ME VS. MYSELF; WHO'LL WIN

Comments on Sunday School Lesson for Sept. 25. BY EVANGELINE.

[Galatians, v., 15-26.]

There is in every twice-born man woman a personality, which we fill call "Me," described by Paul as had to had defeated him. the new man," and which is under Myself knows to rol of the indwelling Spirit. There Iso within us a personality which lesignates as "the flesh," "the natal man," which we shall refer to proughout this lesson as "Myself," th of which are at daggers drawn at the second birth, until My- self and rise triumphant. om the moment Me steps into the If is struck down, never to rise sting than that of Jeffries and Johnn because fought in the inner res of our own souls for a trophy

nonor of laying at the feet of Him who alone can give victory. A prizein which more are han we know, for I believe all heaven tip-toe of expectancy to see

against the flesh, for these are contraty the one to the other, that ye may not do the things that ye would."

Paul was writing to Christians, to the church members in Galatia, to whom temptation seems to have been a fearful reality. They may have thought that they would escape temptation by becoming Christians. but

something to fight. left them their old natures, with all It was one of the brightest types of their inclinations and desires, for their modern heroism."

No, no, we do not escape temptation nature, crowd it out. Let Me from the when we become Christians, but we rear shove Myself out. are brought right up against it.
"The fight is on, O, Christian soldiers," and don't you forget it.

purity, then idolatry, then occultism, feat. in its various forms; then eight forms of bitterness, one against another, When the fight begins wit then murders, drunkenness and A man's worth something. revellings, and such like. (See verses

19-21.) These are the right and left flank movements of Myself against Me. Was the trial sore? These are the things that are burning

1t on. The consequences are only too well known. So it is in the struggle with the fires of lust and intemper-They must be fought from

The fight that is on is not so much But never lowers his standard in the realm of the seen as in that of the unseen, and can be won only in so Till hands and feet, till eye and ear, far as the new-born Me is under con- Till vocal chord and tongue, trol of the Spirit of God. Pouring Till mind and heart are disciplined, streams of resolves, pledges, prohib- And all abilities of body and of itive laws upon the exterior life will

never quench the fire within. Some years ago, in an article in the And move onward to the drum-beat, New York Journal, John L. Sullivan

Her Reputation.

was read in court:

Crippen's Story of His Life

said: "Remember, young man, if you can't lick John L. Sullivan, you can't lick the thing that is stronger than he -whiskey." Sullivan was not a moralist, but he had to admit that whiskey

Myself knows that if he can catch Me unawares he has a pretty sure ing at smoking concerts for payment, thing of it. To be forewarned is to be and that an American music-hall artforearmed, and if I know that at a list named Bruce Miller, had been a certain time a certain temptation is frequent visitor at her house. She strongest in Myself, the discovery of told me that this man visited her and this fact will enable Me to down My- had taken her about and was very

When we can look the enemy Struck down, never to rise straight in the face half the fight is her manner towards me was entirely bad, white and black, more interand when they come, we can

"Lead them by the head and hair, of our own souls for a trophy we may some day have the of laying at the feet of Him

> Let me give you a few pointers on prize-fighting from that spiritual he used to call when I was out, and champion, Robert Speer. He says: used to take her out in the evenings.

tation by becoming Christians, but ly thing to do is to escape from those our coach doesn't train prize-fighters that way. He cannot make a spiritual to whom certain temptations came. puglist of a man without giving him with terrible power. He jumped out of When we train men we do not turn bed, pulled on his clothes and tore out

Then, again, in fighting the

Last of all, "Never say die." Never give up. How do we know but that diers," and don't you forget it.

It is a great thing in the struggle to know what we have to contend the contend to know what we have to contend the contend to know what we have to contend to know what we have to contend the contend to know what we have to contend to know the know to contend the know to with, and when it generally attacks enemy is laughing at you, and strike about a year. During this time she

God stoops o'er his head,

Satan looks up betwen his feet; Both tug-the soul awakes and grows. sharp. Thank God.

