

THE STUBBORNNESS of the MULE is proverbial. Though not proverbial it is a well-known fact that millions of housewives who have tried SUNLIGHT SOAP stubbornly refuse to use any other. These housewives,

with
Sunlight Soap

as their ally, can look forward to wash-day without dread, for they are assured of a quick despatch of all dirt.

TRY IT IN YOUR NEXT WASH.



From Fort George

EXTRACT FROM LETTER.

The cheery letters received from home are very encouraging and help to make us realize the real interest the home people have in us, and spur us on to give a good account of ourselves when the time comes.

Our men are all shaping well, and are commended on everywhere for their appearance and behaviour. Since coming to Fort George we have made a big improvement as there is every facility for proper training here. In addition to this there are about 300 of the Seaforth Highlanders, special reserve, here; they are all very smart and this has helped us in no small way to make our men take greater pride in themselves and their regiment.

The people on all sides have been very kind and we get a true Highland welcome everywhere. Last week the Victoria League (which corresponds to the Daughters of Empire) of Nain asked the whole regiment to their town and gave us afternoon tea. They were very kind and we thoroughly enjoyed it. We were given an address from Sir Robert Finlay, who, by the way, was Counsel for Newfoundland at the Hague Conference.

We like this place very much; the surroundings are so much like home. The Fort is built on a little strip of land running out into the Moray Firth and Caledonian Canal and is practically surrounded by water. There is a large Flying Station (Naval) outside the Fort, which we are responsible for, and have to furnish all guards for same.

THE BELLAVENTURE.—The S. S. Bellaventure, Capt. Cross, arrived yesterday from North Sydney with a coal cargo. After discharging she will make two more Sydney trips before sailing time.

IN STERLING LIVES A GIRL

Who Suffered As Many Girls Do—Tells How She Found Relief.

Sterling, Conn.—"I am a girl of 22 years and I used to faint away every month and was very weak. I was also bothered a lot with female weakness. I read your little book 'Wisdom for Women,' and I saw how others had been helped by Lydia E. Pinkham's Vegetable Compound, and decided to try it, and it has made me feel like a new girl and I am now relieved of all these troubles. I hope all young girls will get relief as I have. I never felt better in my life."—Miss BERTHA A. PELOQUIN, Box 116, Sterling, Conn.

Massena, N. Y.—"I have taken Lydia E. Pinkham's Vegetable Compound and I highly recommend it. If anyone wants to write to me I will gladly tell her about my case. I was certainly in a bad condition as my blood was all turning to water. I had pimples on my face and a bad color, and for five years I had been troubled with depression. The doctors called it 'Anemia and Exhaustion,' and said I was all run down, but Lydia E. Pinkham's Vegetable Compound brought me out all right."—Miss LAVISA MYERS, Box 74, Massena, N. Y.

Young Girls, Heed This Advice. Girls who are troubled with painful irregular periods, headache, dragging-down sensations, fainting spells or indigestion, should immediately seek restoration to health by taking Lydia E. Pinkham's Vegetable Compound.

This Date in History.

JANUARY 26.
Full Moon—30

Days Past—25 To Come—339
GENERAL GORDON killed 1855. For a year "Chinese Gordon" had been besieged in Khartoum by an army of rebels under the Mahdi, and on this date the town was captured. An English relieving force arrived one day too late to save the town.

MOZART born 1756. The celebrated Austrian composer, who showed extraordinary musical talent when very young and performed in various capitals of Europe when only eight years old. He wrote some beautiful masses and a Requiem of unsurpassed beauty.

BISHOP OF LONDON born 1858. One of the hardest-working men of any denomination in London, and to the poor, who are constantly his care, he already wears the "hats" of a "Saint."

Happy were men if they but understood. There is no safety but in doing good.

WISHING.

Do you wish the world were better? Let me tell you what to do: Do not wish upon your actions, for you can never straight and true. Right you wish, 'Tis wish motives. Let your tongue be clean and high; You can make a little Eden Of the sphere you occupy.

