

L. Clark

ON'S LEADING
BACCONIST

s, Tobaccos, Smokers'
ies, Papers and
Magazines
O STORES:
i Dundas Street
Phone Met. 1287
Dundas Street
Phone Met. 359
OUR FRIENDS
BOUT US.

ss and Sanitation

PARISIAN

ould be Your

NDRY

, Dry Cleaners, Dyers
d Rug Cleaners

TRY

n & Thornton

and Chip
restaurant

Road and Hyla Sta.

IME

ew up-to-date

Gas Ranges

3 up.

LONDON

PHONE Met. 4880

NSON

ere Everything Good

SPECIALS.

nt of FOWL and

treet

Metropolitan Stores, Limited

"Where Your Money Buys More"

AT THE HOSIERY COUNTER.

Children's Ribbed Hose	19c. pr.
Children's Heavier Ribbed Hose	29c. pr.
Men's Fancy Socks	19c. pr.
Men's Mixed Wool Hose	39c. pr.
Men's Work Socks	15c. pr.
Ladies' Everyday Hose Special	19c. pr.
Ladies' Lisle Hose	39c. pr.
Ladies' Silk and Wool Hose	59c. pr.
Ladies' Pure Thread Silk Hose	95c. pr.
Ladies' Rayon Hose	49c. pr.
Men's and Boys' Caps	79c. & \$1.
Heavy Work Socks	29c. pr.

VALUES AND SAVINGS FOR EACH CUSTOMER.

Flanelette	
Bed Blankets	
\$1.00 Each	
Made especially for Metropolitan Stores with pink of blue borders, Size 67 in. by 87 in.	
Infants' Rubber Pants, 10c. to 49c.	
Watches for	\$1.00
Guaranteed 1 year.	
Salted Peanuts until Saturday per lb.	15c.
Cameo Records 39c ea.	
ALL THE HITS	
White Cup and Saucer 2 sets	15c.
Keep your coffee hot for lunch in one of our Vacuum Bottles for	39c. each
Blue Work Shirts	69c.
Perin's fresh mixed Cakes	17c. lb.

VALUES AND SAVINGS FOR EACH CUSTOMER.

LADIES RAYON UNDERWEAR	
that wears and wears	
Princess Slips	\$1.00
Bloomers	79c.
French Pants	\$1.00
Vests	79c.
Bloomer Skirt	\$1.00
Ladies' Brassiers	25c, 39c, 79c
All sizes in extra fine quality	
Ladies' Corsets and Corselettes	\$1.00 each.
Ladies' Chamoisette Gloves	49c. per pair.
Men's Work Gloves	15c. to \$1.00 pair.

AT THE KNIT UNDERWEAR COUNTER.

Keep the Kiddies warm with good Bloomers and Underwear.	
Children's Flannelette Bloomers	15c. each.
Children's Knit Bloomers	39c. and 49c.
Children's Wool Mixed Union Suits	\$1.00 each.
Children's Vest or Drawers	59c. and 69c.
Ladies Knit Bloomers	25c.
Ladies Knit Unon Suits	\$1.00
Ladies' Rayon Stripe Vests	49c.
Ladies' Knit Bloomers with Rayon Cuff	69c.
TRY OUR PICNIC HAMS ON SALE SATURDAY.	

Provincial Sunday School Convention

The Sixty-third Annual Provincial Sunday School Convention will this year be held in two sections—the Western Section in Knox Presbyterian Church, Galt, Oct. 30 and 31, and the Eastern in Chalmers Church, Ottawa, Nov. 1 and 2. The Convention is held under the direction of the Ontario Religious Education Council, formerly known as the Ontario Sunday School Association, the organization through which the Sunday School forces of the various evangelical denominations of the Province co-operate.

These conventions are open to all interested in Sunday School work. To ministers, Superintendents and Teachers and Parents they present a rare opportunity. Leading Sunday School workers of the various denominations will participate in the program. Among the outstanding speakers will be Dr. Robert M. Hopkins of New York, who has recently been appointed General Secretary of the World's Sunday School Association.

At the afternoon sessions each day there will be departmental conferences when discussions will be conducted on the various phases of the work of Religious Education; Children's Work, Girls' Work, Boys' Work and Young People's work, also Adult, Home Department and Leadership Train-

ing. The whole programme is planned in the most effective way possible for the requirements of the Sunday Schools of the Province.

Information regarding the Conventions can be secured from any of the denominational Sunday School offices, or from the Ontario Religious Education Council, 299 Queen St., W., Toronto.

The cities entertaining these conventions are manifesting their interest by opening their homes to delegates who register in advance of the dates.

Letters to the Editor

THE NEGRO SPIRITUAL.

The negro spiritual has, in late years become part of our general, if not of our sacred literature as expressing the emotions and longings of a race, physically limited by the civilization of the day.

The spiritual had its beginning in the heart of the negro as he labored in the fields of the South.

They are called spirituals, folk songs, jubilee melodies. Either name is correct. They are called spirituals because of the religious feeling they express, called folk songs because they satisfy the definition of folk songs. Called jubilee because of the ray of hope that is expressed in each; called melodies because of the striking melody.

After the tune is caught the whole group join in increasing the strength of the melody and adding harmony.

Some of these songs are sad and some happier. These songs are deep-

ly religious and should be sung in such a way as not to cause laughter.

The spirituals show the character of the people in whose heart they had their being.

LEONA G. FAIRFAX,

London, Ontario

LONDON NOTES.

We are sorry to report at this writing that Mr. James Thompson, who is still confined to Victoria Hospital is not so well.

Mrs. M. Harris has been confined to her home for the past week ill.

Mrs. C. Brown, Horton St. is quite ill also. Mr. Brown is suffering with a bad cold.

Mr. C. E. Poindexter and Miss G. Stafford of Little Grey St. are able to be out again after bad colds.

The general health of our community has been somewhat affected in the past few weeks, many suffering from heavy colds, rheumatism, etc., but we are glad to see all out and around again.

Miss Gladys Davis of Dresden, is attending Normal School in our city While here she is making her home with her cousins Mr. and Mrs. Albert Butler, Wellington St.

Rev. and Mrs. Wright passed thro' the city on Tuesday on their way to Brantford from North Buxton.

Rev. Thos Woodcock was a visitor in the city for a few days calling on old friends.

Mr. George Bohanon, Mr. and Mrs. Gordon Steiger, and baby son, all of Detroit, were visitors in the city on Sunday, Oct. 14th, for a few hours with Mr. and Mrs. C. Poindexter,

Mr. and Mrs. Jos. Brown, and little daughter Verna, left last Tuesday evening for a visit to the Southland.

Mrs. Stella Clayborn of Marquette, Mich. is visiting her parents, Mr. and Mrs. J. Irons, Nelson St.

Mr. George Harris of Adelaide St. spent a week with his wife and family

We are sorry to report that Miss Leona Braxton is not so well at this writing.

Mr. Frank Budd has been ill for some few weeks. His illness has caused him to be away from his duties for some time.

Both Mr. and Mrs. Chris Brown of Horton Street are ill. Choir and other church organizations feel their absence most keenly.

The stork visited the home of Mr. and Mrs. Harry Coursey last Friday morning and left a fine baby boy. Both mother and baby are doing well.