removes objectionable from cooking utensils

an Lace. ce should be basted of cotton and washed t straining the mesh kewarm with plenty ved in it, and squeeze

out the dirt. If you lace it in bright sun-ist with soap or borax oroughly. If a slight rinse in milk and iron ch is not advisable. stiff and cheap looking.

Photographs. s that look like coral one's dresser can be ms. First shape the d, oval or rectangular. xt fasten on small with heavy thread, n too thickly. Melt x or paraffine, color

nd dip the frame in as ecessary to coat the These pretty little rable than one would

Alcohol.

stmas holidays over nited States died from ohol. Wood alcohol ld be given a different with skull and cross-

ying Capacity wn by Table. onder What Wire Certain Jobs. he Table.

ble is presented for those who have to a small amount of eled in regard to the This table is a e. This table is a he National Electric

Amperes Capacity

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the Brown & Sharp nts specified can be without overheating. lorado Agricultural , Colorado.

ouring Cold

ther. Vourishing.

ash a 4-lb. piece other of the cheaper iling water, bring to 2 sliced carrots, 2 liced turnip (small) hours. When half spoons salt. Pack o a deep loaf pan, he meat lengthwise. allow pan to catch n empty loaf pan and press with 2 et stand over night the stock for soup. -A small piece of der or the rump, nakes an economical kly in cold water, and pepper, dredge n quickly in a hot Be sure to brown rface, to keep the the pot, or in a sely covered. Half d cook slowly for boil at any time or spoiled; just keep alf cooked season add 4 small onions, nall turnip cut in red place the meat ith the vegetables the fat from the ne latter with flour cold water, allow-

cups gravy. Color

with a few drops of "kitchen bouquet"

or caramel, if necessary.

Steak Country Style. — Take 1½ lbs, flank or round steak, 4 onions, 1 tablespoon flour, ½ teaspoon salt, ½ teaspoon pepper, ¼ cup boiling water. Pound the steak with a meat pounder or wooden potato masher to break the fibres. Brown very quickly on each side in a very hot frying pan; peel and chop the onions, dredge with flour, and put in the pan with the steak. Add salt and pepper, cover closely, and cook slowly for 1½ hour. Put the steak on a hot platter, add the boiling water to the onions, let boil up then pour around the steak. Serve very hot, with hashed browned potatoes. All of the above are economical dishes, especially if cooked in winter when the fire has to be kent oning in the range. hot frying pan; peel and chop the onions,

fire has to be kept going in the range anyway. The cheaper cuts of meat contain quite as much nutriment as the more expensive ones, but to give them the proper flavor and tenderness one rule is absolutely essential: Brown the outside first so that the surface will be seared and the juices kept in, then cook slowly.

Hope's Quiet Hour.

Working for the King.

These were the potters, and those that dwelt among plants and hedges: there they dwelt with the king for his work.-Chron. 4:23.

If you try to read the chapter from which I have chosen my text to-day, you will find it no easy matter. I once heard an old man say enthusiastically that he had read the Bible through many times. His delight in it—according to his own statement-was not caused by spiritual benefit received, but because he liked to pronounce the hard names. He must have especially enjoyed reading the first nine chapters of 1 Chronicles, for they are crowded with hard names. "These are ancient things," as the Chronicler tells us, and in these later years we are not especially interested in the names of Flicenzi Challeb. Michael the sons of Elioenai, Chelub, Mishma, etc., etc. But the Bible is a wonderfully human book, and little items of human interest can be discovered even in chapters which seem to consist only of long lists of curious names. For instance, there is the story of a struggling victorious soul in the tenth verse of chapter four—the heart-hunger for God and holiness, and the satisfying of that hunger. In any other book of statistics we should be amazed to find the prayer of Jabez and the record of God's answer: but in the Bible there is no attempt to separate history into sacred and secular. If God is interested in every hair of our head, He is also interested in "the house of them that wrought fine linen" (yer. He was careful to record the fact that 44,760 soldiers went out to battle with prayer upon their lips (5:18-20) and He knew that the prayer of Jabez (4:10) was too fine to be allowed to drop out of memory. Jabez was a real person, with both material and spiritual desires, like the rest of us.