Do you wish the world were wiser? Well, suppose you make a start. By accumulating wisdom in the scabbard of your heart, Do not waste one page on folly; Live to learn and learn to live. If you want to give men knowledge, You must get it ere you give.

Do you wish the world were happier? Then remember day by day Just to scatter seeds of kindness, As you pass along the way. For the pleasures of the many May be oft-times traced to one. As the hand that plants the acorn Shelters armies from the sun.

Flags of the Allies.

The colors of the flags of our Allies are as follows:—The French flag has three equal divisions of color in vertical or upright order: (1) blue (next to the mast), (2) white, and (3) red. The flag of brave Belgium is also tri-colored: (1) black (nearest to the mast), (2) yellow, and (3) red, the colors go vertically.

The Russian flag has the colors arranged lengthwise of the flag: (1) white (across the top), (2) blue (below the white), and (3) red (at the base). The Serbian flag is similar to the Russian, excepting that the stripes are in different order, viz.: (1) red (across the top), (2) blue, (3) white. The Roumanian flag is also tricolored and arranged in three equal divisions but vertically: (1) blue (nearest the mast), (2) yellow, (3) red.

Captain Jenny S.A.

"Captain Jenny, S.A." is being shown at the Crescent Picture Palace to-day. This great three reel masterpiece is produced by the Gold Seal Company and is said to be one of their best productions. Hazel Buckhan, the clever motion picture star, appears as Captain Jenny, the Salvation Army Lass and Herbert Rawlinson as Jim Coughy, the I. M. P. Company furnishes a very clever comedy "Jealousy and Giant Power," every thing put out by the I. M. P. is good and this comedy is one of their best. J. O'Neil Farrell, baritone, sings "Those songs my mother used to sing," a very pleasing ballad. Go to the Crescent to-day and see this fine show you will be well repaid. Afternoon session, 2.30; evening, 7.15. The Crescent is always clean and cosy.

Sometimes a liberal bath of cornstarch will take perspiration spots out of silk.

Resourceful Engineers.

A thrilling incident of the war, as far as the Pacific is concerned, is told in the Melbourne Argus, and relates to the escape of the Southport, a British steamer of 3,586 tons, built in 1900 for the Lewis Trading Co., from the German island of Kusale, in the Caroline group, to Brisbane. Captain Clopet, the commander, told the following story on arriving with his vessel off Pinkenba:—

"We were chartered by the Phosphate Company, and left Auckland on June 12th for Ocean Island; there we were to receive orders. The Southport arrived at Ocean Island on June 23rd, and received orders to proceed to Nauru to load phosphates for Stettin. Ascertaining when at Nauru on July 28th that no cargo could be loaded there for at least a month, and the weather being unfavourable we decided not to go to Kusale, in the Caroline Islands. We therefore left Nauru on August 1st, steaming slowly, and arrived at Kusale on August 4th. By this time we were getting short of provisions. We were in the harbour of Kusale, when on August 14th the German warship Geier arrived and we were seized. A German officer came on board and informed me that war had been declared between Great Britain and Germany, and he seized all the ship's papers. Our flag was hauled down, and the German flag hoisted for half an hour, while the Germans read a proclamation to me that my ship had been seized in the name of the Kaiser. They did not put me or any other member of my crew on parole. The Geier was followed by the German merchant steamer Tsingtau, of Bremen, and this steamer eventually came alongside the Southport. To prevent us putting to sea they removed nearly all the eccentrics and other parts of the machinery, and took away the main stop valve.

