



BLANCHE BLAIR

REGINA MCCABE  
and  
RICHARD LEARY

THAT Tanlac is a wonderful medicine for delicate children is conclusively proven by the remarkable results accomplished in the cases of the three children shown in this picture.

Little Blanche Blair, of Providence, R.I., aged 13, gained 10 pounds; Regina McCabe, at right, age 9, of Scranton, Pa., gained 15 pounds; Little Richard Leary, Jr., of Philadelphia, who was very delicate, is now in fine, robust health. The statements made by their parents are as follows:

Mr. A. M. Blair, residing at 20 Alwood street, Providence, R.I., said: "We are just so happy over the change Tanlac has made in our little girl that we can't do or say enough to show our appreciation. She had lost nearly 20 pounds in weight and looked so frail and weak that her mother and I were both almost worried sick over her condition. Since taking Tanlac, she has already gained 10 pounds, her color is better than it ever has been, and she looks and acts like a different girl."

Mrs. Catherine McCabe, 414 Dickens Ave., Scranton, Pa., said: "The 'flu' left my little Regina in such a bad condition that I have no idea she would be with me now if it hadn't been for Tanlac. It is a mystery to me how she lived on the little she was eating and was so lifeless she never even cared to play with the dolls and toys she got at Christmas. Since taking Tanlac she is as hardy and well as any child could be and has gained 15 pounds. I am sure I will always praise Tanlac for restoring our little girl's health."

Richard Leary, 234 Easthorpe St., Philadelphia, said: "There is no doubt in my mind but that Tanlac saved my little boy's life. For two years I wouldn't have been a bit surprised to have seen him drop off at any time. He had stomach trouble

was sitting in the kitchen nursing the baby, when father came in and hit her over the head with an axe," the little girl said.

## Sons Give Evidence.

Witness said that she could not believe the little girl's story, but as Mrs. MacDonald did not appear, she went out and told the neighbors. Several people who lived near by came to the house and after a search the body of the murdered woman was found.

The two little sons of the accused, Willie and Jim, told of seeing their father washing the kitchen floor. There were on the floor what they thought were blood stains. The evidence of the three Ross Perry witnesses concerned the finding of the body of the murdered woman.

Taken as a whole the hearing so far has brought out no new developments.

## Deadly Quicksand.

Some of These Death Traps Will Swallow a Horse.

Two young women recently walked into a quicksand on the Lancashire coast, and were in up to their arm-pits before help arrived.

A few years ago a whole party paddling on the beach at Silloth, in Cumberland, were caught in a quicksand, and three of them were sucked down up to their necks before they were rescued. In this case it was not known that the sands were dangerous.

Quicksands are a great deal more common than most people suppose. Above Whitland Bay, that great and beautiful stretch of water beyond Plymouth, stands a monument to the memory of a very well-known Plymouth resident and his son who perished in a quicksand when bathing on the beach below. These sands are most dangerous, and no one dreams of bathing there to-day without first learning where the dangerous spots lie.

There are sands on the north coast of Devon which would swallow a horse, and there are some horrible death traps around the mouth of the Severn.

Quicksand is usually very fine in texture, and is mixed with a certain proportion of clay or chalk which helps it to retain moisture. But almost any sand can become quick under certain conditions. These are a large admixture of water and a lack of drainage. This is why such death traps are found only on flat, and not on sloping, beaches.

Quicksands are found in many rivers. What is perhaps their worst and most dangerous feature, is that they are rarely the same from day to day. They change constantly in shape, position and depth.

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## SAFE CONDUCT.

There isn't any danger in the kindly things you say. There isn't any sorrow in the fine and manly deed. No deep regret awaits you at the ending of the day. There's always joy in knowing that you've played the friend in need.

There isn't any anguish in the cheerful words you speak. The happy salutation never leaves a bitter sting. No man has met dishonor being gentle with the weak. And selfishness has never caused an hour of sorrowing.

It's the petty little failures which disturb us most at night. The little acts of meanness and the trivial things we do. The conscience never troubles us when we have done what's right. It's when we've failed to be our best that shame begins to brew.

Oh, most of us are honest in the larger fields of life. And most of us are brave enough in times of stress and woe. And most of us are fine enough in days of cruel strife. But it is in the little things the worst begins to show.

The danger of our peace of mind lies in our selfishness. In cruel little bits of speech which thoughtlessly we say. In pressing on so eager to achieve our own success. That we neglect the kindly folks we pass along the way.

