



GOOD home-made bread has always been the chief food of the earth's sturdiest races. None of the breakfast foods or health foods can equal bread in nourishment. Good bread is the most digestible food as well as the cheapest.

ROYAL YEAST CAKES

EDITING THE ACADIAN

Getting out this journal is no picnic. If we print jokes, folks say we are silly. If we don't, they say we are too serious. If we publish original matter, they say we lack variety. If we publish things from other papers, we are too lazy to write. If we stay on the job, we should be out rustling advertising. If we rustle for advertising, we are not attending to business in our own department. If we don't print contributions, we don't show proper appreciation. If we do print them, we are accused of filling up with junk. Like as not some fellow will say we swiped this from an exchange. So we did.

FALL PREPARATION FOR THE VEGETABLE GARDEN

Probably no effort is so well repaid as that given to the development of a good vegetable garden. It is wise to make preparations for this in the fall, in order to realize the benefits accruing from the early sowing of many vegetable crops. There is really no good reason why the vegetable garden should not be prepared in the fall, except that the time necessary to do so is usually not given to it. It is assumed that a certain area is set aside for the vegetable garden. If this is not the case, by all means set aside a certain plot now, locating it reasonably near the house so that vegetables may be conveniently gathered with a minimum loss of time to the house wife.

Apply twenty to twenty-five tons of stable manure per acre. Ten pounds to the square yard is equal to twenty-four tons per acre. Plow this six to eight inches deep. If it cannot be plowed, dig it in. The amount of manure to apply will vary according to the way the soil has been previously manured. It is not wise to overfertilize, and if annual applications are made, probably five pounds per square yard will be quite sufficient.

It is desirable that certain areas should be ridged or mounded, to permit of ready drainage and early drying out of the soil. In these, carrots, beets and lettuce for very early use are seeded. Here also cabbage, cauliflower and celery are started for planting out later. There is very often difficulty in getting such plants in the spring. This may be overcome by giving a little thought now to the development of a spot where seed may be sown just as soon as the surface soil is dry to the depth of one or two inches. It is quite often possible to sow seeds outside on such a plot about the middle of April. The only reason why onions are so seldom a success in this country is that the seed is put in the soil the middle of May when they should have been planted a month earlier. For this early spring seeding surface working of the soil is all that is required, if the land has been fall prepared, and this can be done early if good drainage is provided by mounding up strips three to four feet wide as already indicated with a slight surface slope to give drainage.

It will be understood that, for spring growth, in addition to heat a readily available food supply is necessary. In old garden areas this is usually present, but if the garden plot is new, it may

be necessary to use a little quick acting fertilizer to give the crops a start. One ounce per square yard of nitrate of soda or other active fertilizer is equal to three hundred pounds per acre; this amount is sufficient for any vegetable crop. If fertilizers are applied, it is wise not to make the mistake, so often made, of applying too large an amount without thoroughly mixing it with the soil. Surface applications of fertilizers like nitrate of soda very often kill the young plant just as it germinates; and for that reason it is much better to depend upon an application of stable manure well worked into the soil the previous fall. Many good prospects have been blighted by not using good judgment in the application of commercial fertilizers to small areas, either through applying too much, or through not thoroughly mixing into the soil, before seeding, that which has been applied.

W. S. Blair, Superintendent, Experimental Station, Kentville, N. S.

THE PUBLISHER'S RESPONSIBILITY

More and more difficult every day is the choice of good reading—the kind that nourishes the young and refreshes the old. One way to avoid mistakes is to choose the book or periodical that stands for something—that is not everlastingly supplying the sensational and silly. The Youth's Companion has always been published by men who felt a keen responsibility to their readers, and they have held steadfast to one purpose: to familiarize Companion readers with the best things in the world and by means of original articles and stories to illustrate the truth that the practice of the old, homely virtues brings the greatest satisfactions in life. Try it for a year and see.

The 52 issues of 1923 will be crowded with serial stories, short stories, editorials, poetry, facts and fun. Subscribe now and receive:

1. The Youth's Companion—52 issues in 1923.
2. All the remaining issues of 1922.
3. The Companion Home Calendar for 1923. All for \$2.50.
4. Or include McCall's Magazine, the monthly authority on fashions. Both publications, only \$3.00.
5. Or include THE ACADIAN: Both publications, only \$4.00.

THE YOUTH'S COMPANION, Commonwealth Ave. & St. Paul St., Boston, Mass.