"An officer of the Geier told us that we would have to remain at Kusale until after the war was over. I pointed out to him that we were short of provisions, and that the natives, on account of a cyclone, were also short of food. The officer replied that there were coconuts on the island. The Germans also told me that on second consideration they would not sink the Southport, but by removing part of the engines I would be compelled to remain in Kusale. I pointed out to the officer that my crew would be starved out, and I could not be responsible for what starving men might do on the island. The commander of the Geier thereupon gave me an order on King Sigrah to secure supplies of meat and other provisions, stating that whatever I had could be paid for after the war. Besides taking our coal, the Germans on the steamer Tsingtau took some of our kerosene oil, and everything they thought would be of use to them. They did not touch our provisions, however, because we had none to spare. It was on Friday, September 4th, that the Geier came in to port, followed by the Tsingtau. On the following Monday the Tsingtau took her departure at six o'clock in the morning, and that evening the Geier departed, sailing in a southeasterly direction. This course, I think, was a bluff. The Germans would alter their course as soon as darkness set in.

The Geier appeared to leave the harbor in a great hurry. After her departure the engineers on the Southport inspected the vessel's machinery and discovered that the German engineers on the Geier had not done their work of disabling the engines as thoroughly as they might have. All the eccentrics, for instance, were not removed. The engineers of the Southport, with great ingenuity, managed to fix up the engines in such a way that we could get steam up on the vessel and go ahead, but we could not get astern. We were practically faced with starvation, and it was only the splendid work done by the engineers that enabled the Southport to get up sufficient steam to go slowly ahead. The Southport left Kusale on September 18th, but before leaving I took on board 350 coconuts and about 400 lbs. of roots of trees, which the natives were already eating owing to the scarcity of food. At night all lights were extinguished on board the Southport, and we kept a strict look-out day and night. Passing the Solomon Islands we had a very anxious time, because we were afraid that the German cruiser would make her appearance. We never saw a vessel, however, until nearing Sandy Cape, when

Good Spirits

can only be enjoyed by those whose digestive organs work naturally and regularly. The best corrective and preventive yet discovered for irregular or faulty action of stomach, liver or bowels, is known the world over to be

BEECHAM'S PILLS
Sold everywhere, in bottles of six and twelve.

the cargo steamer Westminster, from Newcastle, N. S. W., was sighted." The officers of the Southport are: A. Clopet, master; John Cooper Dodd, of Cardiff, chief officer; Varwell Shears, of Brixham, second officer; Harold Cox, of Highbridge, Somerset, chief engineer; W. E. Harris, of Newport, second engineer; Arthur Griffith, of Cardiff, third engineer. The Marine Engineer & Naval Architect. [The Southport, we understand was in this port about two years ago.]



"Don't Get Sick!"

There is no reason why you should be suffering from any form of stomach troubles when you can obtain Stafford's Prescription "A" for 25c. or 50c. a bottle and be cured.

Stafford's Prescription "A" cures Indigestion, Dyspepsia, Gastritis, Catarrh of the Stomach and Nervous Dyspepsia.

The usual symptoms are:—Uncomfortable feeling about Stomach, Distress and Distension of Stomach and Bowels after eating, Headache, Nausea, Langour and Depression of Spirits, Irritability of Temper, Tenderness and even Pain over Pit of Stomach, Chilly Sensation, Slight Feverishness, Bad Taste, Loss of Appetite, Constipation, etc.

Prescription "A" is prepared only by
DR. F. STAFFORD & SON,
St. John's, Nfld.
Price: Trial Size, 25c.; postage, 5c. extra.
Price: Large Size, 50c.; postage, 10c. extra.

Minard's Linniment Co., Limited.
St. John's, Nfld.
I have used your MINARD'S LINNIMENT for the past 25 years and while I have occasionally used other liniments I can safely say that I have never used any equal to yours.

I rubbed between the hands and inhaled frequently. It will never fail to cure cold in the head in 24 hours. It is also the Best for bruises, sprains, etc.

Yours truly,
J. G. LESLIE.
Dartmouth.

THE BRONTOSAURUS.

By GEORGE FITCH
Author of "At Good Old Sivash"

The brontosaurus was an animal extravagance which flourished in the early Jurassic period, long before Joe Cannon was in Congress.

We have nothing like the brontosaurus in these days which is something to be thankful about. He was the most animal that has ever been collected together in one hide. He was a procession all by himself, and when he went out in the cool of the morning to eat up a meadow and lurched along lazily leaving tracks as large as cisterns in the nice soft Jurassic mud he was half a minute passing a given point.

