

## BAD COLD? TAKE "CASCARETS" FOR BOWELS TONIGHT

They're Fine! Live Your  
Liver and Bowels and  
Clear Your Head

No Headache, Sour Stomach,  
Bad Cold or Constipation  
By Morning

Get a 10-cent box.  
Colds—whether in the head or any  
part of the body—are quickly overcome  
by urging the liver to action and keeping  
the bowels free. Take Cascarets  
tonight and you will wake up with  
a clear head and your cold will be gone.  
Cascarets work while you sleep; they  
cleanse and regulate the stomach, re-  
move the sour, undigested food and  
soul gases; take the excess bile from the  
liver and carry off the constipated  
waste matter and poison from the  
bowels.

Remember the quickest way to get  
rid of colds is one or two Cascarets at  
night to cleanse the system. Get a 10-  
cent box at any drug store. Don't for-  
get the children. They relish this  
Candy Cathartic and it is often all that  
is needed to drive a cold from their  
little systems.

The Associated Charities met yester-  
day afternoon to elect additional mem-  
bers of the board. The following were  
elected: A. M. Belding, P. P. Shaw, H.  
C. Rankine, Adjutant White, D. C.  
Clark, Rev. R. T. McKim, Mrs. J. V.  
Ellis, Mrs. James Gerow, Mrs. G. A.  
Henderson, Miss Payson and Miss Bar-  
bour. J. Hunter White presided. An  
encouraging report was read by the sec-  
retary relating the amount of work done  
recently.

## You Look As YOU FEEL

You know well enough  
when your liver is  
loafing.

Constipation is the first  
warning; then you begin  
to "feel mean all over."

Your skin soon gets the  
bad news; it grows dull,  
yellow, muddy and un-  
sightly.

Violent purgatives are not  
what you need—just the  
gentle help of this old-  
time standard remedy.

**CARTER'S  
LIVER  
PILLS**  
Genuine bears Signature  
Brennan  
Colorless faces often show  
the absence of iron in the  
blood.  
**Carter's Iron Pills**  
will help this condition.

## STOP CATARRH! OPEN NOSTRILS AND HEAD

Says Cream Applied in Nostrils  
Believes Head-Cold at Once

If your nostrils are clogged and your  
head is stuffed and you can't breathe  
freely because of a cold or catarrh, just  
get a small bottle of Ely's Cream Balm  
at any drug store. Apply a little of  
this fragrant, antiseptic cream into your  
nostrils and let it penetrate through  
every air passage of your head, soothing  
and healing the inflamed, swollen mem-  
brane and you get instant relief.

Ah! how good it feels. Your nostrils  
are open, your head is clear, no more  
hawking, snuffing, blowing; no more  
headache, dryness or struggling for  
breath. Ely's Cream Balm is just what  
sufferers from head colds and catarrh  
need. It's a delight.

## Dangerous Stomach Acids That Make Your Food Ferment and Sour— Cause Gas and Indigestion

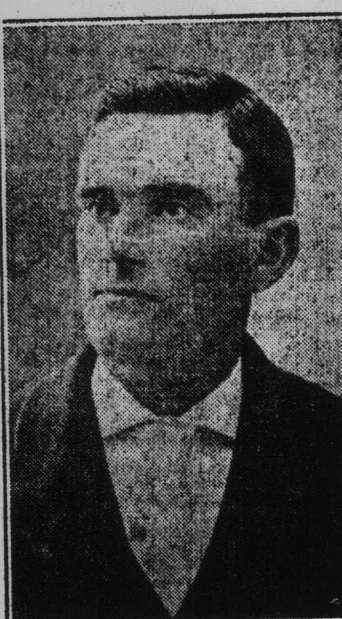
The Contents of an Acid Stomach should be Neutralized and  
Sweetened—Never Artificially Digested, Say Physicians

Medical authorities everywhere are  
now practically agreed that nearly  
nine-tenths of the cases of stomach  
trouble, dyspepsia, indigestion,  
heartburn, sour stomach, gastric  
catarrh, bloating, nausea, etc., are  
caused not by a lack of digestive  
juices or by imperfect digestive or-  
gans, but to an excessively acid con-  
dition of the stomach.