Subscriptions Received at this office.

GROCER IN SUIT AGAINST PAPER.

Canadian Grocer is a consistent advocate of the constant use of the columns of the home paper by Canadian grocers and strongly advocates that its subscribers spend a definite part of their turnover for this purpose, going so far as to suggest effective copy. An editorial in the Grocer of June 23 deals with an interesting incident wherein a newspaper gets into trouble for failing to insert a grocer's advertisement. The editorial is reproduced below:

"The action brought by a retail grocer against the newspaper of a town in the Western States, for failure to print his advertisement, alleging loss of sales to the extent of \$1,000, is indicative of the value he placed on advertising as a means of stimulating business.

"In his statement of complaint he declares that he does depend very largely on advertising for business, and on account of the no-appearance of his advertisement his sales were \$500 less than they would have been had the advertisement appeared. He asserts that on the Saturday preceding, and on which day a similar advertisement appeared, the sales made by the plaintiff amounted to \$650, and that while on the following Saturday, the day on which the advertisement was not run in the paper, the sales were \$350. On this day business was generally better, due to Labor Day following on Monday, and on account of the failure to insert the advertisement, the plaintiff claims he was damaged in the sum of \$1,000.

"The outcome of the suit is not yet known, but it is interesting to note the definite turnover that this merchant credits as directly due to his advertising. The use of the newspaper space as a means of stimulating sales and keeping the name of a merchant before the public cannot be underestimated, and when coupled with display of the proper sort and effective selling talks, is always productive of results."

Fully sixty million coconut trees are under cultivation in Ceylon.

A CONNOIPTION VARIETY

The customer at the second-hand clothing store was far from being satisfied, but, on the insistence of the proprietor that everything was all right, finally consented to take the suit.

"I'm not at all sure yet that I've a fit," he complained.

"You just go home and take a look at yourself in the glass" rejoined the proprietor, pocketing the money, "and you'll have one all right." —Louisville Courier-Journal.

CAR FOR HIRE

New Car. Careful Driver. Day or Night Service. Satisfaction guaranteed. **BRUCE SPENCER** Phone 236 or 138

CAR FOR HIRE

PHONE 230 **D. F. JOHNSON**

Homes Wanted!

For children from 6 months to 16 years of age, boys and girls. Apply to **H. STAIRS**, Wolfville Agent Children's Aid Society.

Plumbing and Furnace Work

JOBBING PROMPTLY DONE

H. E. FRASER Phone 75

Let a Personal Greeting Card

Carry Your Message Of Christmas Cheer

Christmas Cards Cost So Little But Mean So Much That You Cannot Afford To Forget Anyone

YOU CAN SEND 12 OR 18 CARDS FOR APPROXIMATELY \$3.00 OR \$4.00. CONSIDER THE ECONOMY AS COMPARED WITH MORE EXPENSIVE PRESENTS.

Every friend will appreciate a kindly message, not forgetting Mothers—Fathers—Wives—the Folks Back Home—Your Neighbors—Relatives—Friends and Business Acquaintances.

CALL AND LEAVE YOUR ORDER AT

THE ACADIAN STORE PHONE 217 WOLFVILLE, N. S.

Canadian National Railways

OCEAN to OCEAN

THE NATIONAL WAY ACROSS CANADA "CONTINENTAL LIMITED"

Leaves Montreal 9.00 p.m. daily, for Ottawa, North Bay, Cochrane, Winnipeg, Saskatoon, Edmonton and Vancouver.

DIRECT CONNECTION FROM MARITIME PROVINCES

By Maritime Express, leaving Halifax at 3.00 p.m. (Except Sundays) arriving at Montreal 7.40 p.m. the day following. Ocean Limited, (Daily) Leaves Halifax 7.40 a.m., Arrives Montreal 9.20 a.m. the day following, connecting with Grand Trunk International Limited.

For Detailed Information Apply to Ticket Agent, or Write

H. C. MacFARLANE District Passenger Agent. - Halifax, N. S.

PROFESSIONAL CARDS

Eaton Brothers Dentists Dr. Leslie Eaton, D.D.S. University of Pennsylvania Dr. Eugene Eaton, D.D.S. Pennsylvania Tel. No. 43.

