has been limited in Canada by the higher price of labor and because a few farmers had experience with biennial seed crops. A few dozen or a few hundred sound shapely roots set out this spring may give valuable experience which may be much needed as well as some good seed. A bulletin on field root and vegetable seed production may be had on application to the Publications Branch, Ottawa.—Seed Branch, Ottawa.

Vigilance the Price of a Good Complexion

To retain the natural beauty of the skin only proper care and treatment is needed. Our skins are naturally clear and healthy, but the demands of everyday life and unnatural living quickly spoil their freshness and beauty. So necessary is this care that no woman can afford to neglect it. The Nyal people have just issued a new booklet, "Your Complexion," which contains the most useful and interesting information on how to care for the complexion in such a way that its beauty and freshness will be preserved for many years. It also includes directions for best methods of massage. The constant use of some good preparation, such as Nyal's Face Cream, is absolutely necessary to keep the skin really clean and healthy. It is a nourishing, oxygenated, greaseless skin-food which leaves no shine. Get a 25c or 50c jar and rub it gently into the skin. See how quickly it is absorbed, leaving the skin pleasantly refreshed and delicately fragrant. All Nyal preparations are justly famous, and none more so than Nyal's Face Cream, which we unhesitatingly recommend. Call or telephone us for your copy of this book, which contains most valuable information.

TAYLOR & SON, Druggists, Watford

Furniture That Satisfies

Is our hobby, and we know that our showing will please you, no matter how exacting your taste may be. We have the very NEWEST DESIGNS in

BUFFETS, SIDEBOARDS, CABINETS, AND PARLOR, DINING AND BEDROOM GOODS

If you need a new piece of furniture kindly call and see our our spring stock.

PORCH AND LAWN CHAIRS are now required. Let us show you what we can do in this line.

Our Furniture is a delight to those who admire good goods. Agents for Mason & Risch Pianos, Gramophones, String Instruments, Sheet Music, Edison Records, etc., and all kinds of repairs. New and second hand sewing machines and all supplies.

HARPER BROS.

PHONE 31. FINE FURNITURE - MUSICAL INSTRUMENTS - UNDERTAKERS

Seasonable Goods

- Horse Clippers.....\$1.25 to \$8.50
- Sweat Pads.....35c to 50c
- Cistern Pumps.....\$2.25 to \$3.00
- Well Pumps.....\$5.50 to \$20.00

SPADES, SHOVELS, POST AUGERS, DRAIN CLEANERS, GARDEN RAKES, HOES, ETC., AT LOWEST PRICES.

GET OUR PRICES ON BUILDERS' HARDWARE

N. B. HOWDEN ESTATE

TRENOUTH & CO.

DEALERS IN Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

We Carry a Full Stock of INTERNATIONAL STOCK FOOD FOR HORSES, CATTLE, SHEEP, HOGS AND POULTRY.

CALDWELL'S MOLASSES MEAL AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL.

ALL KINDS OF GRAIN TAKEN IN EXCHANGE Chopping and Rolling Done While You Wait PHONE 39

HENRY DISSTON'S TOOLS

In a complete range of Hand, Floor, Stair, Coping, Hack and Pruning Saws, along with an up-to-date showing of Levels, masons' and plasterers' Trowels, etc., all of the Disston quality.

T. DODDS & SON

REPAIRING WAR

Large Drednoughts Can Be T Out of Water

Among the greatest marvels of to-day are the gaging docks owned by the British navy and utilized for the repair of vessels. The biggest type of it has a minimum lifting capacity of 4000 tons, and is capable of battleship like H. M. S. Lion, displacement over 30,000 tons, hoisting out of the water to a height of three hours and ten minutes, snifting every part of the vessel be accessible.

Some idea of the labor involved in construction of one of these docks may be gathered from the fact that a first class warship is hoisted out of the water to a height of two or three times as long to a floating dock of a size sufficient to receive the vessel.

A floating dock may be likened to a box with neither ends nor is built of steel throughout, the hull having a length of 680 feet and of 144 feet, while the walls are 18 feet high.

The dock is first submerged in the water into the ballast tanks forming the base of the vessel. When it has been sunk to a depth to receive the vessel the dock is warped into its correct position by means of the correct position of the keel blocks of the dock, and is fast. Powerful pumps are set to eject water from the pontoons, the structure to rise gradually. To lift a battleship the dock is pumped out of the pontoons, the structure to rise gradually. To lift a battleship the dock is pumped out of the pontoons, the structure to rise gradually. To lift a battleship the dock is pumped out of the pontoons, the structure to rise gradually.

Most infants are infested by which cause great suffering, and promptly dealt with may cause physical weaknesses difficult to cure. Miller's Worm Powders will act upon the system that there is a recurrence of the trouble. And this, but they will repair the organs that worms cause and them to soundness.

Automobile tires fastened to of machines crossing the river Windsor to Detroit are being secret storage receptacles by pebble-forming drugs, which are unprocure the "dope" in Detroit.



Have the in y

The character of houses in which we dw and business character

For the Exterior decoration of the choicest materials combined as to insure the protecting power.

Little Blue Flag LIQUID PAINT

is the paint that has been exposure to give best res Liquid Paint comes ready, able color.

Look for this "Little Blue Flag" your guarantee of quality.

T. DODD

Lindur desired depth of We as Enamels