Nearly everyone who has stom-  
ach trouble, they say, carries about  
a glassful or more of this powerful  
hydrochloric acid in their stomachs  
which is constantly irritating and in-  
flaming the delicate stomach lining,  
souring their food, creating gas on  
the stomach, delaying digestion and  
causing the distressing symptoms so  
frequently mistaken for dyspepsia  
and indigestion.

Instead of forcing the sour acid  
food from the stomach to intestines  
with pepsin or other artificial di-

## GAVE LIFE IN WAR



This is a picture of Private William  
Andrew Osborne of Gagetown, killed in  
action on Nov. 29. He was a brother of  
Mrs. Joseph Keltner of Glen Falls.

## SACRED HEART CONVENT WAS DAMAGED

All Paintings and Statues Un-  
scathed—Several of the Re-  
ligious Were Injured

The strange way in which the Halifax  
explosion wrecked certain articles and  
left others untouched was strikingly il-  
lustrated in the Sacred Heart convent  
school.

In this large building, although situ-  
ated in Spring Garden road, a consid-  
erable distance from the harbor front,  
nearly all the glass was broken and on  
the sides exposed to the full force of the  
blast the damage was much more ex-  
tensive. Not only the windows but the  
sashes and the window frames were torn  
from their places and hurled into the  
rooms. Inside the building woodwork  
and plaster were destroyed and it was  
feared that the solid brick walls had  
been weakened. The building looked  
as if it had suffered a bombardment.

In the midst of all this wreck and  
ruin, it was discovered that not a single  
sacred statue had been injured or had  
received so much as a scratch. It was  
not so much that they were in specially  
protected positions for some of them  
were exposed to the full force of the  
blast. In fact one statue, in a class  
room was blown from its pedestal, and  
the pedestal was shattered to pieces,  
while the statue was found standing on  
the floor unscathed.

The main part of the chapel was  
wrecked, but the sanctuary was abso-  
lutely untouched by the disaster. In  
the corridor near the entrance to the  
chapel it was found after the explosion  
that a taper still burned before a statue  
placed there.

Another similar escape was found in  
the parlor of the mother superior where  
a large painting of the Madonna hangs  
on the wall. All around it the plaster  
was torn from the walls, the room was  
filled with broken glass which had done  
much damage, but the picture had not  
been touched.

Considering the amount of damage the  
building sustained, those in it escaped  
better than might have been ex-  
pected. Many of the students were  
slightly cut and scratched by flying  
glass, but only two or three were badly  
cut and they not really seriously.

Four of the Nuns and two of the Sis-  
ters were injured. Sister Brennan was  
found pinned to the floor with a heavy  
door on top of her. It was feared that  
both her legs were broken, but when  
the "Times" informant left on Friday  
it had been impossible to secure a doctor  
to attend her injuries.

Mother Brennan met with an acci-  
dent which was regarded as serious as  
well as painful. She was carrying a bot-  
tle of ink on her hand when the explo-  
sion occurred; the bottle was smashed  
and its contents dashed in her face,  
which was at the same time badly cut  
by a window crashing in on her. Blood  
poisoning was feared.

Mother Jensen suffered injuries to her  
arm and Mother Doyle had her face  
badly cut and it was feared that she  
might lose her eyesight.

Miss Minnie Lawlor, daughter of Mr.  
and Mrs. J. V. Lawlor, who was the  
only St. John girl in the institution,  
escaped with a few slight cuts about her  
face and is now safe at home.

## LABOR MEN AND THE ELECTIONS

Samuel Gompers' Appeal in To-  
ronto—Shall We Desert the  
Men at the Front?