Blest is the man of high ideals Who fails today, tomorrow, and for days to come;

Are marshalled by the Spirit,

thing at it. She gave a sketch at the old Marylebone Music Hall, but it was a failure, and she gave it up. this she did not do anything in it for two or three years, until I had to go to America about two years after coming here. My firm sent for me, and I became manager in Philadelphia. When I left England my wife and I were living at, I think, 62 Guildford street, and she remained

there while I was away. His Wife's "Change of Temper." "I remained in Philadelphia from lovember to the following June, and sent my wife money regularly. When returned I found she had been singing at smoking concerts for payment, fond of him. I may say that when she came to England from America ungovernable temper, seemed to think that I was not good enough for her and boasted of the men of good position, travelling, I think, who had made a fuss of her. Indeed, some of these visited her at South Crescent but I do not know their names. never saw the man Bruce Miller, but Spirit, and we shall not fulfill the weight, everything that may prove a spirit, and the Spirit, and the Spirit against the flesh, for these are conagainst the flesh, for the flesh indicated your foe, strip for the struggle. Lay aside every did not take up my position at Munyou's, but went as manager to the Sovereign Remedy Company, 13 Newman street. I then went as physician

to the Drouet Institute, Regent's Park, and afterwards to 10 Marble Arch. From there I took a position at the Aural Clinic, 102 New Oxford street. I then went back to Munyon's, 272 Oxford Circus, as manager and general manager. I removed to Albion House as manager about eighteen months ago, after which I took it as an agency, but as it did not pay I in February last handed it over to the company again. But for the past two When we train men we do not turn them into the ring alone, with no opportunity for resistance, and when got turned these Frenchmen of the first century, the Galatians, into the arena of the Christian life, he did not leave them to degenerate into jellyfish through lack of exercise. He left them their old natures with all It was one of the brightest types of a child. Will any lone say that that boy was a coward? interested in an ear cure business old called the Aural Remedy Company at

"I did not think anything of Bruce with, and when it generally attacks with, and when it generally attacks with and when it generally attacks with a second to the stage name of Belle Elmovements; first, four forms of immovements; first, four for got an engagement at the town hall When the fight begins within himself, Teddington, to sing, and then from time to time she got engagements at music halls. She went to Oxford as a comedienne, and was there about a week. She also went to Camberwell Temptation and to a hall at Balham. sang at the Empire, Northampton, and various towns. She would probably When the Campbellton fire broke out the firemen were pouring a steady stream on the roof of the mill, when an onlooker shouted. "Turn the stream inside." Heedless of any suggestions from the crowd, they persistgestions from the crowd, they persisted in their course, though the fire had not reached the roof, where it shed the water as fast as they could pour the water we apparently lived very happily to-She did all the housework herself His Statement To the Police

"On the Monday night, the day be-Belle Elmore—He Blackens

the protection of a man named C. C.

Lincoln, a stove manufacturer, of Water street, New York. She had Mr. and Mrs. Paul Martinetti came to ness, and I have given ness, and I have been living with him, but he had given our place to dinner." Here Crippen for that—homoeopathic remedies.

up his house and had taken a room described what, he said, Mrs. Crippen

Miss Leneve.

"I came to business the next morning, and when I went home between 5 and 6 p.m. I found she had gone. I down to think it over as to how to cover up her absence without any scandal. I think the same night or the next morning (Wednesday) wrote a letter to the Guild saying she had gone away, which I also told sev-I afterwards realized operations, returned to the States, and sulting physician to an optician in, I that this would not be sufficient ex-was assistant to Dr. Porter, of De-think, Olive street. His name was planation for her not coming back, troit. After that I went to New York. Hirsch, I think. We stayed there about and later on I told people that she I took a degree in special eye and ear a year, and we returned to New York, was ill with bronchitis and pneuwork at the Ophthalmic Hospital where I took a position as consulting monia. And afterwards I told them she was dead from this ailment. I I have no recollection of telling anyone exactly where she died. Some-San Diego, where I practiced as an transferred me to Philadelphia. I was one afterwards asked me where my eye and ear specialist for about two there with my wife for about a year, son lived, and I told them. I then put and was then transferred to the firm's an advertisement in the Era that she

"Whatever I have said to other "I was there some time, and while people in regard to her death is abpanied me to San Diego. We then "I was there some time, and while people in regard to her death is ab-came to New York. I have had only there, about 1899, my wife, who has a solutely wrong, and I am giving this

NEWBRO'S HERPICIDE Kills the Dandruff germ



No matter how attractive she may be in other ways -poor, thin, wispy hair will spoil the looks of any woman. It is so easy to have beautiful hair, and a girl with nice hair is always good to look at.

That wicked little parasite, the dandruff germ, causes all your trouble. Get rid of the dandruff, keep the scalp clean and your hair will grow long and fluffy.