Stafford's Ginger Wine for sale at Knowledge's Stores, East West and Central. Price 20c. per bottle.—dec7,11



## When Christmas Day Falls on Wednesday.

Christmas is of great importance in popular lore as a weather day, on which prognostications may be safely made as to the weather during the year following. Two curious poems of unknown date, found among the Harleian MS.S. in the British Museum, recapitulate at some length the notions current on this subject in the seventeenth century.

The first of these poems predicts: If the day that Christ was born fall upon a Sunday, there will be a good winter, but a windy one, and the summer will be fair and dry. Peace Throughout all lands will reign, and thieves be readily taken. Christmas on Monday also indicates a good winter and a very windy one and a stormy tempestuous summer. (This prediction may have miscarried in 1906). Many battles will occur, and great mortality among the cattle, but little among men. Tuesday is an unlucky day for Christmas.

"A dry summer that year shall be. As all that are born therein may see; They shall be strong and covetous. If thou shalt die through sword or knife."

Christmas falling on a Wednesday brings a stormy and hard winter, but a good summer, with wheat in plenty. It will be a disastrous year for young people, and particularly fatal for ships. Thursday is, on the whole, a propitious day. A windy, tempestuous winter will be followed by a good dry summer, in which crops and cattle will thrive. "Kings and princes," it is said, "shall die by skill." The sick shall speedily recover.

Friday here loses its unlucky character. The first of the winter will be severe, with frost, snow, and flood in abundance; but it will end with a good summer follow, and crops, cattle, and children will thrive, and the sick prosper. If Christmas falls on a Saturday, a dreadful and severe winter will follow, disastrous to man and beast, and fatal to old people. The summer will be wet, crops will fail, and sickness will generally result fatally.

## Honoring Santa Claus.

Santa Claus was born in Patavina, in Asia Minor. That was not his real name. He was an abbot named St. Nicholas. He afterwards became Archbishop of Myra. At the latter place he died and was duly buried. In May, 1807, his remains were carried by some pious Italians to Bari, on the Adriatic coast. They are now at rest in a splendid church which bears his name. The people round about make a pilgrimage to his shrine every year. No one seeking food on that occasion is refused it by the priests, whilst accommodation is given to as many pilgrims as the edifice will hold. On St. Nicholas Day, December 6, a great celebration takes place in his honour. Early in the morning the populace take his image from the priests and carry it through the town. At night the city is grandly illuminated.

## To Stop a Cold in One Day



Be sure you get **BROMO** Quinine. The genuine bears this signature **E. W. Shore**. Made in Canada.

## Starved by Snow!

ANIMALS THAT DISLIKE WINTER'S MANTLE.

Most of our wild creatures abhor snow. For the rabbits and hares it means that they must scratch down through the dull, frozen stuff before they can find their usual food. If the snow is really hard the rabbits are reduced to eating the bark of the fences near the warrens.

All the smaller birds are cut off from their food supplies. Those that live on worms or insects are particularly hard hit, and if the snow lies long the death-roll among such birds as robins is really terrible. In that dreadful winter of 1916-17, when there were a hundred days of snow and frost, it is estimated that we lost about one-third of our small-bird population. Water rats, shrews and others all

## Fashion Plates.

A SMART BUSINESS COSTUME.



Combining Waist 3355, and Skirt 3759. Plaid suiting was used for the skirt. Crepe de chine for the waist. Serge, satin, taffeta, twill, tricotine, and heather mixtures are good also, for the skirt, and linen, madras, crepe, satin for flannel for the waist.

The skirt is cut in 6 Sizes: 24, 26, 28, 30, 32 and 34 inches waist measure. The Waist in 7 Sizes: 34, 36, 38, 40, 42, 44 and 46 inches bust measure. The Waist requires 3 yards of 27 inch material. The skirt requires 2 1/2 yards of 54 inch material. It is a little more than 2 1/2 yards wide at the foot with platts extended.

This illustration calls for TWO separate patterns, which will be mailed to any address on receipt of 15c. FOR EACH pattern in silver or stamps.

## A PLEASING DRESS FOR THE GOWING GIRL.



Pattern 3774 was used for this model. It is cut in 4 Sizes: 8, 10, 12 and 14 years. A 10 year size requires 2 1/2 yards of 44 inch material for the dress and 1 1/2 yard for the overblouse and collar. Of one material 5 yards of 27 inch material will be required. Plaid and plain suiting, serge and satin, crepe de chine, gingham, duvetyn and tricotine are nice for this design.

A pattern of this illustration mailed to any address on receipt of 15c. in silver or stamps.

No. .... Size .... Name .... Address in full: .... NOTE.—Owing to the continual advance in price of paper, wages, etc., we are compelled to advance the price of patterns to 15c. each.