V. PRIMROSE, D.D.S. (McGill University) Telephone 226

M. R. Elliott, M.D. (Harvard) Office Hours: 1.30 to 3.30 P. M. 7 to 8 P. M.

G. K. Smith, M.D., C.M. Grand Pre, N. S. Office in residence of H. P. KINNEY Hours: 1.30 to 3.30 P. M. 7 to 8 P. M.

G. C. NOWLAN, LL. B. Barrister and Solicitor Money to Loan The Acadian Building, WOLFVILLE Phone 240 Box 134

R. B. BLAUVELDT, (LL. B.) BARRISTER & SOLICITOR Realty & Insurance Money to Loan at Current Rates. Fruit Company Building, Wolfville Phone 172. Box 146.

W. D. Withrow, LL. B. BARRISTER, SOLICITOR NOTARY PUBLIC Money to Loan on Real Estate. Eaton Block - Wolfville Phone 284. Box 210.

E. A. CRAWLEY A. M. Eng. Inst. Canada Civil Engineer and Land Surveyor Registered Engineer and Nova Scotia Provincial Land Surveyor WOLFVILLE, N. S.

O. D. PORTER Auctioneer for Wolfville and Kings County

DR. T. F. HOTCHKIS Veterinary Surgeon WEBSTER ST. - KENTVILLE Phone 10

J. F. HERBIN OPTOMETRIST, OPTICIAN. Eye examination, and fitting, lens cutting. Herbin Block (Upstairs) Phone 83-13, House, 67-13. Day service, and Tuesday, Thursday and Saturday evenings.

FRED G. HERBIN Watch, Clock and Jewelry Repair Work HERBIN BLOCK, - Upstairs

M. J. TAMPLIN Accounts Checked, Books Written Up, Balance Sheets Prepared, etc. WOLFVILLE, N. S.

WHEELWRIGHT and CARPENTER All kinds of Repairing, Window Sashes, Frames, etc. Shop work in general. G. W. BAINES, East Main St.

D. A. R. Timetable The Train Service as it Affects Wolfville

- No. 96 From Annapolis Royal arrives 8.41 a.m.
- No. 95 From Halifax arrives 10.10 a.m.
- No. 98 From Yarmouth, arrives 3.27 p.m.
- No. 97 From Halifax, arrives 6.27 p.m.
- No. 99 From Halifax (Mon., Thurs., Sat.) arrives 11.48 p.m.
- No. 100 From Yarmouth (Mon., Wed., Sat.), arrives 4.28 a.m.

COAL!

HARD COAL SOFT COAL COKE KINDLING

A. M. WHEATON

Doug. and Mary in Canada



(1) Mary Pickford enjoying the view from a window in the Chateau, Lake Louise. (2) Mary and Doug. posed for the camera on arrival at Windsor Station, Montreal. As a souvenir of his trip, Doug. holds a C.P.R. porter's cap.

"I HAVE had a wonderful trip, over the Rockies, I think they are equally as beautiful as the Alps and as for Lake Louise, it was almost too wondrously beautiful to be real. I want to stage a fairy tale there." So said Mary Pickford, the famous moving picture actress, on arrival in Montreal after a trip over the Canadian Pacific Railway from Vancouver.

Mary was accompanied by her husband, Douglas Fairbanks, her mother, and Mr. and Mrs. John Fairbanks. The party stopped off at Lake Louise, Alberta.

After spending the morning viewing the beautiful scenery at Lake Louise and climbing the Saddle Back mountain, the party left by motor for Banff, where Doug was especially keen to have a swim in the Banff

Springs bathing pool. A few minutes stop was made at Johnston Canyon. The party then proceeded directly on to Montreal, stopping only an hour in Winnipeg.

Both Doug. and Mary expressed themselves as delighted with Canada and "elated" every moment spent in the Canadian Rockies.

"We have always wanted to take this trip through the Canadian Rockies," said Mary, "and it is more beautiful than our expectations. We were perfectly fascinated, too, with Victoria.

"In Vancouver," said John Fairbanks, brother of Doug., "we had a tremendous reception. Doug. had to carry Mary, while my own wife was swept away from me like a chip on the stream. I have been with Mary and Doug., and Charlie Chaplin through many Liberty Loan drives, but we never had a reception like this.

Mrs. Pickford said that it was always her custom in such a rush to hide until the danger was over, so she fled to safety behind a door knowing that as soon as Mary got settled she would send for her.

When questioned as to Canada being a field for the moving picture industry Douglas Fairbanks stated that the mountains would make a marvellous background, but the essential thing was the story. "I would love to make a Canadian picture if I could get the right kind of a story," he said.