Herpicide will kill this germ, clean the scalp, stop the hair from falling, and is the only thing that will do it. Genuine Herpicide makes beautiful hair. There are lots of imitations, lots of preparations they will tell you are just as good, but don't you believe it. There isn't anything better, there isn't anything just as good. Herpicide is the first and only remedy that has ever been discovered which is satisfactory. Insist on having real Herpicide.

I wish every girl whose hair is scraggy and stringy, dead and dull, could realize what a sight she is, and how much better a regular use of Herpicide would make her look. Just to see, buy a one dollar bottle at your druggist's and use it as directed. The Herpicide Company guarante e it, and if you are not satisfied you can have your money back. They are so sure that Herpicide will do everything claimed that they are willing to stand behind it with

You ought to get the book, "The Hair and Its Care," published by the manufacturers of Herpicide. There are lots of good things to know in it, and it is sent upon request.

You can also get a nice sample of Herpicide with the book, by sending ten cents in postage to The Herpicide Company, Dept. 30B, Detroit, Mich.

The men can always get applications at the best barber shops.

Anderson & Nelles, 268 Dundas St. Cairncross & Lawrence

Are Special Agents for London, Ont. SEE WINDOW DISPLAY BOTH STORES.

gether, as a matter of fact there were some of those have been changed by very frequent occasions when she got me since her departure, and there is threatened she would leave me, say- away I could not say if she took anying she had a man she could go to, thing with her or not, but I believe and she would end it all. I have seen there is a theatrical travelling basket, was of no interest to me. I say she she wanted nothing from me. I have frequently threatened to leave me, bought all her jewelry, and so far as

"It is true that I was at the Benevprietor's name was Vacher-in the name of Mr. and Mrs. Crippen.

"My belief is that my wife has gone tell you. changed through anyone in these buildings were in connection with my

to me. It is quite accurate, and has been made by me quite voluntarily and without any promise or threat

son went to live with his grandmother, until she died. I then went to New York, and went as an assistant to Dr. Jeffery, of Brooklyn, and I lived with him.

The Marriage With Belle Elmore.
"About 1893, while with Dr. Jeffery, the met Belle Elmore, who was being the met Belle Elmore, who was being attended by him. Her name at that in the met as she wrote and told me she was giving up her lessons in grand opera, and was going in for music-hall from Havre. So far as I know she has me she was giving up her lessons in grand opera, and was going in for music-hall from Havre. So far as I know she has me she was giving up her lessons in grand opera, and was going in for music-hall from Havre. So far as I know she has me she was giving up her lessons in grand opera, and was going in for music-hall from Havre. So far as I know she has me she was giving up her lessons in grand opera, and was going in for music-hall from Havre. So far as I know she has me she was ignore to take the following and guaranteed cureforeach and every for motivating cross Bank, subject to the signature of either, but it pleased her to think she was signing checks, and she did so, and several blank checks were always ready signed by her, and DR. Chase's Oint ment is a crtain and guaranteed cureforeach and every for motivation of telling anyone my son was with her when she died.

"We had a joint account at the Charing Cross Bank, subject to the signature of either, but it pleased her to think she was signing checks, and she did so, and several blank checks were always ready signed by her, and DR. Chase's Oint mentia certain and guaranteed cureforeach and every form of itching anyone my son was with her when she died.

"We had a joint account at the Charing Cross Bank, subject to the signature of either, but it pleased her to think she was signing checks, and she did so, and several blank checks were always ready signed by her, and DR. Charles and cureforeach and outerforeach and cureforeach and successful the second in the second in the successful

MERIDEN BRITES CO. Best lea sets, dishes, waiters, "Silver Plate that Wears" rees the Best Silver plate. fancy serving pieces guaranon spoons, forks, knives, or 1847 ROGERS BROS worthy and lasting presents. The renowned trade mark signs in silverware make Exclusive and handsome de-

Beautiful Presents

Baby Nearly Died with

Mrs. M. C. Maitland, of Jasper, Ont., tells in the following letter of child's remarkable cure by the Cuticura Remedies:

Cuticura Remedies:

"When my boy was about three months old his head broke out with a rash which was very itchy and ran a watery fluid. We tried everything we could but he got worse all the time, till it spread to his arms, legs, and then to his entire body. He got so bad that he came near dying. The rash would itch so that he would scratch till the blood ran and a thin yellowish stuff would be all over his pfllow in the morning. I had to put mittens on his hands to prevent him tearing his skin. He was almost a skeleton and his little hands were thin like claws.

"He was bad about eight months when

shin like claws.

