

Health the Mainspring of Success.

The chief essential of success for a young man is what the vast majority of young men think about the least—that is, good health and a sound constitution. That is the first thing; nothing precedes it. In the battle for success, that should be a young man's first thought; not his abilities, nor his work, but his health. That is the basis, the corner stone of all. Abilities cannot bring health, but health may, and generally does, develop ability.—*Joviana Ladies' Home Journal.*

What is the Church For?

A GENTLEMAN, doing the churches of London, asked of the man who was showing him through one of them, "Do they have many conversions here?"

"Conversions!" snorted the astonished functionary, "Conversions! Why, man, this is no Methodist chapel. This is a cathedral."

The Skipper's Rebuke.

THE skipper of a sailing-vessel had as passengers an estimable but not very courageous minister and two careless young men given to little but mischief.

A severe storm came up, and although the young men were frightened enough, their terror was nothing to that of the poor minister, who was indeed a pitiable object.

"See here, sir," said the skipper at last, with kindly severity, "do you want me to think you're more afraid of going to heaven than the young men are of not going there?"—*The Youth's Companion.*

Kite Flying.

Colonel Baden-Powell, commander of the English forces shut up by the Boers in Kimberley, is a famous experimenter in kite-flying, and has constructed the largest military kites yet made. He has more faith in kites than in war balloons. With his scientific knowledge, it is said, he can fly a kite with camera attachment over the enemy's works and positions at will, the photographs showing the strength of breastworks, guns and men. His largest kite, made in 1894, was thirty-six feet high, with an area of 500 square feet. It was made of canvas with bamboo frame, and was strong enough to carry a man's weight.

Small Philosopher This.

"MAMMA, de baby's kyin'," said a little girl, glancing up from her playing.

The mother paid no heed.

"Mamma, de baby's kyin'."

Still the mother did not heed.

The little girl arose, went over to the crib, and looked down sympathetically upon the bundle of pink and white.

"Nebber mind, baby. Dis is a trouble-some mother you've tum to. You'll hab to ky a heap o' times and nobody'll notice you."

THE Alabama *Advocate* conducts its business on the credit system, and frequently has difficulty in getting subscribers to pay up arrears. Not long ago the editor received the following letter in response to an appeal for money:

"Mar, Editor I have don give the pay for that paper to the preacher I want you if you please stop it write now for you ar the first one that ever done me I want you to stop it and stop it write now fer if you don't i want pay for it any longer. I guess when you git the moey you can go to bed and go to sleep."

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MAKING Christ an example, and trusting in the help of the Holy Spirit, I promise that I will endeavor to love and do my Heavenly Father's will, that I will make stated seasons of private prayer and the daily study of the Bible the rule of my life. As an Active Member of the League I will, except when excused by my Master, be present at and take part in the meetings of the department of Christian Endeavor, and will be true to all my duties as a member of the Church. I will abstain from all amusements and habits upon which I cannot see God's blessing. I will bear God with any substance as He has promised me. I will endeavor, by kindly words and deeds, to cultivate the spirit of Christian friendship and bring my young associates to Christ.

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