Then there is the story contained in the words I have chosen for my text: the story of the potters, and those that dwelt among plants and hedges: "there they dwelt with the king for his work."

Did you ever realise—you farmers—that you, who dwell among plants and hedges, also "dwell with the King for His work?" Our Lord declared: "My father worketh hitherto, and I work." Surely you are working with Him, doing your share in the great yearly miracle of the resurrection of the seed into new life and fruitfulness. When Lazarus was raised from the dead the people were allowed to help. They could not restore life to the cold and helpless body, but they could take away the stone from the door of the sepulchre. When God calls plants to awake and come forth from their graves, He expects you to dwell with Him and join in His work. He only can perform the great miraclethe miracle which hides its glory from careless eyes under a veil of everydayness. It is like the pattern of our wallpaper, so familiar that we fail to notice it. Life would be shining with glory if we always remembered that the Carpenter of Nazareth—our Comrade-King—is working with us, directing us and blessing us;

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St, John, N.B.

O, simple walls, no pictures break thy

simple floor, uncarpeted below! And duty done is solace for all woe, And every modest tool that hangs in view Is fitted for the work it has to do.'

Those who welcome Christ into their "kitchen"—remembering His Presence their everyday life and work—bring His research ter have touched and consecrated the their everyday life and work—bring Him into touch with the lives of other people unconsciously. They are doing mission work continually. Seeds are sown in the hearts of young people, which will bear fruit unknown to the sower.

Some years are an American was also been sown in the results of the world the came to help. I am sure He helped His mother in her kitchen, and He will gladly help in yours, if you will open the door and welcome Him there.

If we invite the King to live with us here we shall know Him well enough

Some years ago an American was allowed to teach in a Japanese school, on the understanding that when on duty he should not utter a word on the subject of Christinanity. He lived with Christ every day, and his pupils took knowledge venant to give up idolatry. Twenty-five of those young men entered a Christian training-school, and were trained to teach the faith they had learned from one who dwelt with Christ for His work to square his account with Heaven by spending of children when minor physical defects interfere with proper schooling.

* * * * * Capt. Kenneth G. Taylor, of Queen's University, Kingston, a native of Freder-

whether we are called to serve in the fields or stable, in a kitchen or a palace, in a country store or in the Parliament which ministers to a nation.

One whose eyes were open to invisible glory, wrote in this way about her kitchen, where she dwelt with the King for His work, and rejoiced in His daily Companionship.

"O, little room, wherein my days go by, Each like to each, yet each one set apart For special duties. Nearest to my heart Art thou of all the house. In thee I try New issues, when the old ones go away, And with new victories allay the smart Guest in the lonely parlor. He would mere locked in his safe, and the door of his office was carefully closed in the face

And with new victories allay the smart Guest in the lonely parlor. He would Of dismal failures; and afresh I start With courage new to conquer or to die! "chores". The lore bedroom He had was a stable—so He feels at home among the cattle. The High Priest, who taught with authority in the Temple, slept at night with the open sky as His roof.—S. Luke 21:37. He feels quite at home in the fields, and you need not hesitate to invite Him to work with you there. The work-hardened hands of the Carpenter have touched and consecrated the

to rejoice when He invites us to live with Him in His Father's house. There was a man once who strongly objected to preachers talking about our duty on this earth. He said they should stick to the Gospel and avoid "worldliness." No of him that he had been with Jesus. As a result of his beautiful life and silent preaching, forty of his pupils met together and signed a secret condition.

"This is the Gospel of Labor, Ring it, ye bells of the kirk, The Lord of love Came down from above To live with the men who work,"
DORA FARNCOMB.

Current Events

The Dominion Good Roads Commissioner has approved the new road policy of the Ontario Government, as outlined by Hon. F. C. Biggs, Minister of Highways.

It was declared by Hon. J. Edward Caron, Provincial Minister of Agriculture, in the Quebec Legislature, that the Dominion Canners "trust" should have been "busted" by the Federal authorities long ago.

Chatham (Ont.) Board of Education will ask that the School Act be amended to permit compulsory surgical treatment