"He was bad about eight months when we tried Cuticura Remedies. I had not laid him down in his cradle in the day-time for a long while. I washed him with Cuticura Soap and put on one application of Cuticura Ointment and he was so soothed that he could sleep. You don't know how glad I was he felt better. It took one box of Cuticura Ointment and pretty near one cake of Cuticura Soap to cure him. I think our boy would have died but for the Cuticura Remedies and I shall always remain a firm friend of them. He was cured more than twenty years ago and there has been no return of the trouble."

(Signed) Mrs. M. C. MAITLAND,
Jasper, Ont. No more convincing proof of the effi-cacy and economy of the Cuticura Rem-edies could be given. As in this instance, a single cake of Cuticura Soap and box of Cuticura Ointment are often sufficient. Sold throughout the world. Potter Drug & Chem. Corp., Sole Props., Boston, U. S. A. Send for free Cuticura Booklet on skin and scalp diseases.



Use Snowflake Ammonia and Save Half Your Soap on Wash Day

Add one tablespoonful of Snow-flake Powdered Ammonia to each pail of water you put in the tub. Then place in the clothes. Use your laundry soap the same as always, but only one-half the quantity. That's the modern way of washing clothes.

Snowflake Powdered Ammonia is a remarkably quick, effective and harmless cleanser. It dissolves instantly in the water. Starts to work immediately. Loosens the dirt. Makes the soap work faster. Saves valuable time for you.

Also use Snowflake Ammonia in the rinsing water. Otherwise the grease in the soap can never be thoroughly removed from the clothes. Snowflake Ammonia acts directly on the grease and frees it from the fabric.

Unless linens are rinsed free from soap they will smell stale if left in linen closet for several days, because the grease left on the linens turns rancid, as all greasy matter will do in time.

Another thing: The grease in clothes not rinsed free from soap causes them to turn yellow in spots, especially in the seams when a hot iron is applied, because the grease melts and scorches the fibres of the

So you understand how important it is to use Snowflake Ammonia in the rinsing water and get all the grease from the clothes. Snowflake Ammonia turns hard water soft, like rain water.

If you take a soapy garment and dip it into hard water, either hot or cold, it sets the dirt. Turns clothes yellow. Makes woolens shrink Only soft water is safe for rinsing clothes. Snowflake Powdered Ammonia

softens woolens. The large underwear mills use great quantities of powdered ammonia to soften underwear.

It whitens white goods. Clears up and brightens the colors of colored goods. It's the grease in the soap not rinsed out of prints that dulls the colors.

Be sure and get Lawrason's Snowflake Powdered Ammonia, in the giant 5c. package. The 10c. packages of ordinary powdered ammonia of inferior quality are only about one-third larger, while 5-cent washing compounds are only about one-third the size.

Go to your grocer and get a package of Snowflake, the original powdered ammonia, and save half your soap-expense on wash day. Full directions on each package.

Lawrason's SNOWFLAKE Powdered

in the giant 5c. package

S. F. LAWRASON & CO., LONDON, ONT.

The First Wife.

a Son Living—His Marriage to 30. She at this time was living under

At the trial of H. H. Crippen, the for her and was paying all her ex- had alleged to be his lack of attention collowing statements by the prisoner penses. I took her to several places to Mr. Martinetti during the evening. for some weeks, as I was very fond He proceeded: "She said to me, This olent Fund dinner at the Criterion "Albion House, 61 New Oxford street, of her, and one day she told me Lin- is the finish of it; I won't stand it with Miss Leneve, and she wore the coln wanted her to go away with him. any longer. I shall leave you tomor- brooch my wife left behind. She has July 8, 1910. | coln wanted her to go away with him. | any longer. I shall leave you tomor-"Hawley Harvey Crippen states: I I told her I could not stand that, and row, and you will never hear of me am 48 years of age. After being ques-would marry her right away. A few again.' She had said this so often that also worn my wife's furs. Miss Leneve tioned by Chief Inspector Dew as to days after I married her at a minis- I did not take much notice of it, but has been in my employ and known to the statements made by me that my ter's house at Jersey City. I forget she did say one thing which she had his name and the name of the street. Never said before—namely, that I was leight years and she is now living to have a voluntary state. I had been married to her some little to arrange to cover and she is now living the name of the street. I desire to make a voluntary state- I had been married to her some little to arrange to cover up any scandal ment to clear the whole matter up. I time when she told me her name was with our mutual friends and the Guild was born at Coldwater, Michigan, U not Turner, but Kunigunde Mackathe best way I could. Before this she S. A., in the year 1862, my father's motzke. She said her mother had been had told me frequently that the man during the past three years. After I name being Myron Augustus Crippen, married twice, and her name then was she would go to was better able to a drygoods merchant. My mother's Maranger, and she was living in support her than I was. name was Ardsse Crippen, nee Skin- Brooklyn. Her mother had been dead