(Canadian Finance.)  
Our next step is clear. That veteran  
friend of the common people, Samuel  
Gompers, said in Toronto the other day:  
"The first duty of every Canadian is to  
do everything in his power to unite peo-  
ple in winning the war. I have known  
of your political differences for some  
time past. You have made mistakes  
just as we have in the United States,  
but now you are at war, and now you  
people of Canada—regardless of politics,

## Cured His RUPTURE

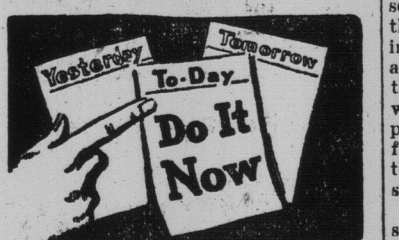
I was badly ruptured while lifting a trunk  
several years ago. Doctors said my only hope of  
cure was an operation. Trusses did me no good.  
Finally I got hold of something that quickly and  
completely cured me. Years have passed and the  
rupture has never returned, although I am doing  
hard work as a carpenter. There was no opera-  
tion, no lost time, no trouble. I have nothing to  
sell, but will give full information about how you  
may find a complete cure without operation, if  
you write to me, Eugene M. Pullen, Carpenter,  
64 D. Marcelline Avenue, Massachussetts, N. J. Better  
cut out this notice and show it to any other who  
are ruptured—you may save a life or at least stop  
the misery of rupture and the worry and danger  
of an operation.

religion or anything else—must stand  
united to bring glory for Canada in the  
war for the freedom of the nations."  
Heart-stirring words these—and very  
different from those that the host of  
trades unionists in his Toronto audi-  
ence have been hearing from some of  
their Canadian leaders. Like their  
brothers of Britain and France, the labor

## Now Stop Piles

Send Today for Free Trial of Pyramid  
Pile Treatment and Find Real  
Happiness.

If you suffer so bad you can't wait for  
the free trial get a 50-cent box of Pyra-  
mid Pile Treatment at the nearest drug  
store.



store. Take no substitute. The quick relief  
has been a wonderful blessing to a host  
of people who got rid of itching, bleeding  
and protruding piles, hemorrhoids and  
anal rectal troubles. Don't delay.

**FREE SAMPLE COUPON**  
PYRAMID DRUG COMPANY,  
561 Pyramid Bldg., Marshall, Mich.  
Kindly send me a Free sample of  
Pyramid Pile Treatment, in plain wrapper.

Name.....  
Street.....  
City.....

men of the United States have rallied  
almost en masse to the real call of dem-  
ocracy. And there is reason to hope  
that, faced with the irrevocable choice  
on election day, the rank-and-file of labor  
in Canada will not be found wanting.

There is but one issue confronting  
Canada in this election. "Are we at  
home to desert those at the front?" asks  
the union government in an appeal which  
comes as directly to us all.

Up to the present there may be those  
who, loyal at heart, have delayed de-  
cision. But now that the last moment  
for action is at hand, can any such hold  
back? "What if we do desert, and right-  
ly," to quote again from this frank ap-  
peal, "the profiteering connected with  
some war orders; what if we do feel  
that the late government was tardy in  
instituting adequate taxation of wealth,  
and that the platform and personnel of  
the union government are not all that  
we could desire; what if we cannot ap-  
prove of certain features of the war  
franchise measure; what if we do think  
the food controller was altogether too  
slow in 'getting up steam'?"

We are face to face with this one is-  
sue: Shall we desert the men at the  
front? In deserting them, we are so-  
lemnly reminded, we desert also the  
cause of democracy throughout the  
world. To say that the sending or with-  
holding of 100,000 more men from Can-  
ada (however much it affects our honor)  
would not affect the military issue, is  
an untenable assumption. A less num-  
ber than that broke the apparently re-  
sistless onrush of German hordes to-  
ward Paris. Canada's proposed con-  
tribution may be the last straw that  
will break the camel-back of German  
militarism for all time.