The brontosaurus belonged to the Dinosaur family. This was one of the very earliest families on earth, but it behaved much better about it than some of our later families do and never got unduly proud of it. The Dinosaur has heads from one to two yards long and completely equipped with teeth. They had long necks, short fore legs and large substantial hind legs upon which they could rise when necessary and peer over a small foothill in search of friend or foe. They had toes equipped with sharp claws and nothing was more disagreeable in the world's earlier periods than to be clawed by a peevish brontosaurus. It was like getting stabbed with the business end of a steam shovel.

The Dinosaur sometimes attained a length of 75 feet and had a fleshy tail as long as a box car. Some dinosaurs were armored with thick plates and some were merely protected cruisers. Some dinosaurs were carnivorous, living on mastodons and other small fry, while others were herbivorous and could make a light meal off a few trees and prehistoric haystack washed down with a duck pond.

The brontosaurus was herbivorous, and so far as is known never bit a man during its career. However, we should be glad that the brontosaurus moved on into the stratified shale beds of eternity before society got very well organized. While we could doubtless learn to love this gentle ruminant and to teach him simple tricks he would always cause a certain amount of apprehension and discomfort. Think of going into a blackberry patch to harvest the crop and of getting engulfed by a vagrant brontosaurus who was only a square meal and would be surprised and even pained to find that he had swallowed a leading citizen along with it!

STEPHANO SALES.—The Stephano sails for Halifax and New York at 4 p.m. to-day.

AYRE & SONS, Limited,

Can supply any quantity of
15 Ringd Tind FISH HOOKS,
Genuine French
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and a large stock of Fishing Supplies always on hand.
Mail orders promptly attended to.

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Newfoundland's most popular Plug Tobacco.

MAYO'S.

Every Plug carries the MAYO'S impression, and is used by thousands of smokers all over the Island. Mayo's Premium tags are still valuable. Help to protect your country by smoking the plug made by local labor.

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Bargain Counters!

Stock-taking over, we are placing on above Counters all broken lines, odds and ends and a special lot of BARGAINS purchased specially for this Sale. 25 cts. will buy many articles hitherto sold up to \$1.00. We are very emphatic regarding the rare economizing opportunities in this our Great 25 ct. Sale. \$1.00 will do the work of \$2.00. Let nothing keep you away and prevent you from sharing in this great outpouring of 25 ct. BARGAINS.

- We list a few of the many Bargains offered.
- Dress Goods, per yard 25c.
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 - Sideboard Cloths 25c.
 - Tray Cloths 25c.
 - Pillow Slips 25c.
 - Gent's Ties 25c.
 - Men's Gloves 25c.
 - Boys' Top Shirts 25c.
 - Men's Suspenders 25c.
 - Men's & Boys' Caps 25c.
 - Men's Half Hose 25c.
 - Boys' Braces 25c.
 - A Big Job Lot of Embroideries from 5c. per yard up.
 - Many other things too numerous to mention.
 - Ladies' Scarfs, each 25c.
 - Ladies' Camisoles 25c.
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 - Ladies' Aprons 25c.
 - Ladies' Suspenders 25c.
 - Ladies' Purses 25c.
 - Ladies' Collars 25c.
 - Ladies' Leather Belts 25c.
 - Ladies' Veiling 25c.
 - Ladies' Side Combs 25c.
 - Children's Wool Hoods 25c.
 - Children's Knickers 25c.
 - Children's Pinafore 25c.
 - And a Big Assortment of Ladies' Blouses from 50c. each up
 - Also Matinee Waists, Half Price.
 - A few Silk Blouses, slightly soiled, Half Price
 - Ladies' White Skirts 50c. each up
 - Ladies' Colored Skirts from 98c. ea. up
 - Ladies' Knickers, Reg. \$1.20. Now 60c.
 - Ladies' Coats from \$3.50 up (Worth from \$5.50 up.)

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