ner. My mother is now dead, but my some years. My wife told me her fafather lives at Los Angeles, California. ther was a Russian Pole and her mo-I was educated first at Coldwater, In- ther was a German. Her stepfather, realized that she had gone, and I sat diana, and California, and then at- so far as I know, is still living, and tended the University at Michigan un- resides at Forest avenue, Brooklyn. til I was about 20, and finished my Her parents were in rather ordinary education at the Hospital College, circumstances, but she had a good

Cleveland, where I took the degree of education. M. D. I came over to England in 1883. After getting married we went to attended various hospitals to see the St. Louis, where I practiced as con- eral people. This would be in 1885. After that I physician to the Munyon Company.

returned to Detroit, where I reWe lived in the office at East Fourmained about two years as assistant teenth street. I was in New York for to the same doctor. I then went to only a few months, when the company

place at Toronto, where I managed was dead, as I thought this would Before going to this place I was their business. I forget where I lived, prevent people asking me a lot of married to a lady named Charlotte but we were there only six months, questions.

Bell, of New York, and she accom- and then returned to Philadelphia. "Whatev one child by my first wife. He was good voice, went to New York to as an explanation. So far as I know born at San Diego about 1887 or 1888, have her voice trained, as she thought she did not die but is still alive. It and his name is Otto Hawley Crip- of going in for grand opera. I paid is not true that she went away on He is now married and lives at all her expenses, and occasionally vis- legal business for me or to any relapen. He is now married and lives at lall her expenses, and occasionally vis-los Angeles. My first wife died, so ited her at New York. Then, in about tions in America. I did not receive far as I can remember, in 1890 or 1891. 1900, I came to England alone, where any cables to say that she was ill, and were living at Salt Lake City, I was manager to Munyon's at their it is not true that she was cremated were living at Salt Lake City, I was manager to Munyon's at their it is not true that she was cremated where I was practicing as an eye and office in Shaftesbury avenue. It was at San Francisco and that the ashes specialist. She was buried at Salt in April I came over, and she joined were sent to me or that she sailed

into most violent tempers, and often one here now. When my wife went letters from Bruce Miller to her which and she might have taken this with ended "with love and kisses to brown some clothes. She took some of her yes." About four years ago, in con-equence of these frequent outbursts, left four rings behind—three singlediscontinued sleeping with her, and stone of solitaire diamond and one of have never cohabited with her since, four diamonds and a ruby—also a diamond brooch. She had other jewelry, with the exception of having a char- and must have taken that with her. I woman in occasionally. About two have never pawned or sold anything years ago she became honorary treas-belonging to her before or after she urer of the Music Hall Ladies' Guild, left. Everything I have told you is and was there every Wednesday. I true. I do not know what clothes, if never interfered with her movements any, she took away. She had plenty. n any way. She went in and out as Whenever we quarrelled and she he liked and did what she liked. It threatened to leave me she told me

His Varied Career—First Wife time was Cora Turner. I forget where she was living, but she was living alone. She was only about 17 years of age, and I, of course, was about A Quarrel on Jan. 31.

Trequently integrated to leave me, and said that if she did she would go right out of my life, and I should never see her or hear from her again.

A Quarrel on Jan. 31. that Bruce Miller used to send her small amounts on her birthday, at

> told people my wife was dead Miss Leneve and I went to Dieppe for about We stayed at the hotel there—I forget the name, but the pro-

to Chicago to join Bruce Miller, whose business on the music-hall stage is a musical instrument turn, but I think he has now gone into another business, and has speculated and made money. Mr. Didcot was his agent when he was over here. I shall, of course. do all I can to get in touch with her so as to clear this matter up. has a sister named Louise, whose name is Mills, living with her band, who is a soapmaker, at Brooktold them she died in California, but lyn. They live with my wife's stepfather, Mr. Horaangar. I do not know where any of her other relations live. cannot tell you how you can find her or trace her except as I have already said. I will willingly go to my house with you to see if I can find any letters which may throw any light on the matter, and I invite you to look round the house and do whatever you like in the house. This is all I can Any notes that I have

> business. "This statement has been read over having been held out to me."