## Seasonable Goods:

## SILVER PLATE!



CRUET STANDS, CAKE DISHES, BISCUIT BARRELS, CARVING SETS, MANICURE SETS, FISH CARVERS, TEAPOTS, BUTTER DISHES, CHILD'S SETS, CASSEROLES, PICKLE FORKS, BUTTER KNIVES, TOAST RACKS, BON BONS, PIE SERVERS, PRESERVE SPOONS, VACUUM BOTTLES, BREAD KNIVES, SALAD FORKS, OYSTER FORKS, ETC.

## Copper and Brass!

CAKE PLATES, CRUMB TRAYS, ASH TRAYS, FLOWER HOLDERS, FIRE SETS, FIRE DOGS, TONGS, CANDLESTICKS, PHOTO FRAMES, UMBRELLA STANDS, COAL HODS, FERN POTS.

## SUNDRIES!

PIPES CIGARETTE CASES and HOLDERS, CIGAR CASES, CIGAR & CIGARETTE HOLDERS, POUCHES, ASH TRAYS, MATCH BOXES, SYPHONS, SPARKLETS, SAFETY RAZORS, SKATES, HOCKEY STICKS, SLIDES, SILVER POLISH, CHAMOIS SKINS, CARPET SWEEPERS, LIBRARY and HALL LAMPS, SPIRIT LAMPS, ETC.

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## What to Do With Left-Over Vegetables

## Jelly Vegetable Ring.

1 envelope Knox Gelatine 1 cup celery, cut in small strips  
1 cup cold water 1/2 cup shredded cabbage  
1/2 cup boiling water 1/2 cup canned peas  
1/2 cup sugar 1/2 cup small cucumber cubes  
2 tablespoonfuls lemon juice 1/2 cup vinegar  
1 teaspoonful salt

Soak Gelatine in cold water five minutes and dissolve in boiling water, then add sugar, vinegar, lemon juice, and salt. Strain, cool and when mixture begins to thicken, add vegetables. Turn into a ring mold, first dipped in cold water, and chill. Remove to serving dish, and arrange around jelly thin slices of cold cooked meat. Fill centre with boiled salad dressing.

Note:—Knox Acidulated Gelatine, which comes in a blue package, contains an envelope of lemon flavor and takes the place of lemon juice—saving time, labor and expense.

Get a box of Knox Gelatine at your grocer's to-day, and try the above recipe.

Only one of many ways of using left-overs with

## KNOX SPARKLING GELATINE

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"Wherever a Recipe calls for Gelatine think of Knox"

For further information apply to THOMAS B. CLIFT, Manager Knox Co., Commercial Chambers, Water St. Rooms 9 and 10. Sample Room 14.

dislike frost and snow because such weather makes food more difficult to obtain. Others, as a rule, make straight for the coast in a hard frost, and live on dabs and flounders in the unfrozen estuaries.

Even rats, which can generally look after themselves, dislike snow because it makes their dark bodies too conspicuous to their enemies, and prevents them from moving about as freely as they otherwise would.

But none of all these objections carry weight in the case of the stoat and the weasel. Both these blood-thirsty little brutes profit exceedingly, for they find that they have only to prowl down the stream side to catch any number of thrushes, blackbirds, robins, and other insect eaters which crowd the banks where the water melts the snow, and give them a chance to find food.

## Didn't Like the Kisses.

Willie, at a Christmas party given by his sister, was allowed to participate in the game of snapdragon, and sat amid a band of beautiful girls of sixteen or so. The light went out, and the usual grabbing for raisins began. Willie was seen, crying bitterly. "What's the matter, Willie?" asked a lady. "Didn't you get any?" "No," sobbed Willie. "As soon as it got dark, that man with the whiskers like a walrus—booh! booh!—he grabbed my hands and didn't stop kissing me until the lights went up again."

Minnard's Liniment for Burns, Etc.

## Cheeses Indicate Rank.

The rank of a Swiss family is known by the age of its cheese, and the more affection or respect a guest inspires the harder is the cheese which is cut in his honour.

The English, the Germans, and the Norwegians are great consumers of cheese, but the people of Switzerland surpass them all. The cheese of Zermatt is so hard that one is obliged to scrape it or cut off chunks with a hatchet, and its use is considered most important on ceremonial occasions.

It is said that there are families in

Switzerland whose cheese date from the first French Revolution. These are served only at baptisms, weddings, and after funerals.

The larder in every family is guarded with care and the cheese is named. Upon the birth of a new heir a cheese is made that takes the name given to the child, and that particular cheese is not cut until the boy or girl grows up and is married.

To make college cream candy, boil one pound brown sugar in a cup of water. When it will harden in cold water, pour it over the stiff white of one egg. Beat well, and when it begins to cream, and chopped nuts.