## LESS MEAT IF BACK AND KIDNEYS HURT

Eating meat regularly eventually pro-  
duces kidney trouble in some form or  
other, says a well-known authority, be-  
cause the uric in meat excites the kid-  
neys; they become overworked; get  
sluggish; clog up and cause all sorts of  
distress, particularly backache and mis-  
ery in the kidney region; rheumatic  
twinges, severe headaches, acid stom-  
ach, constipation, torpid liver, sleepless-  
ness, bladder and urinary irritation.

The moment your back hurts or kid-  
neys aren't acting right, or if bladder  
bothers you, get about four ounces of  
Jad Salts from any good pharmacy;  
take a tablespoonful in a glass of water

before breakfast for a few days and  
your kidneys will then act fine. This  
famous salts is made from the acid of  
grapes and lemon juice, combined with  
lithia, and has been used for generations  
to flush clogged kidneys and stimulate  
them to normal activity; also to neu-  
tralize the acids in the urine so it no  
longer irritates, thus ending bladder dis-  
orders.

Jad Salts cannot injure anyone; makes  
a delightful effervescent lithia-water  
drink which millions of men and women  
take now and then to keep the kidneys  
and urinary organs clean, thus avoiding  
serious kidney disease.

"Oh! Dad, I long for the day to come  
when I will make all the money and my  
old dad will sit back and take it easy.  
Dad, that is my one ambition. Oh, if  
I am only spared to return to you, then  
you can say that you have a son who  
gave up all, left a good home and can-  
ada." This is the spirit of one St. John  
boy serving in a local Siege battery as  
expressed in a Christmas letter to his  
father. Surely a spirit such as this in  
a lad overseas will prompt the doctors  
on Monday next to support these boys  
by voting for Union government.

**Take Something Else.**  
Halloween pranksters stole the milk  
bottle from Paul Willey's back porch  
last week, and the Neodesha editor  
hopes next year they will take the pump  
or the garage or something less impor-  
tant to a young and sturdy baby.—Kan-  
sas City Star.

A theatrical manager rises to remark  
that "newspapers have the propensity  
to belittle things in the theatrical pro-  
fession." Usually by giving them about  
they deserve.—Philadelphia

# WHO SHALL SPEND the proceeds of THE VICTORY LOAN?

ON December 17th the above question will be decided by the voters  
of Canada. The electors will say who is to spend the hundreds  
of millions raised with a definite purpose in view. Is it to be used  
in support and maintenance of Canadian men at the front, and to  
bring war orders to Canada? Or is it to be handed over to Laurier  
and Bourassa and their adherents, who propose deferring Canada's  
further participation in the war?

## You Invested Your Money to Hasten Victory and Continue Prosperity

The first and most vital issue in the coming election is whether  
Canada should make good her pledge to send reinforcements to France  
and Flanders as speedily as possible. Representative men of both  
political parties, who are in favor of making good this pledge, appeal  
to the country to support Union Government. The economic and  
financial future of Canada are in the hands of these men. They are  
pledged to spend the money you invested in Victory Bonds in the way  
you approved by buying the Bonds. If you still wish to hasten Victory,  
reinforce our diminishing fighting line, and lay a firmer foundation for  
Canada's continued prosperity.

# Your Course is Clear Support Union Government

## WOMEN MAY VOTE

Every woman may vote who is a British  
subject, 21 years of age, resident in Canada  
one year, and in the constituency 30 days,  
who is the mother, wife, widow, daughter,  
sister or half-sister of any person, male or  
female, living or dead, who is serving or has

served without Canada in any of the Military  
forces, or within or without Canada in any of  
the Naval forces of Canada or of Great  
Britain in the present war, or who has been  
honorably discharged from such services, and  
the date of whose enlistment was prior to  
September 20th, 1917.

Unionist Party Publicity Committee